# STEPS FOR REPORTING COVID-19 AND CONTACT TRACING

#### **#STOP THE SPREAD**

### If you are exhibiting COVID-19 symptoms

## Step 1

Call your healthcare provider and they may test you for COVID-19. While you wait for test results, please stay home and isolate yourself from others.

## If you test positive for COVID-19

## Step 2

Your healthcare provider will notify you. They will alert the local health department, who will then notify the Ohio Department of Health so that the case is added to the state's data. During this time, you continue to stay home and isolate yourself.

### **Next step - trace and monitor contacts**

## Step 3

A public health worker who is performing contact tracing will reach out to you to talk (voluntarily) and create a list of who you have been in contact with. This traces individuals who you may have exposed to the virus.

#### **Contact tracing**

# Step 4

While you are still home and isolating, the public health worker who is conducting the contact tracing will contact the individuals on the list. Those who have been exposed will self-quarantine and monitor their symptoms for cough, fever, and shortness of breath. If they show no symptoms after 14 days, there is no need to continue to quarantine and be isolated. If these individuals begin to show symptoms, they should contact their healthcare provider who may tell them to get a test.

