



Shelter-in-Place/Emergency Preparedness

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Three Main Areas of Preparedness

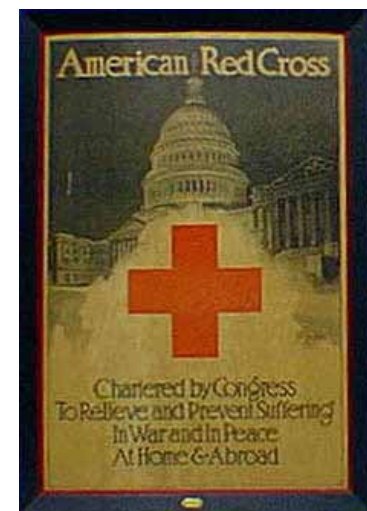
- Federal Government
- State Government
- Local Government

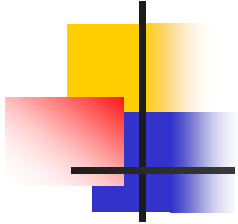




The Feds

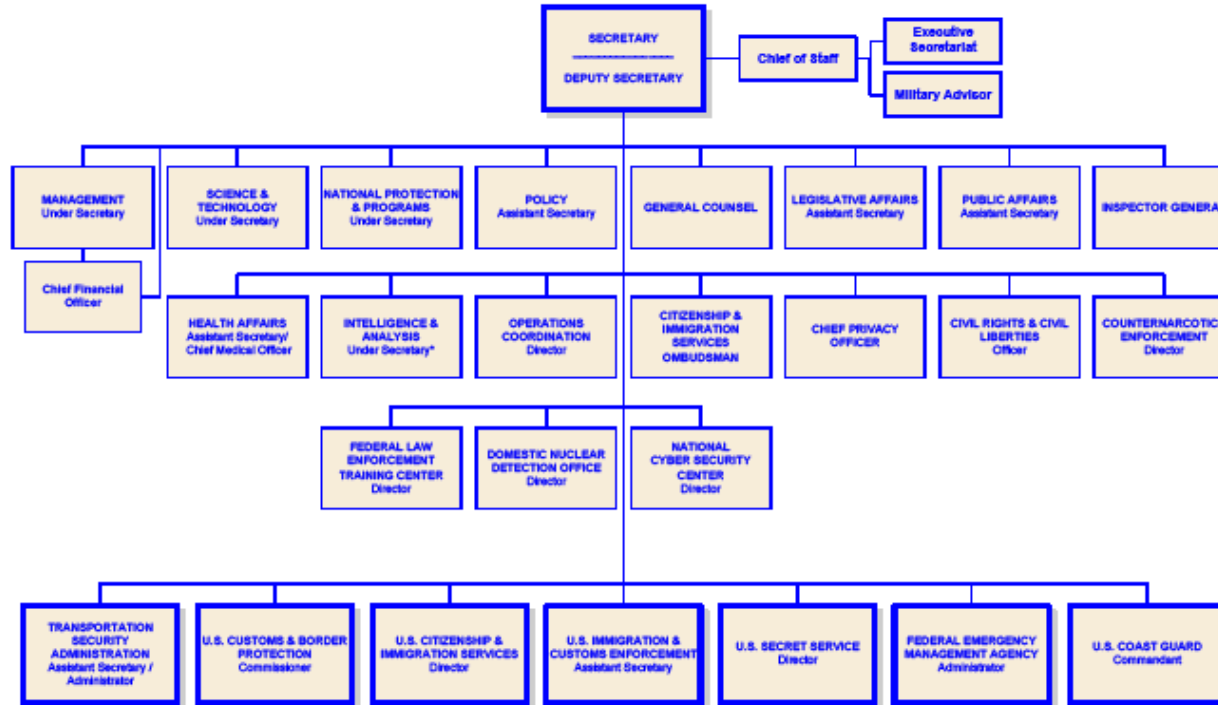
- Homeland Security
 - National Mission
- FEMA (Federal Emergency Management Agency)
 - preparedness, protection, response, recovery, and mitigation
- Red Cross
 - National and International Disaster Relief





Organizational Chart for Feds

U.S. DEPARTMENT OF HOMELAND SECURITY



* Under Secretary for Intelligence & Analysis title created by Public Law 110-53, Aug. 3rd, 2007

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The State of Ohio

- Ohio EMA
 - Mitigate
 - Prepare for
 - Respond to
 - Recover from disasters.
- Ohio Dept. Of Health
 - Education
 - Administration for locals
 - Strategic National Stockpile (SNS)





Local Government

- Health Departments
- Fire Department
- Police
- Other groups



You

- Three important steps
 - Get a kit
 - Make a plan
 - Be informed





The Kit

- Think simple survival
 - Fresh Air
 - Warmth
 - Clean Water
 - Food
 - First Aid





Fresh Air

- Masks
 - N-95 mask
 - Simple surgical mask
 - Wet cloth
- Shelter in place
 - Keeping the bad air outside and good air inside.



Warmth



- Shelter

- Evacuation
- Tent (portable)
- In Place Shelter

- Blankets

- Emergency blankets
 - Won't get wet
 - Light weight easy to pack
- Wool
 - Dries easier than cotton, stays warmer
 - Bulky
- Fleece
 - Dries quickly
 - Bulky





Clean Water

- Stored water
 - 6 month shelf life
 - One gallon per day
 - Space (store away from gasoline)





Clean Water

- Chemically treated water
 - Iodine/Chlorine pills
 - Limited capacity, better for clear water
 - Cheap
 - PUR product





Clean Water

- Filters
 - Pumps, bottles
 - Large capacity, works for semi-cloudy water
 - expensive





Food

- At least TWO weeks of food
 - Don't forget a can opener!
 - Non-perishable is best
 - Vitamins and protein supplements





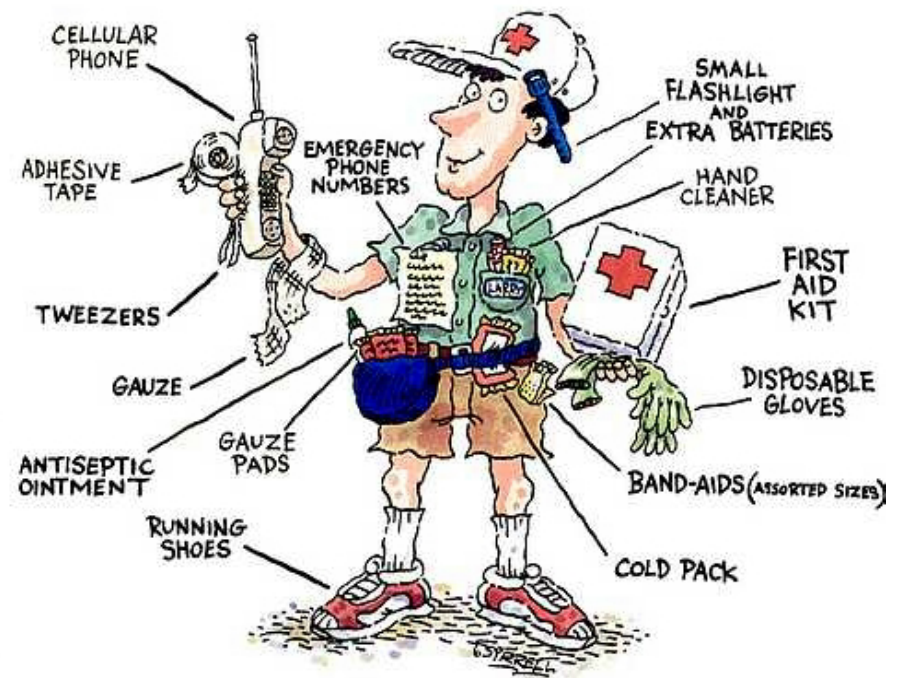
First Aid

- **Band Aids, Gauze, Antiseptic, Whistle**
- **Prescription medications**
- **Prescribed medical supplies**



The Plan

- Family Communication
- Shelter-in-Place
- Get away
- School and Work





Family Communication

- Types of communication
 - Cell phone
 - E-mail
 - VoIP
 - Radio
 - Written plan





Family Communication

- Phone-Landline
- Text messaging



Winds on back.

LED Light





Written Plan

- Include the communication types
- Out of town contacts
- Shelter-in-place
- Evacuation
- Subscribe to alert networks
 - Reverse 911
 - Code Red



Create a Support Network

- anticipate needing assistance during a disaster
- share your emergency plan with support network.
- where will you go in case of a disaster.
- extra key to your home
- Teach your support network
 - lifesaving equipment, administer medicine in case of an emergency.
- Practice your plan
- <http://ready.adcouncil.org/beprepared/fep/index.jsp>

Medications and Medical Supplies



- Medicine and Medical Treatment
 - make it on your own for at least a week, maybe longer.
- List of prescription medicines including dosage, treatment and allergy information.
- Talk to your pharmacist or doctor
- Talk to your service provider about their emergency plans.
- Eyeglasses, hearing aids and hearing aid batteries, wheelchair batteries, and oxygen.



Last but not least PETS

- Don't forget your pets
- What's best for you is best for them
 - Staying put or leaving
 - Shelter restrictions



Shelter in Place

- Different types (Scary Ones)
 - Hazardous Chemical Spill
 - Nuclear Reactor
 - Biological Terrorist Attack



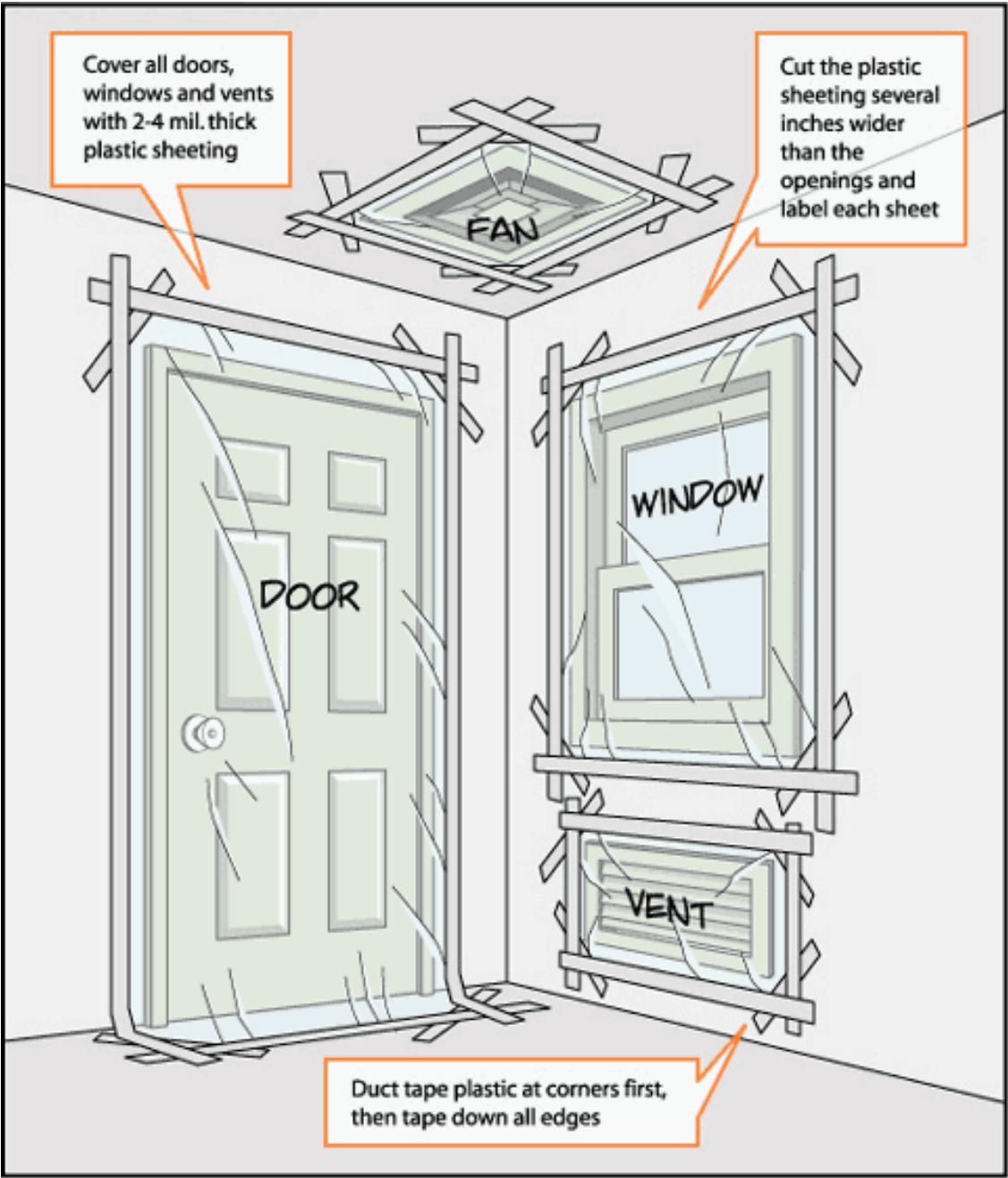
Shelter in Place

- Different types (most likely)
 - Thunderstorm/Wind storm
 - Power Outage
 - Heat Wave
 - Smog alert
 - Brown outs
 - Winter Storm
 - Severe Cold
 - Tornado



Cover all doors, windows and vents with 2-4 mil. thick plastic sheeting

Cut the plastic sheeting several inches wider than the openings and label each sheet



Duct tape plastic at corners first, then tape down all edges



Be Informed

- What are the threats

- Natural
- Man-made
- Terrorism



- Know what is already in place

- Reverse 911 or Code Red
- Sirens



Get Involved

- Citizen Corps (Federal)
- Serve Ohio (State)
- Tri-state Medical Reserve Corps (local)
- Community Emergency Response Team (local)
- Red Cross



Links

- www.ready.gov
- www.serveohio.org
- <http://www.ready.gov/america/makeaplanning/stayingput.html>
 - Shelter-in-place information
- <http://www.vnareadyseniors.org/>
- <http://www.cincinnatiaredcross.org/>



Questions?

