

(A) Purpose

To support healthy lifestyles and promote healthy behaviors through participation in approved evidence-based programs.

(B) Unit of Service

A unit of service is one “completer” as defined by the program.

Only approved evidence-based programs are accepted. The Provider is contracted for the specific program(s) and may only bill for the specified program the Provider was awarded.

The provider is responsible for maintaining program fidelity and abiding by any licensure requirements for any program it administers.

(C) Approved Programs (This list is not an exhaustive list. Other programs may be approved by COA)

- (1) Healthy U Chronic Disease Self-Management Program (CDSMP),
- (2) Healthy U Diabetes Self-Management Program (DSMP),
- (3) A Matter of Balance,
- (4) Diabetes Empowerment Education Program (DEEP),
- (5) Tai Chi: Moving for Better Balance

(D) Documentation Requirements

For each unit of service billed documentation must include:

- (1) The attendance for each session
- (2) The name of program/activity
- (3) The name of group facilitator/leader
- (4) Paperwork, surveys etc. as required by the program.

(E) Reporting

Billing as required in the specified electronic billing system as outlined in the COA NAPIS Manual.

(F) Consumer Cost Sharing

This service is excluded from cost sharing, but Providers may solicit and accept voluntary contributions for this activity.