Clinton County Elderly Services Program™

2006 Report to the Community

Council on Aging of Southwestern Ohio™

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A message from the chairman, Clinton County Elderly Services Program Advisory Council

On behalf of the Clinton County Elderly Services Program, it is my pleasure to present the 2006 Annual Report.

Despite a growing need, a shortage of funds forced the Clinton County Elderly Services Program to serve fewer people in 2006. We served 363 older adults during this year, a decrease from 2005 when we served 477 people.

Our tax levy expires in 2008, but we believe Clinton County Commissioners will see fit to place a new levy on the ballot in November, 2007. Our current levy raises a little less than $1 million annually and it is not keeping pace with demand. We had to make the hard decision to create a waiting list in order to avoid a deficit.

As of November, 2006, 134 Clinton County residents were waiting for the services they need to help them remain in their homes – services such as housekeeping and transportation to medical appointments. Late in 2006, we were able to open home-delivered meals service to those on the waiting list.

The growth in our nation’s older population provides a major challenge for our society. Clinton County is no different than anywhere else. With increase in life expectancy, we also see an increase in disabilities, yet older adults want to stay in their own homes for as long as they can.

The typical client is an 80-year-old woman who lives alone on an average income of $15,588, from which she pays $3,432 in out-of-pocket medical expenses. Due to declining health and mobility, she is unable to perform at least two daily activities such as bathing and preparing food. She needs help, but not nursing home care.

Clinton County Elderly Services Program allows older adults to age with dignity and to remain in their home, if that is their choice. Without the Elderly Services Program, many older adults would be forced to go into a nursing home where the cost of care is about $4,800 per month. The cost of care for a client in Clinton County ESP in 2006 was $272 per month. The Elderly Services Program is both the compassionate and the cost-effective choice.

I’d like to thank my fellow members of the advisory council, Council on Aging of Southwestern Ohio, and the Clinton County Community Action Agency. As program overseer, administrator, and provider, respectively, we work together to provide quality care and to advocate for the older adults of Clinton County.

You have my pledge that we will continue to do so.

John Hosler, Chairman
Clinton County Elderly Services Program Advisory Council
The Clinton County Elderly Services Program helps older adults remain independent within the familiar surroundings of their own homes for as long as possible.

Nursing homes are often necessary, but most people do not want to go there before their time. With the help of services such as home delivered meals and homemaking, many older adults can delay or prevent nursing home placement.

Of all the options for long-term care, services in the home are also the least expensive. It costs about $272 a month per client in Clinton County’s Elderly Services Program, compared with $4,800 a month for nursing home care.

Clinton County’s Elderly Services Program is supported by a local tax levy, funds from Title III of the Older Americans Act, and co-payments from clients who are able to contribute to the cost of their care. Donations are also accepted for the home-delivered meals program.

The program is administered by Council on Aging of Southwestern Ohio in cooperation with the Clinton County Commissioners and Clinton County Citizens for Elderly Services, Inc.

Other agencies provide a variety of services, such as home repair and electronic monitoring devices, that help the older residents of Clinton County remain as independent as possible for as long as possible.

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### Clinton County Elderly Services Program Advisory Council

**President**, John Hosler

2006

- Tim Hawk
- Dean Knapp
- Donna Vandervort
- Carol Weber
- Eli Yovich

2007

- Joan Burge
- Larry Roddy
- Gene Breckel
- Dennis Humphreys

### Clinton County Commissioners

- Michael Curry
- Randy Riley
- David R. Stewart

**Administrator**, Mark Brooker
Changing Profile of the ESP Client

Our clients are living longer, are more likely to be disabled, and have a greater need for services. As health care costs continue to rise, the Elderly Services Program must be prepared to meet the growing needs of older adults.

- Average out-of-pocket medical costs per client for 2006 were $286/per month. The average monthly income per client was $1,299.
- Over half of the clients are 80 years or older. The average age of the client in 2006 was 80.
- 84 percent of clients are at or below 200 percent of the federal poverty level.
- 88 percent of clients have a severe disability, a two percent increase over last year.
- 18 percent of clients are able to help pay for their care.
- 69 percent of clients live alone, an increase of three percent from the previous year.
- 46 percent of clients receive personal care and/or homemaking services, while 56 percent receive home delivered meals and 58 percent receive electronic monitoring devices.
Counting on the Elderly Services Program

Wyoma Taylor has been counting on help from the Clinton County Elderly Services Program for more than three years. She receives home-delivered meals, personal care and homemaker services.

Diabetes and congestive heart failure prevent Mrs. Taylor from going out, but she does make a special effort to get to the hairdresser from time to time because she loves having her hair done.

She’s also an avid armchair sports and games fan, and watches the Cincinnati Reds and poker on TV. She likes to read romance novels, do puzzles and play solitaire.

Born in Highland County in 1934, Mrs. Taylor was used to the farm life. She helped her parents in the corn fields and took care of the “milk cows, Millie and Dollie.” She was married early in life and had 4 step-children. Her husband died at the age of 47.

Mrs. Taylor worked in a hospital as a nurse’s aide so she has experienced both the caregiver and care receiver perspectives. Her aides, who work for Personal Touch, “have all been good,” she said.
Clinton County ESP Client Profile

Racial Profile

<table>
<thead>
<tr>
<th>Race</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Caucasian</td>
<td>345</td>
</tr>
<tr>
<td>Minority</td>
<td>18</td>
</tr>
<tr>
<td>Total</td>
<td>363</td>
</tr>
</tbody>
</table>

Minorities are 2.4 percent of the Clinton County general population (Census 2000). Five percent of Clinton County Elderly Services Program clients are minorities.

Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>94</td>
</tr>
<tr>
<td>Female</td>
<td>269</td>
</tr>
<tr>
<td>Total</td>
<td>363</td>
</tr>
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</table>

Level of Disability

<table>
<thead>
<tr>
<th>Level of Disability</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Disabilities</td>
<td>8</td>
</tr>
<tr>
<td>Moderate Disabilities</td>
<td>35</td>
</tr>
<tr>
<td>Severe Disabilities*</td>
<td>320</td>
</tr>
<tr>
<td>Total</td>
<td>363</td>
</tr>
</tbody>
</table>

* Severe disability means impairment of two or more activities of daily living, such as bathing and eating.
**Income and Expenses**

Income:
- 84 percent at or below 200% of FPL*
- 16 percent above 200% of FPL

- Average monthly income of clients = $1,299
- Average monthly out-of-pocket medical costs per client = $286
- Eighteen percent of the clients have a co-payment for services

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**Age**

<table>
<thead>
<tr>
<th>Age</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 60 - 69</td>
<td>45</td>
</tr>
<tr>
<td>Age 70 - 79</td>
<td>115</td>
</tr>
<tr>
<td>Age 80 - 89</td>
<td>154</td>
</tr>
<tr>
<td>Age 90+</td>
<td>49</td>
</tr>
<tr>
<td>Total</td>
<td>363</td>
</tr>
</tbody>
</table>

The average age of the Clinton County ESP client in 2006 was 80 years old.

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**Living Arrangements**

<table>
<thead>
<tr>
<th>Living Arrangement</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Live with spouse</td>
<td>76</td>
</tr>
<tr>
<td>Live with other caregiver</td>
<td>37</td>
</tr>
<tr>
<td>Live alone</td>
<td>250</td>
</tr>
<tr>
<td>Total</td>
<td>363</td>
</tr>
</tbody>
</table>

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*FPL - Federal Poverty Level for 2006: an annual income of $9,800 for one person*
# Clinton County Elderly Services Program
## How Funds Are Used

### Total Clients Served: 363

<table>
<thead>
<tr>
<th>Service</th>
<th>Clients</th>
<th>Service Units</th>
<th>Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Care</td>
<td>28</td>
<td>1,813 hours</td>
<td>$46,542</td>
</tr>
<tr>
<td>Homemaker</td>
<td>161</td>
<td>10,785 hours</td>
<td>$292,392</td>
</tr>
<tr>
<td>Respite</td>
<td>7</td>
<td>451 hours</td>
<td>$11,713</td>
</tr>
<tr>
<td>Adult Day Services</td>
<td>5</td>
<td>501 days</td>
<td>$23,023</td>
</tr>
<tr>
<td>Adult Day Services Transportation</td>
<td>4</td>
<td>879 trips</td>
<td>$1,537</td>
</tr>
<tr>
<td>Medical Transportation</td>
<td>15</td>
<td>136 trips</td>
<td>$5,039</td>
</tr>
<tr>
<td>Electronic Monitoring Systems</td>
<td>211</td>
<td>2,276 rentals</td>
<td>$49,078</td>
</tr>
<tr>
<td>Home Delivered Meals</td>
<td>202</td>
<td>38,822 meals</td>
<td>$255,837</td>
</tr>
<tr>
<td>Home Medical Equipment</td>
<td>15</td>
<td>23 items</td>
<td>$2,930</td>
</tr>
<tr>
<td>Environmental Services</td>
<td>5</td>
<td>25 jobs</td>
<td>$2,060</td>
</tr>
<tr>
<td>Home Repair/Accessibility</td>
<td>10</td>
<td>11 repairs</td>
<td>$8,061</td>
</tr>
<tr>
<td>Case Management</td>
<td>363</td>
<td></td>
<td>$143,762</td>
</tr>
<tr>
<td>Intake &amp; Assessment</td>
<td></td>
<td></td>
<td>$38,481</td>
</tr>
<tr>
<td>COA&lt;sup&gt;SM&lt;/sup&gt; Administration</td>
<td></td>
<td></td>
<td>$47,501</td>
</tr>
</tbody>
</table>

### Total Expenses

- Federal and State: $(142,958)
- Client Donation: $(7,129)
- Client Co-Payment: $(15,635)

**Total Levy**: $762,234

**Total Administration**: 5.1%
Clinton County
Elderly Services Program Expenses
January 1 - December 31, 2006

- Home Delivered Meals: 27.8%
- Home Medical Equipment: 0.3%
- Home Repair / Accessibility: 0.0%
- Environmental Services: 0.2%
- Case Management: 15.5%
- Intake & Assessment: 4.1%
- Elderly Services (Elderly Services): 2.5%
- Adult Day Services (Adult Day Services (ADS)): 2.5%
- Personal Care: 5.6%
- Medical Transportation: 0.5%
- Electronic Monitoring: 5.3%
- Homemaker: 31.5%
- Respite: 1.3%
Clinton County Elderly Services Program
Where Clients Live

<table>
<thead>
<tr>
<th>Township</th>
<th>Clients Served</th>
<th>Notes</th>
<th>Data Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adams Township</td>
<td>9</td>
<td>Data incomplete</td>
<td></td>
</tr>
<tr>
<td>Chester Township</td>
<td>10</td>
<td>Richland Township</td>
<td>24</td>
</tr>
<tr>
<td>Clark Township</td>
<td>8</td>
<td>Union Township</td>
<td>183</td>
</tr>
<tr>
<td>Green Township</td>
<td>18</td>
<td>Vernon Township</td>
<td>13</td>
</tr>
<tr>
<td>Jefferson Township</td>
<td>9</td>
<td>Washington Township</td>
<td>8</td>
</tr>
<tr>
<td>Liberty Township</td>
<td>2</td>
<td>Wayne Township</td>
<td>8</td>
</tr>
<tr>
<td>Marion Township</td>
<td>59</td>
<td>Wilson Township</td>
<td>0</td>
</tr>
</tbody>
</table>

Total Clients Served: 363
This number declined due to a funding shortfall. As of December 2006, 134 Clinton County older adults were on a waiting list for the Elderly Services Program.

**Clinton County Elderly Services Program Reasons Why Clients Leave**

- **Improved Health:** 10%
- **Transferred to another Program:** 9%
- **Nursing Home:** 28%
- **Moved:** 6%
- **Other:** 16%
- **Deceased:** 31%

**CCESP Clients Served, 2006**

Program Year October 1st - September 30th

This number declined due to a funding shortfall. As of December 2006, 134 Clinton County older adults were on a waiting list for the Elderly Services Program.
Clinton County Elderly Services Program
Service Providers

Acare Home Health
Advanced Medical Equipment
Algo Termite & Pest Control
All Gone Termite & Pest Control
American Ramp Systems
Bathblest Renovations
Bernens Medical
Black Stone healthcare
Charter Home Services
Clinton County Adult Day Center, Inc.
Clinton County Community Action Program
Deaconess Lifeline
Edenview
Emerson Heating & Cooling Company
First Choice Medical Staffing of Ohio
Guardian Medical Monitoring, Inc.
Handy Household Helpers
Helping Hands Healthcare
Home Care Network, Inc.
Home First Non-Medical
Homeowner Solutions
International Quality Health Care Corp.
Meda-Care Transportation, Inc.
Medic One, Inc.
Medicall, Inc.
Mercy Lifeline
Mercy Lifeline Cincinnati
Milts Termite & Pest Control
Mullaney's Pharmacy & Home Health Care
Nerswick Home Services LLC
Personal Touch Home Care of Ohio, Inc.
Response Ability Systems
Responselink of Cincinnati
Rural Metro Helpline
Safeway Safety Step, Inc.
Senior Independence
Senior Independence Adult Day Services
SP Contracting
Spotless Maintenance Systems
Thermal-Shield Inc.
Tri State Maintenance
Universal Transportation Systems
V & N Services, Inc.
VRI
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Wilmington, OH 45177
937-382-7170

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