Helping older adults maintain independence in their homes.

The Elderly Services Program (ESP) helps older adults remain independent in their homes. It supplements care that may be provided by family and friends. ESP can delay or prevent nursing home placement.

ESP provides services such as Meals on Wheels, personal care, homemaking, and transportation to eligible older adults. See back for more information.

You also get a care manager who will answer your questions, make sure you have the right services, and coordinate care you may be receiving from family and friends.

To qualify for ESP, individuals must:
• be a resident of Butler, Clinton, Hamilton or Warren counties (Clermont County has a separate program, call 513-724-1255 for information)
• be age 60 or older (Hamilton and Warren counties)
• be age 65 or older (Butler and Clinton counties)
• be in need of help with everyday activities such as bathing, driving, and preparing meals
• be able to be cared for safely in a home - not institutional - setting
• not be eligible for services through another program or payer such as Medicaid (PASSPORT, Assisted Living Waiver), Medicare, MyCare Ohio, insurance, or hospice
• agree to home visits from a care manager
• agree to help pay for services, depending on your circumstances

Council on Aging of Southwestern Ohio
Independence. Resources. Quality of Life.

513-721-1025 or 800-252-0155
www.help4seniors.org
Referred to the Elderly Services Program by a hospital social worker after a stroke, Dee receives homemaking help and transportation. It may not seem like a lot, but it’s enough to keep Dee in the apartment where she has lived for years. The help is a comfort to Dee’s two daughters, who live in other cities.

“I can’t say enough good things about Council on Aging and the Elderly Services Program,” said Dee’s daughter, Vicky. “I don’t know what we would have done without your organization.”

**Eligibility is not based on income.** However, depending on your income and assets, you may be required to help pay for the cost of your care through a co-payment. You will be asked to show documents verifying your income, assets, household and medical expenses.

**Services provided by ESP**: Services are available to eligible older adults who need help with certain activities of daily living, including bathing, cleaning, cooking, and transportation. **Eligibility for each service is determined by an ESP care manager.**

- Personal care (bathing and grooming)
- Home-delivered meals and nutrition counseling
- Homemaker service
- Minor home modification for safety
- Adult day services
- Transportation
- Respite for caregivers
- Companion service
- Home medical equipment and supplies
- Electronic monitoring system
- Independent living assistance
- Consumer-directed care
- Pest control, major housecleaning
- Care management

1Individuals must qualify for services. Services vary by county. Additional services may be available.

2Eligibility for home-delivered meals begins at age 60. There is no co-payment for meals.

3Client can hire a friend or family member to provide and receive payment for home care services. Eligibility determined by ESP care manager.

**Signing up for ESP:** After answering some questions on the telephone, you will be assigned an ESP care manager who will schedule an in-home visit to determine your eligibility for the program and specific services.

Before the care manager’s visit, you will receive a letter that lists the papers and information you will need to provide at the meeting.

If you qualify for ESP, your care manager will work with you and your family to arrange for services that best meet your individual needs.

**Call to get started:**

**Butler County:**
(513) 868-9281
(800) 215-5305 (Middletown)

**Clinton/Hamilton County:**
(513) 721-1025
(800) 252-0155

**Warren County:**
(513) 695-2271