Warren County
Elderly Services Program

Helping Warren County Older Adults
Maintain Their Independence and Dignity

Annual Report 2005
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On behalf of Warren County Elderly Services Program Advisory Council, it is my pleasure to present the Annual Report for 2005.

As you will see, we served 1,712 people. They are people who clearly need and benefit from our program.

Four years ago, Warren County ESP was just a dream. Fortunately, our county commissioners and voters recognized that, despite our reputation as a place for young families, we have a growing population of older adults. A .96-mill levy was approved in 2002 to start our program, but already we see it cannot keep pace with the need. We are grateful to the citizens who have supported our mission and shown that they want the elders among us to remain in their own homes and communities for as long as possible.

Our typical client is a woman in her 80s who lives alone on a very modest income. Because of age and health problems, she cannot get to the store on her own or clean her house. She may need grab bars installed in her bathtub and an emergency monitoring device to help keep her safe. But she’s not ready to go to a nursing home, and with a little help, she doesn’t have to.

Home delivered meals, housekeeping help, home safety upgrades and other services can allow her to stay in the familiar surroundings of home. Without the Elderly Services ProgramSM, however, she could be forced into institutional care simply to access Medicaid to pay for her care. The monthly cost to the taxpayers would then increase ten-fold.

As I write this in June 2006, I’m thinking of several challenges ahead. We must seek to renew or increase our county tax levy which expires at the end of 2007. Already, we have more than 200 older adults on a waiting list for services.

We also must assure that people who need the Elderly Services Program are aware of it before it’s too late to help them. We often hear of family members who have struggled to provide care and then regretfully placed an elderly parent or grandparent in a nursing home because they were not aware of other options.

We pledge to continue to provide high-quality care, to be good stewards of the public’s money, to strive for improvement, and to advocate for the older adults of Warren County.

Bernard Eichholz
Warren County Elderly Services Program Advisory Council
In-home services help a daughter grant her mother’s wishes

Since the death of her husband last April, grief and loneliness have added to the struggles Tulja Mahendra faces in caring for her elderly mother.

“"My friend left me and now I am alone,"" said Mrs. Mahendra, 67, of Mason. “Sometimes it is very hard, very hard.”

Mrs. Mahendra’s mother, Shanta Bai, 82, came to live with her daughter and son-in-law from India several years ago. She receives PASSPORT and Mrs. Mahendra is enrolled in Warren County’s Elderly Services Program. PASSPORT provides personal care and other services for Mrs. Bai, who is on oxygen because of pulmonary fibrosis. Mrs. Mahendra, who also has health problems, receives weekly help with cleaning and laundry from the ESP.

“It would be very bad for my mother in a nursing home,” Mrs. Mahendra said. “She doesn’t understand English and she doesn’t eat American food. She has begged not to go to a nursing home. I am not a strong lady myself, so it is good to have help.”

Warren County ESP Total Clients Served: 1,712

Changing Profile of the ESP\textsuperscript{SM} Client

The client profile gives us a picture of an aging population living longer, with increased disabilities and a greater need for services. As health care costs escalate, the Elderly Services Program must prepare to meet the growing needs of older adults.

- Average out-of-pocket medical costs per Warren County ESP client for 2005 were $299/month. The average monthly income per client was $1,535.
- Half of clients were 80 years of age or older. The average age of the ESP client in 2005 was 78.
- Seventy-three percent of clients had a severe disability, a three percent increase over last year.
- Sixty-nine percent of clients are at or below 200 percent of the federal poverty level.
- Fifty-four percent of clients live alone.
- Twenty-three percent of clients contribute to the cost of their care.
- Forty-nine percent of clients receive personal care and/or homemaking, while 66 percent receive home delivered meals and 41 percent receive electronic monitoring.
The Warren County Elderly Services Program helps older adults remain independent within the familiar surroundings of their own homes for as long as possible.

Nursing homes are often necessary, but most people do not want to go there before their time. With the help of services such as home delivered meals and housekeeping, many older adults can delay or prevent nursing home placement.

Of all the options for long-term care, services in the home are also the least expensive. It costs about $344 a month per client in Warren County’s Elderly Services Program, compared with $4,800 a month for nursing home care.

Warren County’s Elderly Services Program is supported by a local tax levy, funds from Title III of the Older Americans Act, and co-payments from clients who are able to contribute to the cost of their care. Donations are also accepted for the home delivered meals program.

The program is administered by Council on Aging of Southwestern Ohio (COA®) in cooperation with the Warren County Commissioners and Warren County Community Services, Inc.

Other agencies provide a variety of services, such as home repair and electronic monitoring devices, that help the older residents of Warren County remain as independent as possible for as long as possible.

Warren County Elderly Services Program Advisory Council

Chair, Bernard Eichholz
Vice Chair, Nick Nelson
Secretary, Ann Shann

Mark Clark
David R. Gully
Freda Kilburn
Ann Munafo

Warren County Commissioners

C. Michael Kilburn
Pat Arnold South
David G. Young
Administrator, David R. Gully
In home services keep family together

Billie Jean Becknell’s life changed on May 3, 2003. That day, she was riding in a car with her brother. It was raining hard and he went into a skid. The car rose from the pavement and flipped four times, landing back on its wheels.

Both of them were pinned and had to be cut out. Billie Jean’s head had slammed into the windshield frame and her hands were broken. Her injuries required two surgeries and 400 stitches.

“I don’t know how I’m still alive, to be honest with you,” said Billie Jean, 74.

Before the accident, there was some question about where Billie Jean would live, since she was unable to keep her house following the death of her husband two years earlier. The accident settled the question. Once she left the hospital and rehabilitation facility, Billie Jean moved into the Mason home of her daughter, Lisa Becknell and son-in-law, Steve Holt.

Lisa and Steve struggled at first to get the medical equipment and help they needed to keep Billie Jean in their home. Both work full-time – Lisa at Bunnell Hill Construction, a division of Henkle-Schueler, and Steve at Home Depot.

“Our jobs have been very flexible, but we couldn’t give her the 24-hour care she needed,” Steve said.

Finally they heard about Council on Aging of Southwestern Ohio and the Warren County Elderly Services Program. Through the program, Billie Jean receives home delivered meals, an emergency response device, personal care and help with laundry.

“I know where I’d be if I didn’t have this,” Billie Jean said. “I’d be in a nursing home. The meals are real good. I’ve got to eat right because I have kidney problems.”

The emergency response device helped one night when Billie Jean rolled back in a recliner and couldn’t get out.

“She couldn’t yell loud enough to wake us up,” Lisa said. “So she used the lifeline and they called us. You feel kind of silly when they ask you, ‘Can you go get your mother out of the chair?’ and she’s in the next room. But I was so glad they were there.”

Since the accident, Billie Jean has had several small strokes which have caused one hand to cripple and left her somewhat unsteady on her feet. But with help from ESP and support from her family (Lisa and Steve handle weekdays and Billie Jean’s sister, Norma Smith, takes over on weekends), she can remain at home with those she loves.

Postscript: On June 3, 2006, Billie Jean, her niece and another pedestrian were struck by a motorcycle as they crossed the street. She suffered compound leg fractures and a head injury. She is recovering in a nursing facility and expects to return home.

“She’s in good spirits,” Lisa said. “She said, ‘Here I am again.’”
### Warren County ESP Client Profile

#### Racial Profile

<table>
<thead>
<tr>
<th>Race</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caucasian</td>
<td>1,667</td>
</tr>
<tr>
<td>African-Americans &amp; other Minorities</td>
<td>45</td>
</tr>
<tr>
<td>Total</td>
<td>1,712</td>
</tr>
</tbody>
</table>

Minorities are 1.8% of the Warren County general population (Census 2000). Three percent of Warren County Elderly Services Program clients are African-Americans or Asians.

#### Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Count</th>
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<tbody>
<tr>
<td>Male</td>
<td>515</td>
</tr>
<tr>
<td>Female</td>
<td>1,197</td>
</tr>
<tr>
<td>Total</td>
<td>1,712</td>
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#### Level of Disability

<table>
<thead>
<tr>
<th>Level of Disability</th>
<th>Count</th>
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<tbody>
<tr>
<td>Low Disabilities</td>
<td>130</td>
</tr>
<tr>
<td>Moderate Disabilities</td>
<td>337</td>
</tr>
<tr>
<td>Severe Disabilities*</td>
<td>1,245</td>
</tr>
<tr>
<td>Total</td>
<td>1,712</td>
</tr>
</tbody>
</table>

* Severe disability means impairment of two or more activities of daily living, such as bathing and eating.

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#### Race of Seniors Receiving Services

- Caucasian: 97%
- Minority: 3%

#### Gender of Seniors Receiving Services

- Male: 30%
- Female: 70%

#### Level of Disability of Seniors Receiving Services

- Low: 7%
- Moderate: 19%
- Severe: 73%
Warren County ESP Client Profile

Income and Expenses

Income:
- 69% at or below 200% of FPL*
- 31% above 200% of FPL
- Average monthly income of clients = $1,535
- Average monthly out-of-pocket medical costs per client = $299
- Twenty-three percent of the clients contribute to the cost of their care.

Age

<table>
<thead>
<tr>
<th>Age</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Age 60 - 69</td>
<td>277</td>
</tr>
<tr>
<td>Age 70 - 79</td>
<td>589</td>
</tr>
<tr>
<td>Age 80 - 89</td>
<td>712</td>
</tr>
<tr>
<td>Age 90+</td>
<td>134</td>
</tr>
<tr>
<td>Total</td>
<td>1,712</td>
</tr>
</tbody>
</table>

The average age of the Warren County ESP client in 2005 was 78 years old.

Living Arrangements

<table>
<thead>
<tr>
<th>Arrangement</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Live with Spouse</td>
<td>497</td>
</tr>
<tr>
<td>Live with Other Caregiver</td>
<td>291</td>
</tr>
<tr>
<td>Live Alone</td>
<td>924</td>
</tr>
<tr>
<td>Total</td>
<td>1,712</td>
</tr>
</tbody>
</table>

*FPL - Federal Poverty Level for 2005: an annual income of $9,570 for one person.
## WARREN COUNTY ELDERLY SERVICES PROGRAM
### HOW FUNDS ARE USED

Total Clients Served: 1,712

<table>
<thead>
<tr>
<th>Service</th>
<th>Clients</th>
<th>Service Units</th>
<th>Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Care</td>
<td>189</td>
<td>9,242</td>
<td>$236,010</td>
</tr>
<tr>
<td>Homemaker</td>
<td>749</td>
<td>57,929</td>
<td>1,418,880</td>
</tr>
<tr>
<td>Respite</td>
<td>40</td>
<td>4,900</td>
<td>123,083</td>
</tr>
<tr>
<td>Adult Day Services</td>
<td>29</td>
<td>2,302</td>
<td>112,387</td>
</tr>
<tr>
<td>Adult Day Services Transportation</td>
<td>5</td>
<td>1,912</td>
<td>13,278</td>
</tr>
<tr>
<td>Medical Transportation</td>
<td>248</td>
<td>6,256</td>
<td>265,617</td>
</tr>
<tr>
<td>Electronic Monitoring Systems</td>
<td>698</td>
<td>6,285</td>
<td>138,384</td>
</tr>
<tr>
<td>Home Delivered Meals</td>
<td>1,197</td>
<td>200,115</td>
<td>1,212,576</td>
</tr>
<tr>
<td>Independent Living Assistance</td>
<td>85</td>
<td>1,251</td>
<td>31,119</td>
</tr>
<tr>
<td>Home Repair/Accessibility</td>
<td>68</td>
<td>70</td>
<td>17,780</td>
</tr>
<tr>
<td>Case Management</td>
<td>1,712</td>
<td></td>
<td>529,165</td>
</tr>
<tr>
<td>Intake &amp; Assessment</td>
<td></td>
<td></td>
<td>95,423</td>
</tr>
<tr>
<td>COA(^{\text{int}}) Administration</td>
<td></td>
<td></td>
<td>137,235</td>
</tr>
</tbody>
</table>

**Total Expenses**

- Federal, State and Other: (235,777)
- Consumer Donation: (56,651)
- Consumer Co-Payment: (52,767)

Total Administration: 3.2%  
Total Levy: $3,985,742
WARREN COUNTY ELDERLY SERVICES PROGRAM
EXPENSES BY PERCENTAGES
JANUARY 1 - DECEMBER 31, 2005

- Home Delivered Meals: 28.1%
- Homemaker: 32.8%
- Medical Transportation: 6.1%
- Adult Day Services: 2.6%
- Respite: 2.8%
- Personal Care: 5.4%
- Adult Day Services Transportation: 0.3%
- Intake & Assessment: 2.2%
- COA Administration: 3.2%
- Electronic Monitoring Systems: 3.2%
- Case Management: 12.2%
- Home Repair/Accessibility: 0.4%
- Independent Living Assistance: 0.7%
## Warren County Elderly Services Program
### Where Clients Live

<table>
<thead>
<tr>
<th>Township</th>
<th>Clients</th>
<th>Other Township</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carlisle Village</td>
<td>56</td>
<td>Middletown City (Warren County)</td>
<td>19</td>
</tr>
<tr>
<td>Clear Creek Township</td>
<td>36</td>
<td>Morrow Township</td>
<td></td>
</tr>
<tr>
<td>Deerfield Township</td>
<td>123</td>
<td>Other</td>
<td>20</td>
</tr>
<tr>
<td>Franklin Township</td>
<td>412</td>
<td>Salem Township</td>
<td>62</td>
</tr>
<tr>
<td>Hamilton Township</td>
<td>60</td>
<td>South Lebanon Village</td>
<td>48</td>
</tr>
<tr>
<td>Harlan Township</td>
<td>33</td>
<td>Springboro City (Warren County)</td>
<td>64</td>
</tr>
<tr>
<td>Lebanon City</td>
<td>262</td>
<td>Turtle Creek Township</td>
<td>100</td>
</tr>
<tr>
<td>Loveland City (Warren County)</td>
<td>8</td>
<td>Union Township</td>
<td>38</td>
</tr>
<tr>
<td>Maineville Village</td>
<td>48</td>
<td>Washington Township</td>
<td>5</td>
</tr>
<tr>
<td>Mason City</td>
<td>160</td>
<td>Wayne Township</td>
<td>49</td>
</tr>
<tr>
<td>Massie Township</td>
<td>12</td>
<td>Waynesville Village</td>
<td>60</td>
</tr>
</tbody>
</table>

**Total Clients Served: 1,712**
**WARREN COUNTY**

**ELDERLY SERVICES PROGRAM**

**REASONS WHY CLIENTS LEAVE**

- **Deceased:** 24%
- **Moved:** 12%
- **PASSPORT:** 5%
- **Improved Health:** 30%
- **Other:** 8%
- **Nursing Home:** 21%

**W CESP Number Served, 2005**

- 4th Qtr 2004: 1,219
- 1st Qtr 2005: 1,178
- 2nd Qtr 2005: 1,218
- 3rd Qtr 2005: 1,264
- 4th Qtr 2005: 1,270
**WARREN COUNTY ELDERLY SERVICES PROGRAM**

**SERVICE PROVIDERS**

Acare Home Health  
Active Day of Cincinnati  
Alan W. Arend  
Almost Family  
American Nursing Care Dayton  
American Ramp Systems  
Bathblest Renovations  
Black Stone healthcare  
Caring Hearts Home Health Care  
Charter Home Services  
Clinton County Adult Day Center, Inc.  
Comfort Keepers #123  
Comfort Keepers #172  
Comfort Keepers #178  
Comprehensive Home Health Care Services  
Deaconess Lifeline/Elderlife  
Edenview  
Emerson Heating & Cooling Company  
Fidelity Health Care (CareView Home Health)  
First Choice Medical Staffing  
Guardian Medical Monitoring, Inc.  
Handy Household Helpers  
Helping Hands Healthcare  
High Quality Staffing LLC  
Home Care Network, Inc.  
Home First Non-Medical  
Home Helpers  
Homeowner Solutions  
House Mates  
Interim HealthCare of Cincinnati, Inc.  
International Quality Health Care Corp.  
Jewish Community Center of Cincinnati  
Jewish Family Service of the Cincinnati Area  
LifeSpan  
LifeSphere  
McKnight Terrace  
Meda-Care Transportation, Inc.  
Medic One, Inc.  
Medicall, Inc.  
Mercy Lifeline  
Mercy Lifeline Cincinnati  
Middletown Area Senior Citizens, Inc.  
Millenium Nursing Agency  
Nerswick Home Services LLC  
Nurses Care, Inc.  
Otterbein Lebanon Adult Day Service  
Personal Touch Home Care of Ohio, Inc.  
Response Ability Systems  
Resonselink of Cincinnati  
Rural Metro Ambulance  
Safeway Safety Step, Inc.  
Senior Independence  
Senior Independence Adult Day Services  
Senior Resource Connection  
SP Contracting  
Spotless Maintenance Systems, Inc.  
Superior Home Care, Inc.  
The Visiting Nurse Association of Greater Cincinnati & Northern KY  
Thermal-Shield Inc.  
Tri State Maintenance  
TriHealth Lifeline  
Universal Transportation Systems (U.T.S.)  
V & N Services, Inc.  
VRI  
Warren County Community Services, Inc.