## CLINTON COUNTY ELDERLY SERVICES PROGRAM

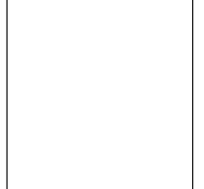


Assisting Clinton County Older Adults Maintain Their Independence

**ANNUAL REPORT 2005** 

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#### A message from the chairman, Clinton County Elderly Services Program Advisory Council

#### Our services are in demand

On behalf of the Clinton County Elderly Services Program, it is my pleasure to present the 2005 Annual Report.

We served 477 older adults in 2005, a decrease from 2004. That's not because people don't need us. Unfortunately, it's because we have a shortage of funds and have had to create a waiting list. As of July, 2006, 120 Clinton County residents were waiting for the services they need to help them remain in their homes – services such as home-delivered meals, housekeeping help and transportation to medical appointments.

Our tax levy expires in 2008, but we hope Clinton County Commissioners will see fit to place a new levy on the ballot in November, 2007. Our current levy raises a little more than \$1 million annually and it is not keeping pace with demand. We had to make the hard decision to create a waiting list in order to avoid a deficit.

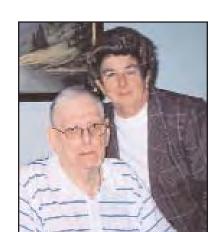
We work hard to keep our costs down. For example, the cost per home delivered meal is only \$6.59, including preparation, delivery and administration.

But Clinton County is no different than anywhere else – our population is aging, and older adults want to stay in their own homes for as long as they can.

Our program helps people age with dignity and choice about where they will live. Without the Elderly Services Program, many older adults would be forced to go into a nursing home just to access Medicaid to pay for their care. Institutional care is more than ten times as expensive as care in the home, so the Elderly Services Program is both the compassionate and the cost-effective choice.

I am honored to be a part of this important work. We pledge to continue to provide high-quality care, to be good stewards of the public's money, to strive for improvement, and to advocate for the older adults of Clinton County.

John Hosler, Chairman Clinton County Elderly Services Program Advisory Council







#### Changing Profile of the ESP Client

Our clients are living longer, are more likely to be disabled, and have a greater need for services. As health care costs continue to rise, the Elderly Services Program must be prepared to meet the growing needs of older adults.

- Average out-of-pocket medical costs per Clinton County ESP client for 2005 were \$286/month; the average monthly income per client was \$1,284.
- Over half of the clients are 80 years or older. The average age of the ESP client in 2005 was 79.
- Eighty-one percent of clients are at or below 200 percent of the federal poverty level.
- Eighty-six percent of clients have a severe disability, a one percent increase over last year.
- Twenty percent of clients are able to help pay for their care.
- Sixty-six percent of clients live alone, an increase of two percent from the previous year.
- Forty-six percent of clients receive personal care and/or homemaking services, while 60 percent receive home delivered meals and 57 percent receive electronic monitoring.

#### ESP is the compassionate and cost-effective choice

The Clinton County Elderly Services Program helps older adults remain independent within the familiar surroundings of their own homes for as long as possible.

Nursing homes are often necessary, but most people do not

want to go there before their time. With the help of services such as home delivered meals and housekeeping, many older adults can delay or prevent nursing home placement.

Of all the options for long-term care, services in the home are also the least expensive. It costs about \$277 a month per client in Clinton County's Elderly Services Program, compared with \$4,800 a month for nursing home care.

Clinton County's Elderly Services Program is supported by a local tax levy, funds from Title III of the Older Americans Act, and co-payments from clients who are able to contribute to the cost of their care. Donations are also accepted for the home-delivered meals program.

Cost is \$277 a month
per client in
Clinton County's Elderly
Services Program

Cost is \$4,800 a month for nursing home care

The program is administered by Council on Aging of Southwestern Ohio (COA<sup>SM</sup>) in cooperation with the Clinton County Commissioners and Clinton County Citizens for Elderly Services, Inc.

Other agencies provide a variety of services, such as home repair and electronic monitoring devices, that help the older residents of

Clinton County remain as independent as possible for as long as possible.

#### Clinton County Citizens for Elderly Services, Inc. (CCCES)

**President**, John Hosler **Vice President**, Marsha Snyder

Tim Hawk Dean Knapp Rev. Donald Mertz Donna Vandervort Carol Weber Eli Yovich

#### Clinton County Commissioners

Randy Riley
Darleen M. Myers
Mike Curry

Administrator, Mark Brooker

#### ESP helps mom and daughter stay close



Georgia Click loved being in a nursing home – not to live, but to work. She was an assistant to her daughter, Tammy Click, who was the charge nurse at a facility in Springboro.

"I loved it," said Mrs. Click, 77, as her eyes filled with sadness. "I'd go back in a minuteif I could."

But, while working in a room one day, Mrs. Click caught her foot on the edge of a bedspread, fell and broke her hip. She had hip replacement surgery, but is far less mobile than she used to be and has trouble bending.

She now spends her days in a trim, white house with a pretty front porch near Wilmington College. Mrs. Click bought the house after living with her daughter for a while after she was widowed. Within a few months, however, she was in over her head financially. So Tammy, 37, sold her own place in Blanchester and moved in with her mother.

Because Tammy works as a nurse in Dayton, she leaves the house at 4:30 a.m. With the help of the Clinton County Elderly Services Program, she knows her mother will be well cared for in her absence. Home health aide Michelle Hamilton helps with bathing, grooming and housework.

"When mom was in the hospital recovering after her fall, they were determined that she should go to a nursing home," Tammy said. "She was confused because it was a strange environment. But I knew that once we got her home, she'd come back to herself, and she did."

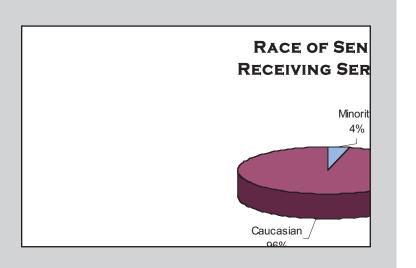
#### **CLINTON COUNTY ESP CLIENT PROFILE**

#### **Racial Profile**

Caucasian 457 Minority 20

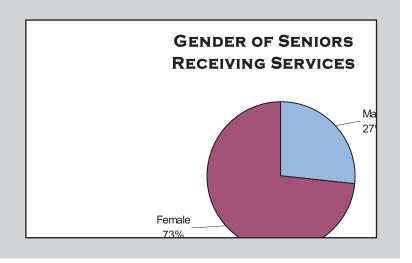
Total 477

Minorities are 2.4% of the Clinton County general population (Census 2000). Four percent of Clinton County Elderly Services Program clients are minorities.



#### **Gender**

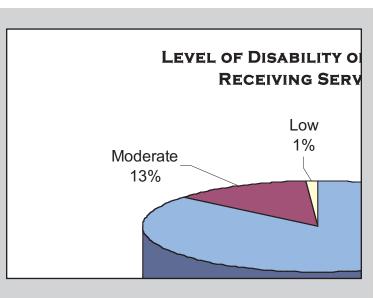
Male 127
Female 350
Total 477



#### Level of Disability

Low Disabilities5Moderate Disabilities62Severe Disabilities\*410Total477

\* Severe disability means impairment of two or more activities of daily living, such as bathing and eating.



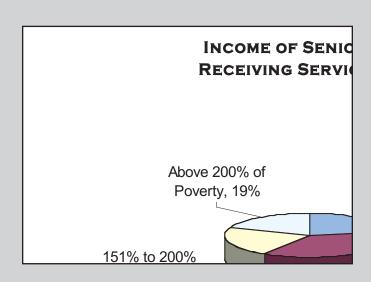
#### **CLINTON COUNTY ESP CLIENT PROFILE**

#### **Income and Expenses**

#### Income:

81% at or below 200% of FPL\* 19% above 200% of FPL

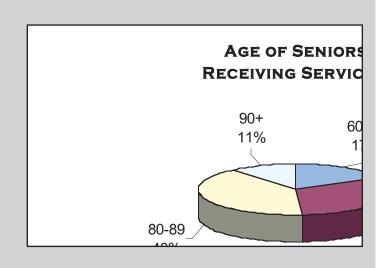
- Average monthly income of clients = \$1,284
- Average monthly out-of-pocket medical costs per client = \$286
- Twenty percent of the clients have a co-payment



#### <u>Age</u>

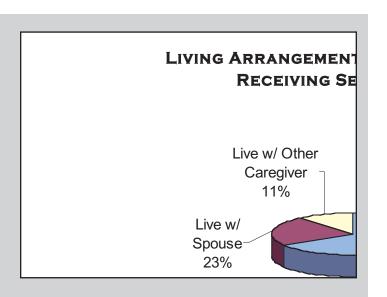
Age 60 - 69	80
Age 70 - 79	152
Age 80 - 89	190
Age 90+	55
Total	477

The average age of the Clinton County ESP client in 2005 was 79 years old.



#### **Living Arrangements**

Live with Spouse	110
Live with Other Caregiver	52
Live Alone	315
Total	477



\*FPL - Federal Poverty Level for 2005: an annual income of \$9,570 for one person

## CLINTON COUNTY ELDERLY SERVICES PROGRAM HOW FUNDS ARE USED

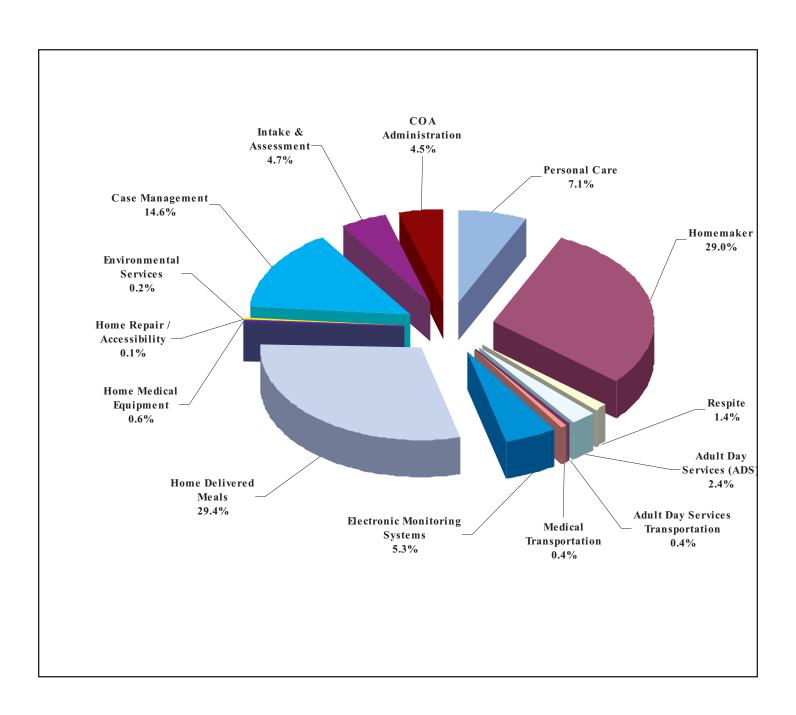
**Total Clients Served: 477** 

	Clients	Service Units	Expenses
Personal Care	47	3,128	\$80,359
Homemaker	196	12,204	330,165
Respite	7	618	16,196
Adult Day Services	6	600	27,577
Adult Day Services Transportation	4	2,681	4,692
Medical Transportation	14	129	4,240
Electronic Monitoring Systems	270	2,767	60,712
Home Delivered Meals	287	51,091	333,889
Home Medical Equipment	33	57	7,139
Environmental Services	5	24	1,848
Home Repair/Accessibility	4	4	685
Case Management	477		165,536
Intake & Assessment			53,595
COA <sup>SM</sup> Administration			50,713
Total Expenses			1,137,346
Federal and State			(163,049)
Consumer Donation			(12,513)
Consumer Co-Payment			(21,142)
		To	stal Levy \$ 940,642

Total Administration

4.5%

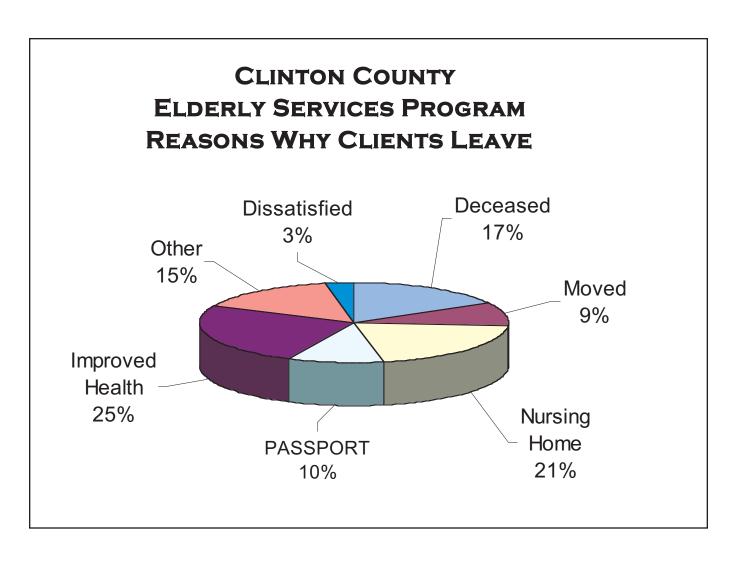
# CLINTON COUNTY ELDERLY SERVICES PROGRAM EXPENSES BY PERCENTAGES JANUARY 1 - DECEMBER 31, 2005

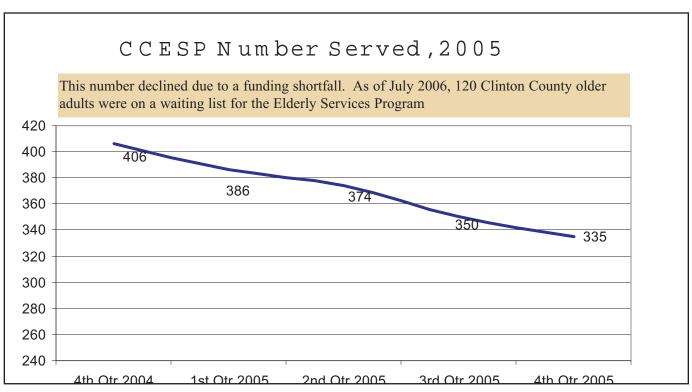


## CLINTON COUNTY ELDERLY SERVICES PROGRAM WHERE CLIENTS LIVE

Adams Township	11	Other	6
Chester Township	12	Richland Township	42
Clark Township	15	Union Township	226
Green Township	23	Vernon Township	16
Jefferson Township	12	Washington Township	13
Liberty Township	3	Wayne Township	9
Marion Township	89		

**Total Clients Served: 477** 





### CLINTON COUNTY ELDERLY SERVICES PROGRAM SERVICE PROVIDERS

Acare Home Health

Advanced Medical Equipment

Algo Termite & Pest Control

All Gone Termite & Pest Control

Bathblest Renovations

Bernens Medical

Black Stone healthcare

Charter Home Services

Clinton County Adult Day Center, Inc.

Clinton County Community Action Program

Deaconess Lifeline/Elderlife

Edenview

Emerson Heating & Cooling Company

First Choice Medical Staffing

Guardian Medical Monitoring, Inc.

Handy Household Helpers

Helping Hands Healtcare

Home Care Network, Inc.

Home First Non-Medical

Homeowner Solutions

International Quality Health Care Corp.

Medi-care Transportation, Inc.

Medic One, Inc.

Medicall, Inc.

Mercy Lifeline

Mercy Lifeline Cincinnati

Milts Termite & Pest Control

Mullaney's Pharmacy & Home Health Care

Nerswick Home Services LLC

Personal Touch Home Care of Ohio, Inc.

Response Ability Systems

Responselink of Cincinnati

Rural Metro Ambulance

Safeway Safety Step, Inc.

Senior Independence

Senior Independence Adult Day Services

SP Contracting

Spotless Maintenance Systems, Inc.

Thermal-Shield Inc.

Tri State Maintenance

Universal Transportation Systems (U.T.S.)

V & N Services, Inc.

VRI