### What is ESP?

The Elderly Services Program (ESP) helps older adults remain safe and independent in their own homes. It provides in-home care for eligible seniors who might otherwise be forced to leave their homes and enter a nursing facility. ESP expands care that may already be provided by family and friends.

## Who operates this program?

Council on Aging (COA) manages the program for the Clinton County Board of County Commissioners. COA also provides assessment, intake and care management. A volunteer community board, appointed by the commissioners, advises on program needs and policies.

## Who is eligible?

Services are available to Clinton County residents age 65 and older who need help with certain activities of daily living, such as bathing, cleaning, cooking and transportation. Home-delivered meals are available starting at age 60. Eligibility for each service is determined by an ESP care manager during a home visit.

There is no income qualification for this program. However, depending on your income, you may be required to help pay for the cost of your care through a copayment. More information is available on the back of this brochure, or call (937) 449-0642.

## What kind of help is available through ESP?

Eligibility for each service determined by an ESP care manager during a home visit.

Adult Day Services: Structured programs provide a secure, stimulating environment and respite for caregivers. Transportation may be available.

Care Management: A professional care manager coordinates your services and monitors your care.

Consumer Directed Care: Allows you to hire a friend or family member to provide home care services. Eligibility determined by ESP care manager.

**Electronic Monitoring System:** 24-hour, in-home monitoring system that provides safety and/or medication alerts.

**Environmental Services:** Pest control, major housecleaning and waste removal.

\*Home Modifications and Repairs: Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.

Homemaking: Light cleaning, laundry and shopping.

Meals: Home-delivered meals. Special diets can be accommodated with a doctor's orders.

\*Medical Equipment: Health- or safetyrelated equipment such as a bath bench, cane, walker or other equipment not covered by insurance.

\*Not available as a stand-alone service.

Personal Care: A trained aide helps with bathing, dressing and grooming.

Respite: Rest for family caregivers.

**Transportation:** Transportation to medical appointments.



#### **FastTrack Home**

FastTrack Home is a program funded by Clinton County's senior services levy to provide quick access to in-home care when it is needed most – when you return home from a hospital or care facility.

FastTrack Home speeds up the normal enrollment process for ESP by determining eligibility in the hospital or care facility. This allows temporary in-home services such as homemaking, meals and medical transportation, to be ready for you when you get home.

Services are provided for up to 60 days to support you in your recovery. Before your temporary services end, you'll receive a full ESP eligibility assessment to determine if your services should continue.

# **Funding and Cost**

The Elderly Services Program is made possible thanks to the generous support of Clinton County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and client co-payments.

To serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through a co-payment. Co-payments are set on a sliding scale depending on income and medical expenses.

Home-delivered meals are free, but donations are welcome to help provide meals to more seniors in Clinton County.



"This house – it's nothing beautiful, but I've lived here since I was 26 and I'm 88 now. I'm OK here. I like it. I've got all kinds of help — Meals on Wheels, housekeeping — and real good neighbors."

**Gladys, Clinton County ESP client** 

## How do I apply?

**Call (937) 449-0642** to speak with a care professional who can answer your questions, explain services and assess your needs.

If ESP is right for you, a care manager will schedule an in-home visit to verify your eligibility. You will receive a list of information to have ready before the in-home visit.

If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.



Clinton County Commissioners 46 S. South Street, Suite 213 2nd Floor Courthouse Wilmington, Ohio 45177 (937) 382-2103



#### Wilmington Office

2333 Rombach Avenue Wilmington, Ohio 45177 (located inside the Smith-Feike-Minton Insurance building) (937) 449-0642



#### Main Office

175 Tri County Parkway Cincinnati, Ohio 45246 (513) 721-1025 (800) 252-0155 www.help4seniors.org

The Elderly Services Program does not discriminate on the basis of race, color, creed, age, sex, national or ethnic origin, or disability.

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# Clinton County's



Helping older adults maintain independence in their homes.

(937) 449-0642 (800) 252-0155