

# What is ESP?

The Elderly Services Program (ESP) helps older adults remain safe and independent in their own homes. It provides in-home care for eligible individuals who might otherwise be forced to leave their homes and enter a nursing facility. ESP expands care that may already be provided by family and friends.

## Who operates this program?

Council on Aging (COA) manages the program for the Clinton County Board of County Commissioners. COA also provides assessment, intake and care management. A volunteer community board, appointed by the commissioners, advises on program needs and policies.

## Who is eligible?

Services are available to Clinton County residents age 65 and older who need help with certain activities of daily living, such as bathing, cleaning, cooking and transportation. Home-delivered meals are available starting at age 60. Eligibility for each service is determined by an ESP care manager during a home visit.

There is no income qualification for this program. However, depending on your income, you may be required to help pay for the cost of your care through a co-payment. More information is available on the back of this brochure, or call (937) 584-7200.

# What kind of help is available through ESP?

**Eligibility for each service is determined by an ESP care manager during a home visit.**

**Adult Day Services:** Structured programs provide a secure, stimulating environment and respite for caregivers. Transportation may be available.

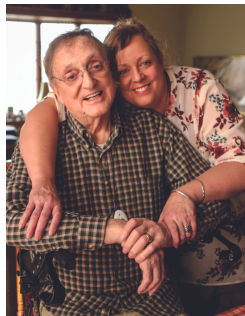
**Care Management:** A professional care manager coordinates your services and monitors your care.

**Consumer Directed Care:** Allows you to hire a friend or family member to provide home care services. Eligibility determined by ESP care manager.

**Electronic Monitoring System:** 24-hour, in-home monitoring system that provides safety and/or medication alerts.

**Environmental Services:** Pest control, major housecleaning and waste removal.

**Home Modifications and Repairs:** Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.



**Homemaking:** Light cleaning, laundry and shopping.

**Meals:** Home-delivered meals. Special diets can be accommodated with a doctor's orders.

**Medical Equipment:** Health- or safety-related equipment such as a bath bench, cane, walker or other equipment not covered by insurance.

**Personal Care:** A trained aide helps with bathing, dressing and grooming.

**Respite:** Rest for family caregivers.

**Transportation:** Transportation to medical appointments.

## FastTrack Home

FastTrack Home is a program funded by Clinton County's senior services levy to provide quick access to in-home care when it is needed most – when you return home from a hospital or care facility.

FastTrack Home speeds up the normal enrollment process for ESP by determining eligibility in the hospital or care facility. This allows temporary in-home services such as homemaking, meals and medical transportation, to be ready for you when you get home.

Services are provided at no cost on a short-term basis to support a safe recovery. Before your temporary services end, you'll receive a full ESP eligibility assessment to determine if your services should continue.

## Funding and cost

The Elderly Services Program is made possible thanks to the generous support of Clinton County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and client co-payments.

To serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through a co-payment. Co-payments are set on a sliding scale depending on income and medical expenses.

There is no co-payment for FastTrack Home services or home-delivered meals, but donations are welcomed to help provide services to more older adults.



*"This house - it's nothing beautiful, but I've lived here since I was 26 and I'm 88 now. I'm OK here. I like it. I've got all kinds of help - Meals on Wheels, housekeeping - and real good neighbors."*

**Gladys, Clinton County ESP client**

Clinton County ESP services are funded by a special tax levy. ESP does not supplant care provided by families but rather secures the necessary additional care the family is unable to provide. ESP expects families to take responsibility to care for family members to the fullest extent possible. ESP does not discriminate on the basis of age, gender, race, color, religion (creed), sexual orientation, gender expression or identity, national or ethnic origin (ancestry), marital status, or disability.

## How do I apply?

Call **(937) 584-7200** to speak with a care professional who can answer your questions, explain services and assess your needs.

If ESP is right for you, a care manager will schedule an in-home visit to verify your eligibility. You will receive a list of information to have ready before the in-home visit.

If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.



**Clinton County Commissioners**  
46 S. South Street, Suite 213  
2nd Floor Courthouse  
Wilmington, Ohio 45177  
(937) 382-2103



**Wilmington Office**  
2333 Rombach Avenue  
Wilmington, Ohio 45177  
(located inside the Smith-Feike-Minton Insurance building)  
(937) 584-7200



**Main Office**  
4601 Malsbary Road  
Blue Ash, Ohio 45242  
(513) 721-1025, (800) 252-0155  
[www.help4seniors.org](http://www.help4seniors.org)



## Clinton County Elderly Services Program

Helping older adults maintain  
independence in their homes

**ESP** (937) 584-7200  
(800) 252-0155