Butler County Elderly Services Program™

2006 Report to the Community

Council on Aging of Southwestern Ohio™

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A Message from the Board President, Butler County Citizens for Elderly Services, Inc.

On behalf of the Butler County Citizens for Elderly Services, it is my pleasure to present the Annual Report for 2006.

Since the passage of the levy, the Elderly Services Program (ESP) has been able to increase the number of older adults served from 2,714 in 2005 to 3,308 in 2006, an increase of 22 percent. The services allowed them to remain in the place of their choice, their home.

Our typical client is an 80-year-old woman who lives alone on a limited income. She has disabilities that prevent her from performing some of the daily tasks needed to care for herself or her home. She has always been independent and wants to remain in her home. She needs help, but family and friends cannot meet all her needs. Without the services provided by Butler County ESP, she would be forced to leave her home and independence behind.

This story is typical of many who are receiving services through the program: 53 percent of our clients are 80 years of age or older; 82 percent have a severe disability; and 57 percent live alone.

Today, we need ESP more than ever. As the population ages, so does the prevalence of disability, and the need for long-term care.

We must be prepared to serve this growing older population with services that will keep them independent, in their own homes and part of the community. Not only is this what the older adults want, but it is more economical for the state than paying for care in a nursing home.

ESP is an important part of the Butler County community, just as keeping our older adults independent and viable is important. We pledge to continue to provide high quality care and advocate for meeting the needs of Butler County older adults into the future.

Fred DeBiasi, President (2005 to April 2007)
Butler County Citizens for Elderly Services, Inc.

Pilot program to help older adults with mental illness

A pilot program is beginning in Butler County in 2007 to test whether mental health services can be delivered effectively to older adults in their homes.

Approved by the Butler County Elderly Services Board, the program will be offered initially to about 100 Elderly Services Program (ESP) clients who live in West Chester, Fairfield, Fairfield Township and Liberty Township. ESP provider LifeSpan, Inc. will identify and serve eligible clients. The pilot will be evaluated after six months by a graduate of Miami University’s Scripps Center for Gerontology.

If successful, and if funding is available, the program could expand to other parts of Butler County and to other counties in Council on Aging’s service area.

The Behavioral Health Initiative grew out of a statewide goal to improve mental health and substance abuse services to older adults. Elderly people are underserved by the traditional mental health system. This is due to funding priorities and difficulties in diagnosing mental illness, especially among people with dementia. A sense of stigma also lingers among the present generation of elderly, who often do not seek help even for common and treatable conditions such as depression.

The Older Ohioans Behavioral Health Network was formed in December 2005. It brings together key stakeholders to coordinate efforts to improve services to older adults and to share research findings and other information with the public.

During the summer of 2006, state funding allowed Council on Aging to present a behavioral health forum. Participants identified local initiatives that could be used as models for additional programs. The pilot program beginning in Butler County is based on a successful effort provided by Clermont County Senior Services.

Changing Profile of the ESP Client

With the aging of our population, more people are experiencing increased disabilities and having a greater need for services. As health care costs escalate, the Elderly Services Program must be prepared to meet the growing needs of older adults.

In 2006:

- Average out-of-pocket medical costs per ESP client were $243/month; the average monthly income was $1,456
- 53 percent of ESP clients were 80 years of age or older
- 82 percent of ESP clients had a severe disability, a five percent increase over last year
- 53 percent of ESP clients received personal care and/or homemaking services; 60 percent received home delivered meals and 50 percent received electronic monitoring systems
- 57 percent of ESP clients lived alone
The Butler County Elderly Services Program helps older adults remain independent within the familiar surroundings of their own homes for as long as possible. Nursing homes are often necessary, but most people do not want to go there before their time. With the help of services such as home-delivered meals and homemaking, many older adults can delay or prevent nursing home placements.

Of all the options for long-term care, services in the home are also the least expensive. It costs about $347 a month per client in Butler County’s Elderly Services Program, compared with $4,800 a month for nursing home care.

Butler County’s Elderly Services Program is supported by a local tax levy, funds from Title III of the Older Americans Act, and co-payments from clients who are able to contribute to the cost of their care. Donations are also accepted for the home-delivered meals program.

Butler County Citizens for Elderly Services, Inc. (BCCES) is a community board that develops policies and oversees the budget. COA processes all billing and provides program planning, reporting, auditing, and technical assistance.

Four Butler County non-profit agencies provide intake and case management. They are: LifeSpan, Inc.; Senior Citizens, Inc.; Middletown Area Senior Citizens, Inc.; and Oxford Senior Citizens, Inc.

Other agencies provide a variety of services, such as home repair and electronic monitoring devices, that help the older residents of Butler County remain as independent as possible for as long as possible.

Cost is $347 a month per client in Butler County’s Elderly Services Program.

Cost is $4,800 a month for nursing home care.

BCCES is a community board that develops policies and oversees the budget. COA processes all billing and provides program planning, reporting, auditing, and technical assistance.

The Elderly Services Program plus personal effort keeps client out of nursing home

Harriet Barbaro, a gracious lady, who has managed to remain independent in her home despite crippling rheumatoid arthritis, has a wonderful smile and a very positive attitude. The door to her tidy apartment opens directly to the front yard. She loves the neighborhood and her neighbors. It’s a close community and the residents look out for each other.

Mrs. Barbaro has been divorced for many years. Her children are married, have children of their own and no one lives close.

Over the years she has taken care of herself and her home, but had to retire at age 60 when diagnosed with arthritis. Eventually she had to give up her home, but moving to a senior complex in Fairfield gave her new friends and an apartment very close to shopping. She is excited now about a large yard sale some of the residents are planning in the near future. She hopes to make some extra money for some of the things she wants to buy for her apartment.

Mrs. Barbaro is determined to do everything she can for herself, but receiving homemaking, an emergency response system and home delivered meals has kept her independent in the apartment that she loves. She is grateful for the home aide who has provided her service for a number of years. “My aide is very good,” Mrs. Barbaro said. “She always gives extra. She is like a daughter. My case manager is wonderful. She has taken good care of me and helped me get the services that I need to remain at home.”

When asked about the importance of the help she receives from the Elderly Services Program she said, “I wouldn’t be here today without trying hard and without the help I’ve received from the Elderly Services Program. Without the services, I probably would be in a nursing home.”
Butler County ESP Client Profile

Racial Profile

- Caucasian: 2,985
- African-American: 313
- Other: 10
- Total: 3,308

Minorities are 5.2 percent of the Butler County general population (Census 2000). Ten percent of Butler County Elderly Service Program clients are minorities.

Gender

- Male: 925
- Female: 2,383
- Total: 3,308

Level of Disability

- Low disabilities: 75
- Moderate disabilities: 515
- Severe disabilities*: 2,718
- Total: 3,308

* Severe disability means impairment of two or more activities of daily living, such as bathing and eating.

Income and Expenses

Income:
- 76 percent or below 200% of FPL*
- 24 percent above 200% of FPL

- Average monthly income of clients = $1,456
- Average monthly out-of-pocket medical costs per client = $243
- Twenty-four percent of the clients have a co-payment

Age

- Age 60 - 69: 437
- Age 70 - 79: 1,116
- Age 80 - 89: 1,413
- Age 90+: 342

The average age of the Butler County ESP client in 2006 was 80 years old.

Living Arrangements

- Live with spouse: 805
- Live with other caregiver: 604
- Live alone: 1,899

*FPL - Federal Poverty Level for 2006: an annual income of $9,800 for one person
Butler County Elderly Services Program
How Funds Are Used

Total Clients Served: 3,308

<table>
<thead>
<tr>
<th>Service</th>
<th>Clients</th>
<th>Service Units</th>
<th>Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Care</td>
<td>450</td>
<td>25,367 hours</td>
<td>$606,943</td>
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<tr>
<td>Homemaker</td>
<td>1,606</td>
<td>108,379 hours</td>
<td>$2,508,591</td>
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<tr>
<td>Respite</td>
<td>86</td>
<td>5,569 hours</td>
<td>$126,416</td>
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<tr>
<td>Adult Day Services</td>
<td>87</td>
<td>4,889 days</td>
<td>$205,271</td>
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<tr>
<td>Adult Day Services Transportation</td>
<td>33</td>
<td>6,905 trips</td>
<td>$14,166</td>
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<tr>
<td>Medical Transportation</td>
<td>585</td>
<td>14,151 trips</td>
<td>$324,651</td>
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<td>Electronic Monitoring Systems</td>
<td>1,641</td>
<td>14,428 rentals</td>
<td>$299,481</td>
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<td>Companion Services</td>
<td>173</td>
<td>6,669 hours</td>
<td>$120,867</td>
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<td>Independent Living Assistance</td>
<td>322</td>
<td>4,350 hours</td>
<td>$114,197</td>
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<tr>
<td>Home Delivered Meals</td>
<td>1,993</td>
<td>382,099 meals</td>
<td>$2,247,288</td>
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<td>Home Medical Equipment</td>
<td>603</td>
<td>1,251 rentals</td>
<td>$89,464</td>
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<td>Environmental Services</td>
<td>61</td>
<td>237 jobs</td>
<td>$24,905</td>
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<td>Home Repair/Accessibility</td>
<td>279</td>
<td>328 repairs</td>
<td>$185,454</td>
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<tr>
<td>Client Directed Care</td>
<td>111</td>
<td>N/A</td>
<td>$346,672</td>
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<tr>
<td>Case Management</td>
<td>3,308</td>
<td></td>
<td>$1,338,961</td>
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<tr>
<td>Intake &amp; Assessment</td>
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<td></td>
<td>$233,258</td>
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<td>COA Administration</td>
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<td></td>
<td>$480,964</td>
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<tr>
<td>Federal, State and Other</td>
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<td></td>
<td>(562,149)</td>
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<tr>
<td>Client Donation</td>
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<td></td>
<td>(54,299)</td>
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<tr>
<td>Client Co-Payment</td>
<td></td>
<td></td>
<td>(170,582)</td>
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</tbody>
</table>

Total levy $8,480,519

Butler County Elderly Services Program Expenses
January 1 - December 31, 2006
Butler County Elderly Services Program
Where Clients Live

Fairfield City 310 Morgan Township 26
Fairfield Township 101 Oxford City 108
Hamilton City 1,017 Oxford Township 13
Hanover Township 45 Reily Township 9
Lemon Township 9 Ross Township 48
Liberty Township 70 St. Clair Township 39
Madison Township 57 Trenton City 104
Middletown City 986 Wayne Township 28
Milford Township 17 West Chester Township 227
Monroe City 63 Other 31

TOTAL CLIENTS SERVED 3,308

Butler County Elderly Services Program
Reasons Why Clients Leave

- Improved Health: 20%
- Transferred to other Program: 9%
- Nursing Home: 22%
- Moved: 7%
- Deceased: 24%
- Other: 17%
- Dissatisfied: 1%

BCESP Clients Served, 2006*
*Program Year October 1st - September 30th
# Butler County Elderly Services Program Service Providers

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>First Service Provider</th>
<th>Second Service Provider</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acare Home Health</td>
<td>Fidelity Health Care</td>
<td>Mullaney’s Pharmacy and Home</td>
</tr>
<tr>
<td>Active Day of Cincinnati</td>
<td>First Medical Staffing of Ohio</td>
<td>Health Care</td>
</tr>
<tr>
<td>Adult Day Services @ Butler County Care Facility</td>
<td>Formula Exterminators, Inc.</td>
<td>Nurses Care, LLC</td>
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<tr>
<td>Advanced Medical Equipment</td>
<td>Frosty’s Chauffeur Service</td>
<td>Northwest Elder Care LLC</td>
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<tr>
<td>Alan W. Arond</td>
<td>Guardian Medical Monitoring, Inc.</td>
<td>Nerswick Home Services, LLC</td>
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<tr>
<td>Algo Termite &amp; Pest Control</td>
<td>Helping Hands Healthcare</td>
<td>Oxford Senior Citizens, Inc.</td>
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<tr>
<td>All Gone Termite &amp; Pest Control</td>
<td>High Quality Staffing LLC</td>
<td>Personal Touch Home Care of Ohio, Inc.</td>
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<tr>
<td>Almost Family</td>
<td>Home Care Network, Inc.</td>
<td>Response Ability Systems</td>
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<tr>
<td>Alternative Home Care &amp; Staffing, Inc.</td>
<td>Home First Non-Medical</td>
<td>ResponseLink of Cincinnati</td>
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<tr>
<td>Amenity Home Care</td>
<td>Home Health Care Services</td>
<td>Rural Metro Helpline</td>
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<tr>
<td>American Nursing Care Cincinnati</td>
<td>Home Helpers</td>
<td>Safeway Safety Step, Inc.</td>
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<tr>
<td>American Nursing Care Dayton</td>
<td>Home Instead Senior Care</td>
<td>Saint Joseph Construction</td>
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<tr>
<td>American Ramp Systems</td>
<td>Homeowner Solutions</td>
<td>Senior Citizens, Inc.</td>
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<tr>
<td>Bathloft Renovations</td>
<td>House Mates</td>
<td>Senior Independence</td>
</tr>
<tr>
<td>Bernens Medical</td>
<td>Interim Health Care of Cincinnati, Inc.</td>
<td>Senior Independence Adult Day Services</td>
</tr>
<tr>
<td>Blackstone Healthcare</td>
<td>Interim HomeFDFF of Greater Cincinnati, Inc.</td>
<td>Senior Resource Connection</td>
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<tr>
<td>Caring Hearts Home Health Care</td>
<td>International Quality Healthcare Corp.</td>
<td>S P Contracting</td>
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<tr>
<td>Catholic Social Services of Southwestern Ohio</td>
<td>Jewish Family Service of the Cincinnati Area</td>
<td>Spotless Maintenance Systems</td>
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<tr>
<td>Charter Home Services</td>
<td>LifeSpan</td>
<td>Superior Home Care, Inc.</td>
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<tr>
<td>Colonial Community Services</td>
<td>Lifesphere</td>
<td>The Visiting Nurse Association of Greater Cincinnati &amp; Northern Kentucky</td>
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<tr>
<td>Comfort Keepers #123</td>
<td>Lifesphere Home Health Services</td>
<td>Thermal-Shield, Inc.</td>
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<td>Comfort Keepers #178</td>
<td>McKnight Terrace</td>
<td>Tri-State Maintenance</td>
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<td>Comfort Keepers #200</td>
<td>MedCare Transportation, Inc.</td>
<td>TriHealth Lifeline</td>
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<td>Comfort Keepers #224</td>
<td>Medic One, Inc.</td>
<td>Universal Transportation Systems</td>
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<td>Comprehensive Home Health Care Services</td>
<td>MediCare, Inc.</td>
<td>V &amp; N Services, Inc.</td>
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<td>Deaconess Lifeline</td>
<td>Mercy Lifeline</td>
<td>VRI</td>
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<td>Emerson Heating &amp; Cooling Company</td>
<td>Mercy Lifeline, Cincinnati</td>
<td>Warren County Community Services</td>
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<td>Envision Home Care Alternatives, Inc.</td>
<td>Middletown Area Senior Citizens, Inc.</td>
<td>Wesley Community Services</td>
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