



Council on Aging

2402

Fast Track Home Elderly Services Program

FACT SHEET



Fast Track Home provides older adults with quick access to in-home care services after they have been discharged from a participating hospital or nursing home. These free, temporary in-home services can support you in your recovery and help prevent an unnecessary return visit to the hospital or nursing home.

Fast Track Home provides traditional ESP services such as homemaking, home-delivered meals, medical transportation and care management to eligible older adults.

How it works:

You will receive an eligibility assessment while you are in the hospital or nursing home. The assessment will determine the type of care you need, how often you need it, and for how long (up to a maximum of 60 days). If you are eligible, a care coordinator will work with you and your family to set up your services. Your services will begin 24 to 72 hours after you leave the hospital or nursing home. **See back for eligibility information and program guidelines.**

Fast Track Home provides:

- services and support for a successful transition from the hospital or nursing home to your home or a caregiver's home
- quick access to in-home care when it is needed most – during your recovery
- support for caregivers

Fast Track Home speeds up the traditional enrollment process for the Elderly Services Program (ESP), getting you the care you need, when you need it most.

Fast Track Home speeds up enrollment for quick access to services	
Fast Track Home	Traditional ESP
Eligibility determined while in the hospital or nursing facility	Eligibility not determined until patient is home
Services in place 24-72 <u>hours</u> after discharge	Services in place 1-2 <u>weeks</u> after in-home assessment
No financial verification required for enrollment	Financial verification to determine if client will have a co-payment
Services are in place for a maximum of 60 days	Service needs and eligibility reassessed as needed

Council on Aging of Southwestern Ohio
Independence. Resources. Quality of Life.
513-721-1025 or 800-252-0155
www.help4seniors.org

Fast Track Home

FACT SHEET (Cont.)

"I really appreciate all the help. It's been awesome. I'm by myself. I do have some pain – my back and everything – and my balance isn't good, but you can't just quit. Some people just give up, but I'm not about to do that."

Larry, Fast Track Home patient



When you are in the hospital or nursing home, we know your priority is getting home. But, it is also important to make sure you have the care and support you need to help you on your recovery.

Fast Track Home can help. Our care coordinators will work with your health care team to get in-home services (*home-delivered meals and homemaking, for example*) started as quickly as possible when you return home.

More information:

- (513) 721-1025
- (800) 252-0155
- help4seniors.org

What you can expect from **Fast Track Home**:

- Your services will begin 24 to 72 hours after discharge.
- Services will be delivered for a maximum of 60 days after discharge from the hospital or nursing home (length of time varies depending on individual's needs).
- Prior to the 60th day, your care coordinator will complete an in-home assessment to determine if you are eligible for ongoing support through the Elderly Services Program. This assessment will include income verification to determine if you will have a co-payment for future services.
- If you are not eligible for ongoing services through ESP, or if you choose to discontinue your services, your **Fast Track Home** services will end after a maximum of 60 days. Your care coordinator may then refer you to other community programs and services, if needed.

To qualify for **Fast Track Home** you must:

- be a resident of Clinton County and age 65 or older, *or*
- be a resident of Hamilton County and age 60 or older, *and*
- be a patient discharging from a participating hospital or nursing home
- be in need of help with everyday activities such as bathing, driving and preparing meals
- be able to be cared for safely in a home – not institutional – setting
- agree to home visits from a care coordinator

The Elderly Services Program is made possible thanks to the generous support of county taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and client co-payments. Council on Aging (COA) manages the program under contract with county Commissioners. COA also provides assessment, intake and care management. Organizations contract with COA to provide in-home services such as housekeeping help, personal care, electronic monitoring systems and transportation.

Preserving Independence, Enhancing Quality of Life

Council on Aging is designated by the state of Ohio to serve older adults and people with disabilities within a multi-county region. We are experts at helping people with complex medical and long-term care needs, offering a variety of services via publicly-funded programs. **Our mission:** *Enhance people's lives by assisting them to remain independent at home through a range of quality services.*



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