About Council on Aging

With more than 40 years of experience, we are experts at helping individuals, families and caregivers manage complex medical and long-term care needs.

Programs and services administered by Council on Aging (COA) preserve dignity and choice for seniors, people with disabilities, families and caregivers.

As the Area Agency on Aging for Butler, Clermont, Clinton, Hamilton and Warren counties, our mission is to enhance people’s lives by assisting them to remain independent at home through a range of quality services.

Our programs and services include:
• in-home care and assisted living
• transitions from hospitals and nursing homes
• call center for information and guidance
• advice and resources for caregivers

*Program eligibility guidelines are based on help needed with:

Activities of Daily Living (ADLs): bathing; grooming; walking; getting in or out of bed, chair or tub; eating; going to the bathroom

Instrumental Activities of Daily Living (IADLs): Complex independent living skills, including shopping; meal preparation; cleaning, heavy chores, and laundry; telephone and other communication devices; transportation; managing legal and financial matters; medication management

Connecting is easy:
(513) 721-1025
(800) 252-0155
www.help4seniors.org
### Program Name

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Who it’s for/What it does</th>
<th>Basic Services and Benefits</th>
<th>Eligibility Requirements</th>
</tr>
</thead>
</table>
| Aging and Disability Resource Connections (ADRC) - Call Center (513) 721-1025 (800) 252-0155 | Unbiased answers, advice, information and service referral for: older adults, people with disabilities, caregivers, family members and professionals.                                                                                 | Call Center staff are certified by the Alliance of Information and Referral Systems. Call us about:  
- senior housing and nursing homes  
- financial assistance, Medicare and other benefits  
- resources for people with disabilities or mental health needs  
- caregiver assistance  
- long-term care options and planning  
- education and recreational activities | A free service for anyone with questions about aging and disability-related issues. Help is available by phone weekdays, 7am - 6pm. Our website, including online Resource Directory, is always open: www.help4seniors.org |
| Elderly Services Program (ESP)   | Helps older adults remain safe and independent in their homes. Expands care already provided by family and friends. Prevents unnecessary nursing home placement. Funded by county tax levies.                                           | Depending on client’s needs, services may include:  
- care management  
- medical equipment  
- home modification  
- meals/nutrition  
- transportation  
- emergency response system  
- home care (ex. housekeeping, help with bathing) | • Butler and Clinton county residents: Age 65+  
• Hamilton and Warren county residents: Age 60+  
• Moderate to severe level of disability, generally 2 or more ADLs and/or IADLs* (see inside flap)  
• Ineligible for services through another payer such as Medicaid, Medicare, insurance or hospice (see reverse) |
| MyCare Ohio                      | Coordinated care for Ohioans who are eligible for Medicaid and Medicare, including people with disabilities, older adults and individuals who receive behavioral health services.                                             | Participants select an approved managed-care health plan to coordinate all of their medical, behavioral and long-term care needs. MyCare Ohio offers:  
- single point of contact for all care needs  
- care management, including in-home visits  
- all standard benefits available through traditional Medicare and Medicaid programs  
- option to opt-out of Medicare portion | MyCare Ohio (Medicaid portion) is mandatory if you:  
• are 18 or older;  
• live in Butler, Clermont, Clinton, Hamilton or Warren counties; and  
• are eligible for BOTH Medicaid and Medicare |
| PASSPORT                         | Ohio Medicaid program that helps older adults with disabilities receive care and support in their homes, instead of a nursing home.                                                                                        | Similar to ESP but more intensive and may include:  
- out-of-home respite  
- ability to hire your own workers (restrictions apply)  
- nursing  
- help with out-of-pocket prescription and medical costs | • Age 60 and older  
• Low-income (Medicaid eligible)  
• Require nursing home level of care, help with at least 2 ADLs and 3 IADLs* (see inside flap) |
| Ohio Home Care Waiver            | Ohio Medicaid program that provides in-home care for children and adults who have significant disabilities and/or mental health needs.                                                                                   | A care manager works with the participant’s care team to create an All Services Plan. Services may include:  
- adult day services/out-of-home respite  
- daily living (help with bathing, dressing, grooming)  
- emergency response systems  
- home-delivered meals and nutrition counseling  
- home modification (for accessibility purposes)  
- nursing and skilled therapies (occupational, physical, speech and hearing)  
- adaptive/assistive devices (appliances, equipment, supplies, vehicle modification)  
- transportation | • Age 59 and under (under age 60). Participants move to PASSPORT when they turn 60.  
• Low-income (Medicaid eligible)  
• Require nursing home level of care |

---

*ADLs: Activities of Daily Living; IADLs: Instrumental Activities of Daily Living*
<table>
<thead>
<tr>
<th>Program Name</th>
<th>Who it's for/What it does</th>
<th>Basic Services and Benefits</th>
<th>Eligibility Requirements</th>
</tr>
</thead>
</table>
| Assisted Living Waiver   | Provides care for low-income adults in approved assisted living facilities. An alternative for people who need more care than PASSPORT or Ohio Home Care, but not a nursing home.                                               | • private rooms w/bath  
• 24/7 on-site response  
• care management  
• meals  
• homemaking  
• personal care  
• social activities  
• other Medicaid benefits                                                                                                                                 | • Age 21 or older  
• Medicaid eligible (low-income) and able to pay room and board  
• Require nursing home level of care, help with at least 2 ADLs and 3 IADLs* (see inside flap)                                                                 |
| Community Transitions     | Restores independence by helping older adults and people with disabilities move from long-term care facilities to home and community settings.                                                                                  | Create successful transitions from nursing homes to more independent living settings such as apartments, group homes or assisted living facilities. In-home and community-based care provided via programs such as HOME Choice, PASSPORT, the Assisted Living Waiver, Ohio Home Care Waiver or the Elderly Services Program. | Available to anyone who can move from an institutional setting back into the community via HOME Choice, PASSPORT, the Assisted Living Waiver, Ohio Home Care Waiver or the Elderly Services Program (program eligibility requirements apply. See individual program criteria elsewhere on this guide). |
| Care Transitions          | An evidence-based health coaching and intervention program for older adults who have been hospitalized for serious and usually chronic conditions, such as heart failure. It is designed to help patients adhere to their medical instructions - and avoid preventable readmissions - after they have been discharged from the hospital. | Care Transition Specialists use education, monitoring and referrals to help patients avoid hospital readmissions and nursing home placement.  
• In-person and phone follow up after discharge  
• Personal Health Record to manage health information and improve communication with doctors and specialists  
• Coach patients to manage chronic conditions  
• Coordinate acute medical and long-term care  
• Aging network resource for hospital staff                                                                 | COA Care Transitions Specialists work with Medicare patients at participating hospitals who are at high risk for readmission to the hospital after discharge.  
Participating hospitals: The Christ Hospital; Clinton Memorial Hospital; Mercy Health: The Jewish Hospital, Anderson Hospital, Clermont Hospital, Fairfield Hospital, West Hospital; University of Cincinnati Medical Center; and UC Health - West Chester Hospital  
COA has a contract with the Centers for Medicare and Medicaid Services to offer this program at the hospitals listed above. The contract runs through Jan. 2017. Program availability may vary after that time. |
| Hospice                   | Comprehensive medical, psychological and spiritual care for the terminally ill and support for patients’ families. The focus is on care, not cure. Hospice is a benefit available through Medicare and Medicaid.                       | Trained professionals provide support for families, honor patients’ wishes and keep patients comfortable and free from pain. Hospice care may be provided in the patient’s home, in a hospice facility, hospital or nursing home.  
COA clients may receive hospice services, as long as there is no duplication of services or payments.                                                                 | Generally, hospice is available to anyone with a terminal illness and a life expectancy of six months or less. The patient must choose hospice care, and the patient’s eligibility must be certified by a physician.  
Visit our website for a list of local providers. Click on Resource Directory and search: Hospice.                                                                 |