



## Elderly Services Program

FACT SHEET



### Helping older adults maintain independence in their homes.

Nursing homes have their place, but most people prefer to remain in their own homes, even if they need help to do so. The Elderly Services Program (ESP) helps make that possible by providing a variety of in-home care services which are designed to preserve independence.

More than 12,000 people in southwestern Ohio receive long-term care in their homes through the Elderly Services Program. This is a win-win for seniors and taxpayers.

On average, services through ESP cost taxpayers about \$320 per month, per person. This is a fraction of the cost for Medicaid nursing home care, which is more than \$4,000 per month.

ESP is supported by county tax levies and managed by Council on Aging via contracts with county commissioners.

The Elderly Services Program (ESP) helps older adults remain independent in their homes. It supplements care that may be provided by family and friends. ESP can delay or prevent nursing home placement.

ESP provides services such as Meals on Wheels, personal care, homemaking and transportation to eligible older adults. See back for more information.

You also get a care manager who will answer your questions, make sure you have the right services and coordinate care you may be receiving from family and friends.

#### To qualify for ESP, individuals must:

- be a resident of Butler, Clinton, Hamilton or Warren counties (Clermont County has a separate program, call 513-724-1255 for information)
- be age 60 or older (Hamilton and Warren counties)
- be age 65 or older (Butler and Clinton counties)
- be in need of help with everyday activities such as bathing, driving and preparing meals
- be able to be cared for safely in a home - not institutional - setting
- not be eligible for services through another program or payer such as Medicaid (PASSPORT, Assisted Living Waiver), Medicare, MyCare Ohio, insurance or hospice
- agree to home visits from a care manager
- agree to help pay for services, depending on your circumstances

Council on Aging of Southwestern Ohio  
Independence. Resources. Quality of Life.

513-721-1025 or 800-252-0155  
[www.help4seniors.org](http://www.help4seniors.org)

# Elderly Services Program

## FACT SHEET (Cont.)

"This house – it's nothing beautiful, but I've lived here since I was 26 and I'm 88 now. I'm OK here. I like it. I've got all kinds of help – Meals on Wheels, housekeeping – and real good neighbors." Gladys, ESP client



**Eligibility is not based on income.** However, depending on your income and assets, you may be required to help pay for the cost of your care through a co-payment. You will be asked to show documents verifying your income, assets, household and medical expenses.

### Services provided by ESP<sup>1</sup>:

Services are available to eligible older adults who need help with certain activities of daily living, including bathing, cleaning, cooking and transportation. **Eligibility for each service is determined by an ESP care manager.**

- Personal care (bathing and grooming)
- Home-delivered meals<sup>2</sup>, special diets can be accommodated with a doctor's orders
- Homemaker service
- Minor home modifications for safety<sup>3</sup>
- Adult day services
- Transportation
- Respite for caregivers
- Companion service
- Home medical equipment and supplies<sup>3</sup>
- Electronic monitoring system
- Independent living assistance
- Consumer-directed care<sup>4</sup>
- Pest control, major housecleaning
- Care management

<sup>1</sup>Individuals must qualify for services. Services vary by county. Additional services may be available.

<sup>2</sup>Eligibility for home-delivered meals begins at age 60. There is no co-payment for meals.

<sup>3</sup>Not available as a stand alone service.

<sup>4</sup>Client can hire a friend or family member to provide and receive payment for home care services. Eligibility determined by ESP care manager.

### Signing up for ESP:

After answering some questions on the telephone, you will be assigned an ESP care manager who will schedule an in-home visit to determine your eligibility for the program and specific services.

Before the care manager's visit, you will receive a letter that lists the papers and information you will need to provide at the meeting.

If you qualify for ESP, your care manager will work with you and your family to arrange for services that best meet your individual needs.

### Call to get started:

#### Butler County:

(513) 868-9281

(800) 215-5305 (Middletown)

#### Clinton/Hamilton County:

(513) 721-1025

(800) 252-0155

#### Warren County:

(513) 695-2271

## Preserving Independence, Enhancing Quality of Life

Council on Aging is designated by the state of Ohio to serve older adults and people with disabilities within a multi-county region. We are experts at helping people with complex medical and long-term care needs, offering a variety of services via publicly-funded programs. **Our mission:** *Enhance people's lives by assisting them to remain independent at home through a range of quality services.*

