



# **Butler County Elderly Services Program<sup>SM</sup>**

**2006 Report to the Community**



**Council on Aging of Southwestern Ohio<sup>SM</sup>**

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### **A Message from the Board President, Butler County Citizens for Elderly Services, Inc.**

On behalf of the Butler County Citizens for Elderly Services, it is my pleasure to present the Annual Report for 2006.

Since the passage of the levy, the Elderly Services Program (ESP) has been able to increase the number of older adults served from 2,714 in 2005 to 3,308 in 2006, an increase of 22 percent. The services allowed them to remain in the place of their choice, their home.

Our typical client is an 80-year-old woman who lives alone on a limited income. She has disabilities that prevent her from performing some of the daily tasks needed to care for herself or her home. She has always been independent and wants to remain in her home. She needs help, but family and friends cannot meet all her needs. Without the services provided by Butler County ESP, she would be forced to leave her home and independence behind.

This story is typical of many who are receiving services through the program: 53 percent of our clients are 80 years of age or older; 82 percent have a severe disability; and 57 percent live alone.

Today, we need ESP more than ever. As the population ages, so does the prevalence of disability, and the need for long-term care.

We must be prepared to serve this growing older population with services that will keep them independent, in their own homes and part of the community. Not only is this what the older adults want, but it is more economical for the state than paying for care in a nursing home.

ESP is an important part of the Butler County community, just as keeping our older adults independent and viable is important. We pledge to continue to provide high quality care and advocate for meeting the needs of Butler County older adults into the future.

Fred DeBiasi, President ( 2005 to April 2007 )  
Butler County Citizens for Elderly Services, Inc.

### **Pilot program to help older adults with mental illness**

A pilot program is beginning in Butler County in 2007 to test whether mental health services can be delivered effectively to older adults in their homes.

Approved by the Butler County Elderly Services Board, the program will be offered initially to about 100 Elderly Services Program (ESP) clients who live in West Chester, Fairfield, Fairfield Township and Liberty Township. ESP provider LifeSpan, Inc. will identify and serve eligible clients. The pilot will be evaluated after six months by a graduate of Miami University's Scripps Center for Gerontology.

If successful, and if funding is available, the program could expand to other parts of Butler County and to other counties in Council on Aging's service area.

The Behavioral Health Initiative grew out of a statewide goal to improve mental health and substance abuse services to older adults. Elderly people are underserved by the traditional mental health system. This is due to funding priorities and difficulties in diagnosing mental illness, especially among people with dementia. A sense of stigma also lingers among the present generation of elderly, who often do not seek help even for common and treatable conditions such as depression.

The Older Ohioans Behavioral Health Network was formed in December 2005. It brings together key stakeholders to coordinate efforts to improve services to older adults and to share research findings and other information with the public.

During the summer of 2006, state funding allowed Council on Aging to present a behavioral health forum. Participants identified local initiatives that could be used as models for additional programs. The pilot program beginning in Butler County is based on a successful effort provided by Clermont County Senior Services.

#### **Changing Profile of the ESP Client**

With the aging of our population, more people are experiencing increased disabilities and having a greater need for services. As health care costs escalate, the Elderly Services Program must be prepared to meet the growing needs of older adults.

In 2006:

Average out-of-pocket medical costs per ESP client were \$243/month; the average monthly income was \$1,456

- 53 percent of ESP clients were 80 years of age or older
- 82 percent of ESP clients had a severe disability, a five percent increase over last year
- 53 percent of ESP clients received personal care and/or homemaking services, 60 percent received home delivered meals and 50 percent received electronic monitoring systems
- 57 percent of ESP clients lived alone

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## Butler County Elderly Services Program

The Butler County Elderly Services Program helps older adults remain independent within the familiar surroundings of their own homes for as long as possible.

Nursing homes are often necessary, but most people do not want to go there before their time. With the help of services such as home-delivered meals and homemaking, many older adults can delay or prevent nursing home placements.

Of all the options for long-term care, services in the home are also the least expensive. It costs about \$347 a month per client in Butler County's Elderly Services Program, compared with \$4,800 a month for nursing home care.

Butler County's Elderly Services Program is supported by a local tax levy, funds from Title III of the Older Americans Act, and co-payments from clients who are able to contribute to the cost of their care. Donations are also accepted for the home-delivered meals program.

The program operates as a partnership of Butler County Citizens for Elderly Services, Inc. (BCCES) and Council on Aging of Southwestern Ohio.

**Cost is \$347 a month per client in Butler County's Elderly Services Program**  
**Cost is \$4,800 a month for nursing home care**

BCCES is a community board that develops policies and oversees the budget. COA processes all billing and provides program planning, reporting, auditing, and technical assistance.

Four Butler County non-profit agencies provide intake and case management. They are: LifeSpan, Inc.; Senior Citizens, Inc.; Middletown Area Senior Citizens, Inc.; and Oxford Senior Citizens, Inc.

Other agencies provide a variety of services, such as home repair and electronic monitoring devices, that help the older residents of Butler County remain as independent as possible for as long as possible.

### Butler County Citizens for Elderly Services, Inc.

**President,** Helen Smith  
**Vice President,** Jerome Kearns

Douglas Alder  
Harry M. Davin, MD  
Bart J. Drake  
Peggy Kollstedt  
Alisa Miller  
Janet Miller

**Treasurer,** Kathleen Dudley  
**Secretary,** Marilee Broscheid

Lena Saylor  
David Schul  
Jane Straker, Ph.D.  
James White  
Al Zenz

### Butler County Commissioners

Michael A. Fox  
Charles R. Furmon  
Gregory V. Jolivette

**Administrator,** Derek Conklin

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## The Elderly Services Program plus personal effort keeps client out of nursing home

Harriet Barbaro, a gracious lady, who has managed to remain independent in her home despite crippling rheumatoid arthritis, has a wonderful smile and a very positive attitude. The door to her tidy apartment opens directly to the front yard. She loves the neighborhood and her neighbors. It's a close community and the residents look out for each other.

Mrs. Barbaro has been divorced for many years. Her children are married, have children of their own and no one lives close.

Over the years she has taken care of herself and her home, but had to retire at age 60 when diagnosed with arthritis. Eventually she had to give up her home, but moving to a senior complex in Fairfield gave her new friends and an apartment very close to shopping. She is excited now about a large yard sale some of the residents are planning in the near future. She hopes to make some extra money for some of the things she wants to buy for her apartment.

Mrs. Barbaro is determined to do everything she can for herself, but receiving homemaking, an emergency response system and home delivered meals has kept her independent in the apartment that she loves. She is grateful for the home aide who has provided her service for a number of years. "My aide is very good," Mrs. Barbaro said. "She always gives extra. She is like a daughter. My case manager is wonderful. She has taken good care of me and helped me get the services that I need to remain at home."

When asked about the importance of the help she receives from the Elderly Services Program she said, "I wouldn't be here today without trying hard and without the help I've received from the Elderly Services Program. Without the services, I probably would be in a nursing home."

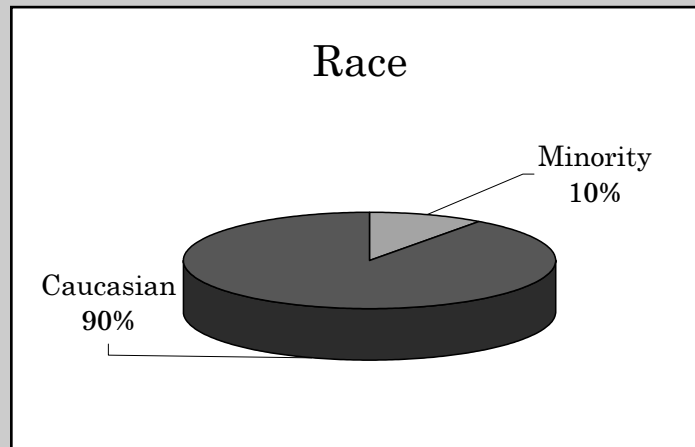


## Butler County ESP<sup>SM</sup> Client Profile

### Racial Profile

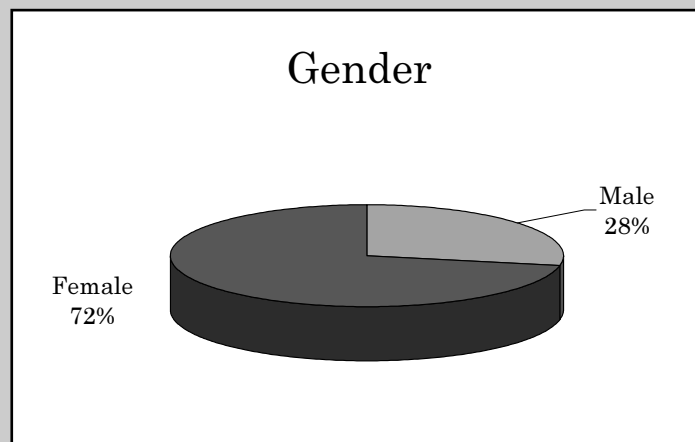
Caucasian	2,985
African-American	313
Other	10
Total	3,308

Minorities are 5.2 percent of the Butler County general population (Census 2000). Ten percent of Butler County Elderly Service Program clients are minorities.



### Gender

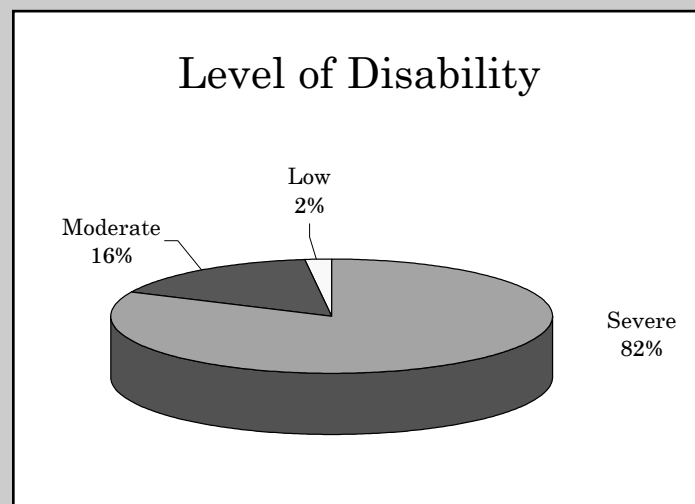
Male	925
Female	2,383
Total	3,308



### Level of Disability

Low disabilities	75
Moderate disabilities	515
Severe disabilities*	2,718
Total	3,308

\* Severe disability means impairment of two or more activities of daily living, such as bathing and eating.

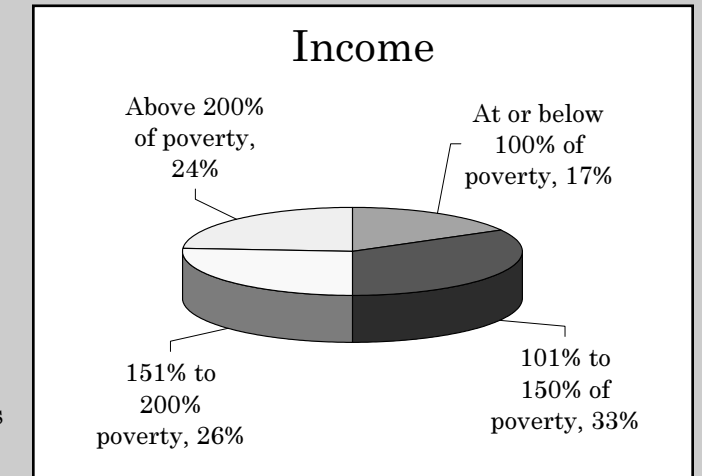


## Butler County ESP<sup>SM</sup> Client Profile

### Income and Expenses

Income:  
76 percent or below 200% of FPL\*  
24 percent above 200% of FPL

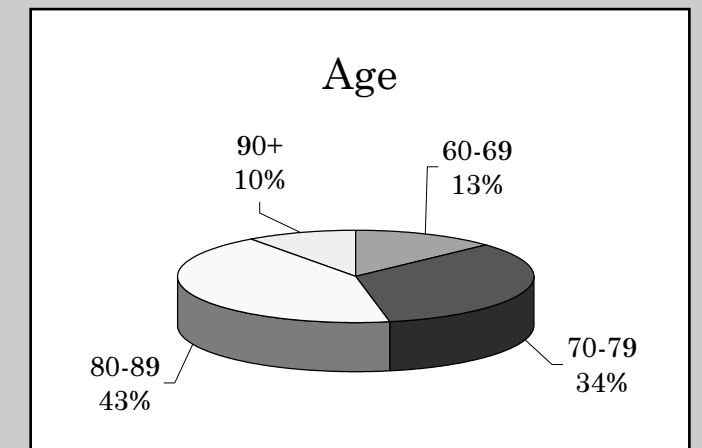
- Average monthly income of clients = \$1,456
- Average monthly out-of-pocket medical costs per client = \$243
- Twenty-four percent of the clients have a co-payment



### Age

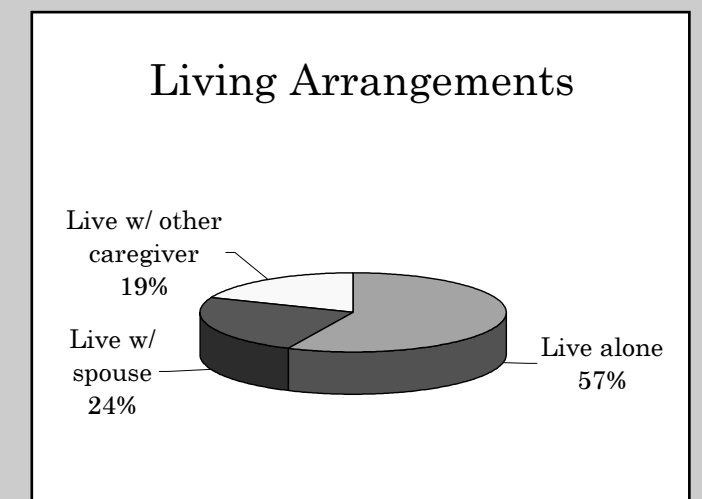
Age 60 - 69	437
Age 70 - 79	1,116
Age 80 - 89	1,413
Age 90+	342

The average age of the Butler County ESP client in 2006 was 80 years old.



### Living Arrangements

Live with spouse	805
Live with other caregiver	604
Live alone	1,899



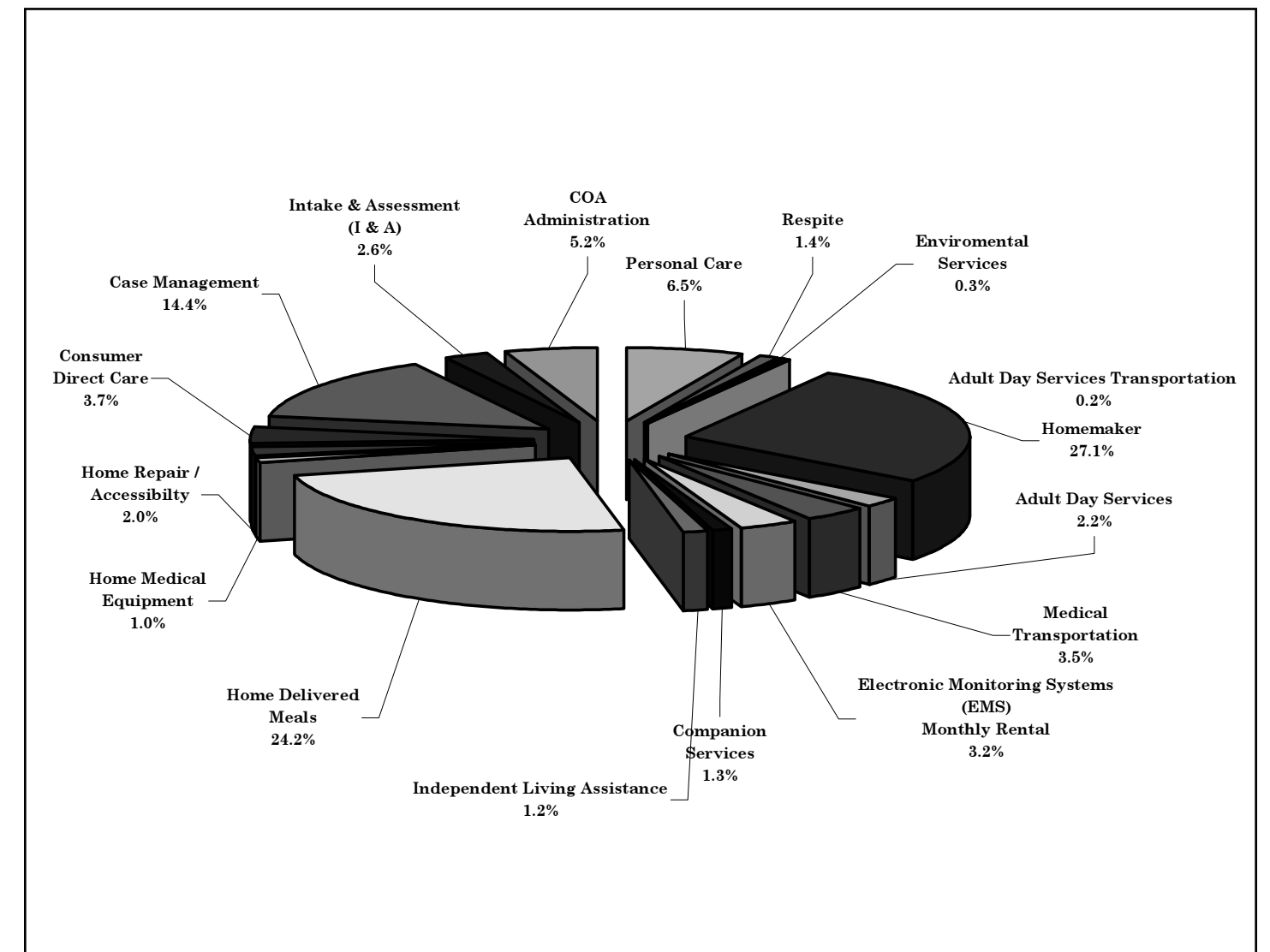
\*FPL - Federal Poverty Level for 2006: an annual income of \$9,800 for one person

## Butler County Elderly Services Program How Funds Are Used

**Total Clients Served: 3,308**

	Clients	Service Units	Expenses
Personal Care	450	25,367 hours	\$ 606,943
Homemaker	1,606	108,379 hours	2,508,591
Respite	86	5,569 hours	126,416
Adult Day Services	87	4,889 days	205,271
Adult Day Services Transportation	33	6,905 trips	14,166
Medical Transportation	585	14,151 trips	324,651
Electronic Monitoring Systems	1,641	14,428 rentals	299,481
Companion Services	173	6,669 hours	120,867
Independent Living Assistance	322	4,350 hours	114,197
Home Delivered Meals	1,993	382,099 meals	2,247,288
Home Medical Equipment	603	1,251 rentals	89,464
Environmental Services	61	237 jobs	24,905
Home Repair/Accessibility	279	328 repairs	185,454
Client Directed Care	111	N/A	346,672
Case Management	3,308		1,338,961
Intake & Assessment			233,258
COA Administration			480,964
Federal, State and Other			(562,149)
Client Donation			(54,299)
Client Co-Payment			(170,582)
			<b>Total Levy \$ 8,480,519</b>

## Butler County Elderly Services Program Expenses January 1 - December 31, 2006



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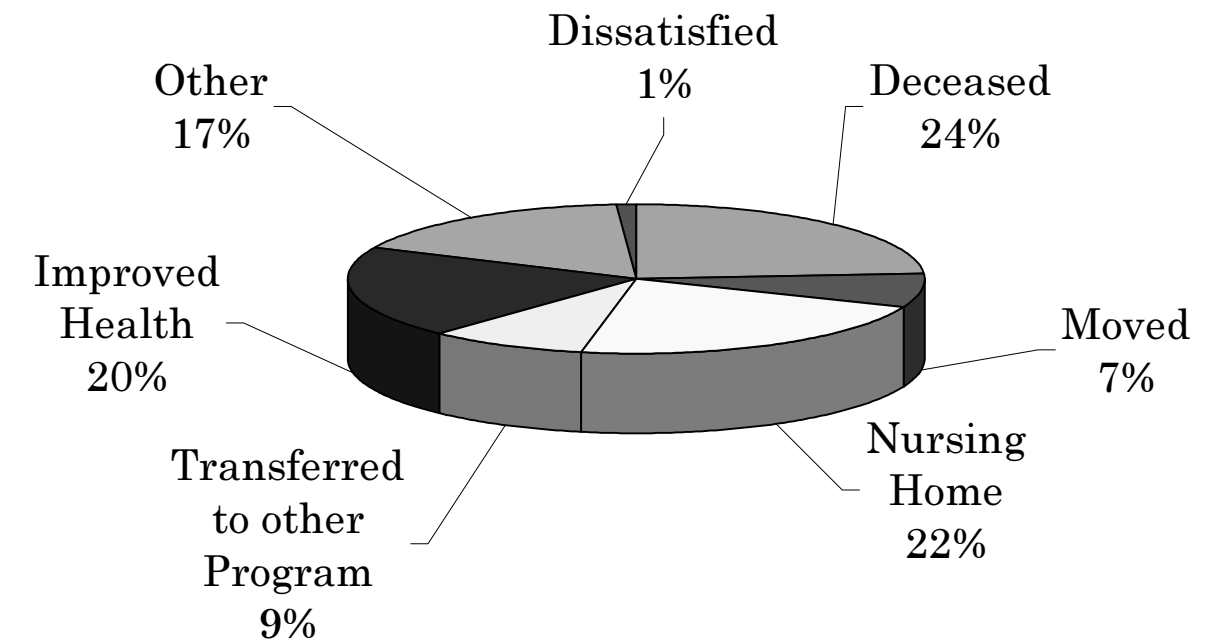
### Butler County Elderly Services Program Where Clients Live

Fairfield City	310	Morgan Township	26
Fairfield Township	101	Oxford City	108
Hamilton City	1,017	Oxford Township	13
Hanover Township	45	Reily Township	9
Lemon Township	9	Ross Township	48
Liberty Township	70	St. Clair Township	39
Madison Township	57	Trenton City	104
Middletown City	986	Wayne Township	28
Milford Township	17	West Chester Township	227
Monroe City	63	Other	31

**TOTAL CLIENTS SERVED 3,308**

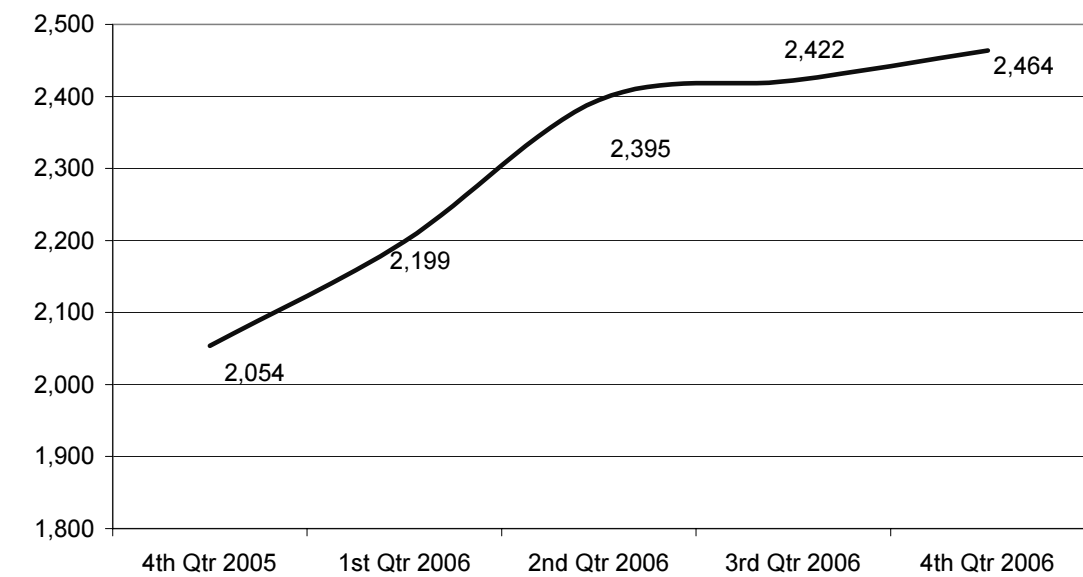
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### Butler County Elderly Services Program Reasons Why Clients Leave



### BCESP Clients Served, 2006\*

\*Program Year October 1st- September 30th



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## Butler County Elderly Services Program Service Providers

Acare Home Health	Fidelity Health Care	Mullaney's Pharmacy and Home Health Care
Active Day of Cincinnati	First Medical Staffing of Ohio	Nerswick Home Services, LLC
Adult Day Services @ Butler County Care Facility	Formula Exterminators, Inc.	Northwest Elder Care LLC
Advanced Medical Equipment	Frosty's Chauffeur Service	Nurses Care, Inc.
Alan W. Arend	Guardian Medical Monitoring, Inc.	Otterbein Lebanon Adult Day Service
Algo Termite & Pest Control	Handy Household Helpers	Oxford Senior Citizens, Inc.
All Gone Termite & Pest Control	Helping Hands Healthcare	Personal Touch Home Care of Ohio, Inc.
Almost Family	High Quality Staffing LLC	Response Ability Systems
Alternative Home Care & Staffing, Inc.	Home Care Network, Inc.	Responselink of Cincinnati
Amenity Home Care	Home First Non-Medical	Rural Metro Helpline
American Nursing Care Cincinnati	Home Health Care Services	Safeway Safety Step, Inc.
American Nursing Care Dayton	Home Helpers	Saint Joseph Construction
American Ramp Systems	Home Instead Senior Care	Senior Citizens, Inc.
Bathblest Renovations	Homeowner Solutions	Senior Independence
Bernens Medical	House Mates	Senior Independence Adult Day Services
Black Stone healthcare	Interim Health Care of Cincinnati, Inc.	Senior Resource Connection
Caring Hearts Home Health Care	Interim HomeStyles of Greater Cincinnati, Inc.	S P Contracting
Catholic Social Services of Southwestern Ohio	International Quality Healthcare Corp.	Spotless Maintenance Systems
Charter Home Services	Jewish Family Service of the Cincinnati Area	Superior Home Care, Inc.
Colonial Community Services	LifeSpan	The Visiting Nurse Association of Greater Cincinnati & Northern Kentucky
Comfort Keepers #123	LifeSphere	Thermal-Shield, Inc.
Comfort Keepers #178	LifeSphere Home Health Services	Tri-State Maintenance
Comfort Keepers #200	McKnight Terrace	TriHealth Lifeline
Comfort Keepers #224	Meda-Care Transportation, Inc.	Universal Transportation Systems
Comprehensive Home Health Care Services	Medic One, Inc.	V & N Services, Inc.
Deaconess Lifeline	Medicall, Inc.	VRI
Edenview	Mercy Lifeline	Warren County Community Services, Inc.
Emerson Heating & Cooling Company	Mercy Lifeline, Cincinnati	Wesley Community Services
Envision Home Care Alternatives, Inc.	Middletown Area Senior Citizens, Inc.	
	Millenium Nursing Agency	
	Milts Termite & Pest Control	



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