# What is ESP?

The Elderly Services Program (ESP) provides in-home care that helps eligible older adults remain safe and independent in their homes for as long as possible. It can delay or prevent nursing home placement. ESP expands care that may already be provided by family and friends.

## Who operates this program?

Council on Aging (COA) manages the program for the Butler County Board of County Commissioners. A volunteer community board is appointed by the commissioners to advise on program needs and policies. LifeSpan, Inc. provides assessment, intake and care management.

# Who is eligible?

Services are available to Butler County residents age 60 and older who need help with certain activities of daily living (transportation, bathing, cleaning, cooking, etc.). Eligibility for each service is determined by an ESP care manager during a home visit.

There is no income qualification for this program. However, depending on your income, you may be required to help pay for the cost of your care through a co-payment. ESP does not pay for care an individual may be eligible for through another payor source. More information is available on the back of this brochure.

# What kind of help is available through ESP?

Eligibility for each service is determined by a care manager during a home visit.

**Adult Day Services:** Structured programs provide a secure, stimulating environment for older adults as well as respite for caregivers. Transportation may be available.

**Care Management:** A professional care manager coordinates your services and monitors your care.

**Consumer Directed Care:** Allows you to hire eligible friends, family or acquaintances to provide home care assistance services based on your approved care plan.

**Electronic Monitoring System:** 24-hour, inhome monitoring systems that provide safety and/or medication alerts.

**Environmental Services:** Pest control, major housecleaning and waste removal.

Home Care Assistance: Help with housekeeping, food preparation, personal care, respite for primary caregiver, and other activities.

Home Modifications and Repairs: Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.

**Independent Living Assistance:** Help with benefit applications and organizing personal and household records and paying bills.

**Meals:** Home-delivered meals. Special diets can be accommodated with a doctor's order.

**Medical Equipment:** Health- or safety-related equipment such as a bath bench, cane, walker or other equipment not covered by your health insurance plan.

Mental Health Services: Feelings of depression and anxiety make it harder to remain independent. A counselor can meet with you in your home to help you regain a more positive outlook and sense of well being.

**Transportation:** To routine medical and other appointments.



"Mona has always been a can-do kind of gal. We knew she would want to be home. That would be her number one goal. That's what everyone wants and it's much more cost-effective than a facility."

Terri, caregiver for Butler County ESP client, Mona

# Funding and cost

The Elderly Services Program is made possible thanks to the generous support of Butler County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and client co-payments.

To help the program serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through a co-payment. Co-payments are set on a sliding scale depending on income and medical expenses. ESP does not provide services that are covered by another payor source, such as insurance or veteran's benefits.

Home-delivered meals are always free, but donations are welcomed to help provide meals to more older adults in our area.



"I am just so grateful to be able to sleep in my own bed, sit in my own chair, and use my own shower at my own pace and in my own time."

Vereline, Butler County ESP client

# How do I apply?

Call (513) 868-9281 for more information and to complete an initial assessment on the phone. If ESP is right for you, a care manager will schedule an in-home visit to confirm eligibility.

If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.

Referrals are accepted by phone or online at <a href="https://www.lifespanohio.org/esp">www.lifespanohio.org/esp</a>.



### **Butler County Commissioners**

315 High Street Hamilton, Ohio 45011 (513) 887-3247 www.butlercountyohio.org/ elderlyservices



### **Council on Aging**

4601 Malsbary Road Blue Ash, Ohio 45242 (513) 721-1025, (800) 252-0155 www.help4seniors.org



### LifeSpan Community First Solutions

1900 Fairgrove Avenue Hamilton, Ohio 45011 (513) 868-9281, (800) 215-5305 www.lifespanohio.org

Butler County ESP services are funded by a special tax levy. ESP does not supplant care provided by families but rather secures the necessary additional care the family is unable to provide. ESP expects families to take responsibility to care for family members to the fullest extent possible. ESP does not discriminate on the basis of age, gender, race, color, religion (creed), sexual orientation, gender expression or identity, national or ethnic origin (ancestry), marital status, or disability.



# Butler County Elderly Services Program

Helping older adults maintain independence in their homes

