





Warren County Elderly Services Program 2006 Report to the Community



Council on Aging of Southwestern Ohio

Assistance. Advocacy. Answers on Aging

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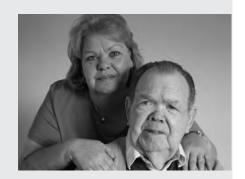
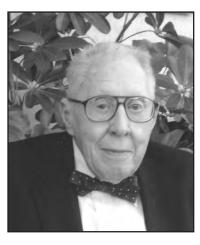


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Passage of the levy allowed Warren program to expand

On behalf of Warren County Elderly Services Program Advisory Council, it is my pleasure to present the Annual Report for 2006. During this year we served 1,855 clients with in-home services.

The passage of the levy in November gives Warren County older adults access to services through the Elderly Services Program if their need for help arises. "This program helps our elderly citizens stay within the familiar surroundings of their own homes for as long as possible," said Dave Gully. "The commissioners support that. In-home

care is compassionate and cost-effective."

The levy will raise an average \$6 million annually, which is \$1.2 million more than the previous levy. The levy increase will enable the program to meet the needs of this growing community.

Of all the options for long-term care, services in the home are the least expensive. It costs about \$347 a month per client in Warren County's Elderly Services Program, compared with \$4,800 a month in a nursing home.

Since the passage of the levy in November, our staff worked hard to enroll the nearly 300 people who were on a waiting list for services.

The typical ESP client is a woman in her 80's who lives alone on a modest income. She no longer drives, is not able to clean her home or prepare her meals. Without the Elderly Services Program however, she may have no choice but to go to a nursing home. Fortunately, with services such as homemaking, home delivered meals and an emergency response system, she is able to remain where she chooses to live, in her home.

We take this opportunity to thank Warren County voters for supporting the Elderly Services Program and allowing for its growth. The voting results verify the program's importance for elderly citizens.

As we prepare to serve the growing older population with services that will keep them independent and a viable part of the community, we pledge to maintain our high quality care and continue to advocate for the needs of Warren County older adults.

Bernie Eicholz, Chairman Warren County Elderly Services Advisory Council

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Changing Profile of the ESP Client

The client profile gives us a picture of an aging population living longer, with increased disabilities and a greater need for services. As health care costs escalate, the Elderly Services Program must prepare to meet the growing needs of older adults.

- Average out-of-pocket medical costs per Warren County ESP client for 2006 were \$298/month. The average monthly income per client was \$1,618.
- 48 percent of clients were 80 years of age or older. The average age of the ESP client in 2006 was 78.
- 79 percent of clients had a severe disability, a six percent increase over last year.
- 70 percent of clients were at or below 200 percent of the federal poverty level.
- 53 percent of clients lived alone.
- 25 percent of clients contributed to the cost of their care.
- 46 percent of clients received personal care and/or homemaking, while 66 percent received home delivered meals and 43 percent received electronic monitoring.

ESP is the compassionate and cost-effecive choice

The Warren County Elderly Services Program helps older adults remain within the familiar surroundings of their own homes for as long as possible.

Nursing homes are often necessary, but most people do not want to go there before their time. With the

help of services such as home delivered meals and homemaking, many older adults can delay or prevent nursing home placement.

Of all the options for long-term care, services in the home are also the least expensive. It costs about \$347 a month per client in Warren County's Elderly Services Program, compared with \$4,800 a month for nursing home care.

Warren County's Elderly Services Program is supported by a local tax levy, funds from Title III of the Older Americans Act, and co-payments from clients who are able to contribute to the cost of their care. Donations are also accepted for the home delivered meals program.

Cost is \$347 a month per client in Warren County's Elderly Services Program

> Cost is \$4,800 a month for nursing home care

The program is administered by Council on Aging of Southwestern Ohio in cooperation with the Warren County Commissioners and Warren County Community Services, Inc.

Other agencies provide a variety of services, such as home repair and electronic monitoring devices, that help the older residents of Warren

County remain as independent as possible for as long as possible.

Warren County Elderly Services Program Advisory Council

Chair, Bernard Eichholz Vice Chair, Nick Nelson Secretary, David R. Gully

> Mark Clark Don Juszczyk Freda Kilburn Ann Munafo

Warren County Commissioners

C. Michael Kilburn
Pat Arnold South
David G. Young
Administrator, David R. Gully

Peggy Peach glad to be home

Peggy Peach is an exceptional lady. She has struggled with severe health problems over the past six years and has endured multiple hospital admissions.

The hospital admissions were followed by nursing home stays. During one of her nursing home stays, her father was a resident in the same facility.

Now Mrs. Peach and her father, who live in separate apartments, are both receiving services from the Warren County Elderly Service Program and happy to be in their own homes.

Before becoming ill, Mrs. Peach had a successful career doing a job she loved: teaching psychology at University of Cincinnati. She was also a private counselor, but receives disability assistance because she is unable to work.



Peggy Peach, 60, of South Lebanon, counts on help from her Elderly Services Program aide, Denise Bowyer, of Interim Healthcare.

Mrs. Peach admits to having some low moments, but she is a very pleasant person and has maintained a wonderful attitude. She is positive that she will recover her strength and be more independent than she is right now.

Unlike many people who aren't excited about getting older, Mrs. Peach was glad to turn 60. It meant that she would be eligible for services from the Warren County Elderly Services Program. She could remain in her home and get help doing personal things she still could not do for herself.

Mrs. Peach is grateful for the services she receives, including help with personal care and housework, home delivered meals and an emergency response system. "ESP has been a total blessing," said Mrs. Peach. "It eases my stress so much."

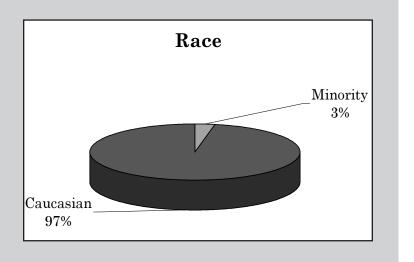
Warren County ESP Client Profile

Racial Profile

Caucasian 1,806 African-American and other minorities 49

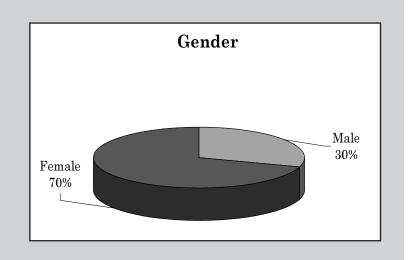
Total 1,855

Minorities are 1.8 percent of the Warren County general population (Census 2000). Three percent of Warren County Elderly Services Program clients are African-Americans or Asians.



<u>Gender</u>

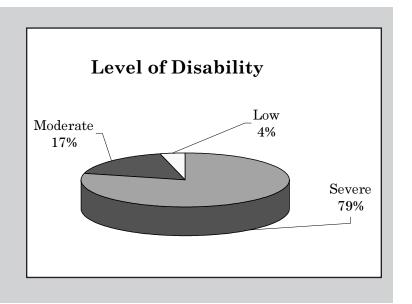
Male	560
Female	1,295
Total	1.855



Level of Disability

Low disabilities	67
Moderate disabilities	315
Severe disabilities*	1,473
Total	1,855

* Severe disability means impairment of two or more activities of daily living, such as bathing and eating.



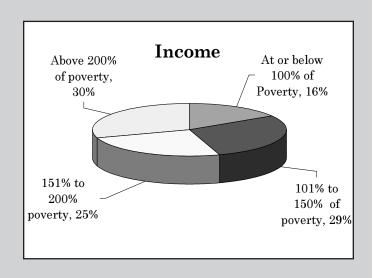
Warren County ESP Client Profile

Income and Expenses

Income:

70 percent at or below 200% of FPL* 30 percent above 200% of FPL

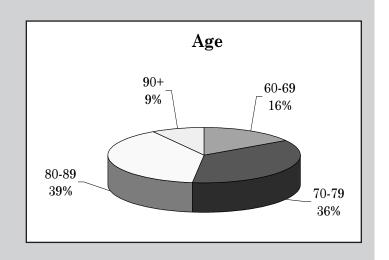
- Average monthly income of clients= \$1,618
- Average monthly out-of-pocket medical costs per client = \$298
- 25 percent of the clients contribute to the cost of their care



Age

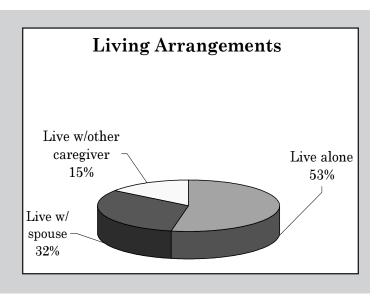
Age 60 - 69	300
Age 70 - 79	677
Age 80 - 89	719
Age 90+	159
Total	1,855

The average age of the Warren County ESP client in 2006 was 78 years old.



Living Arrangements

Live with Spouse	594
Live with Other Caregiver	278
Live Alone	983
Total	1 855



*FPL - Federal Poverty Level for 2006: an annual income of \$9,800 for one person

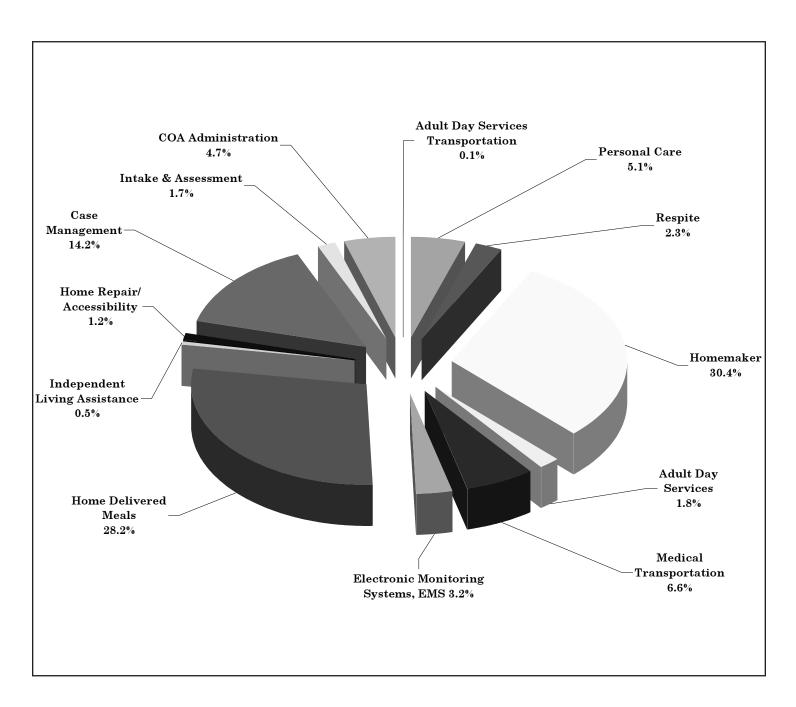
Warren County Elderly Services Program How Funds are Used

Total Clients Served: 1,855

	Clients	Service Units	Expenses
Personal Care	212	9,328 hours	\$236,681
Homemaker	988	57,681 hours	1,412,906
Respite	61	4,352 hours	106,372
Adult Day Services	27	1,772 days	85,429
Adult Day Services Transportation	3	1,000 trips	2,062
Medical Transportation	308	7,227 trips	306,371
Electronic Monitoring Systems	802	6,728 rentals	147,204
Home Delivered Meals	1,273	212,493 meals	1,311,268
Independent Living Assistance	86	927 hours	22,620
Home Repair/Accessibility	100	107 repairs	57,069
Case Management	1,855		662,360
Intake & Assessment			80,240
COA SM Administration			219,063
Total Expenses			\$4,649,645
Federal, State and Other			(265,917)
Consumer Donation			(49,700)
Consumer Co-Payment			(70,593)
		Total Levy	\$ 4,263,435

Total Administration 4.7%

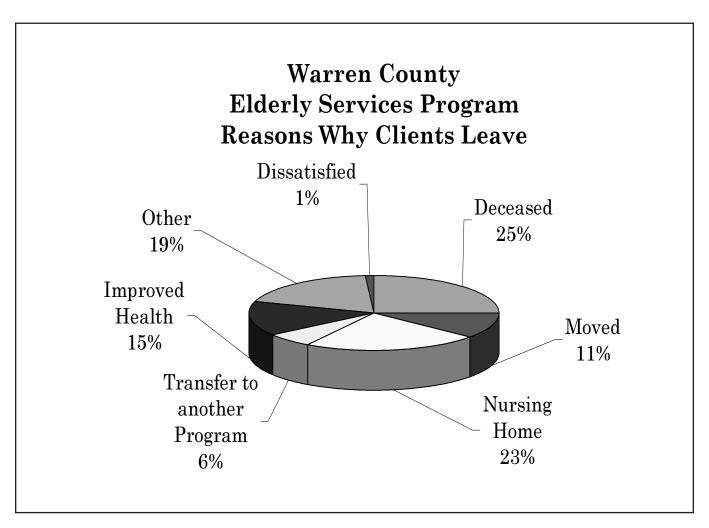
Warren County Elderly Services Program Expenses January 1 - December 31, 2006

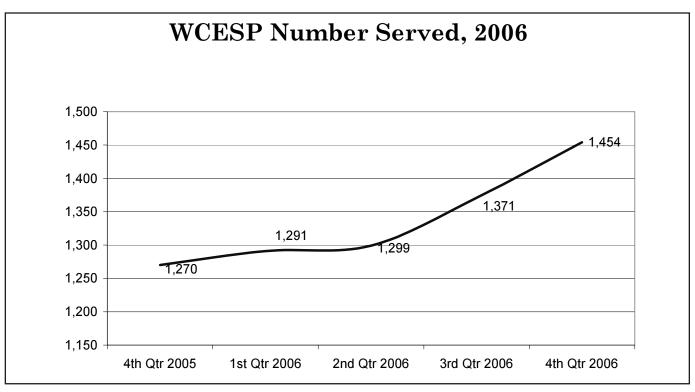


Warren County Elderly Services Program Where Clients Live

Carlisle Village	52	Middletown City (Warren County)	13
Clear Creek Township	41	Morrow Township	39
Deerfield Township	149	Other	18
Franklin Township	428	Salem Township	60
Hamilton Township	63	South Lebanon Village	55
Harlan Township	43	Springboro City (WarrenCounty)	67
Lebanon City	292	Turtle Creek Township	103
Loveland City (Warren County)	12	Union Township	44
Maineville Village	54	Washington Township	5
Mason City	191	Wayne Township	51
Massie Townshin	11	Waynesville Village	54

Total Clients Served: 1,855





Warren County Elderly Services Program Service Providers

Acare Home Health Active Day of Cincinnati

Alan W. Ahrend Almost Family

American Nursing Care Dayton

American Ramp Systems Bathblest Renovations Black Stone healthcare

Caring Hearts Home Health Care

Charter Home Services

Clinton County Adult Day Center, Inc.

Comfort Keepers #123 Comfort Keepers #172 Comfort Keepers #178

Comprehensive Home Health Care Services

Deaconess Lifeline

Edenview

Emerson Heating & Cooling Company

Fidelity Health Care

First Medical Staffing of Ohio Guardian Medical Monitoring, Inc.

Handy Household Helpers Helping Hands Healthcare High Quality Staffing LLC Home Care Network, Inc. Home First Non-Medical

Home Helpers

Homeowner Solutions

House Mates

Interim HealthCare of Cincinnati, Inc.

Interim HomeStyles of Greater Cincinnati, Inc.

 ${\bf International\ Quality\ Health\ Care\ Corp.}$

Jewish Community Center of Cincinnati

Jewish Family Service of the Cincinnati Area

LifeSpan LifeSphere

McKnight Terrace

Meda-Care Transportation, Inc.

Medic One, Inc. Medicall, Inc. Mercy Lifeline

Mercy Lifeline Cincinnati

Middletown Area Senior Citizens, Inc.

Millenium Nursing Agency Nerswick Home Services LLC

Nurses Care, Inc.

Otterbein Lebanon Adult Day Service Personal Touch Home Care of Ohio, Inc.

Response Ability Systems Responselink of Cincinnati Rural Metro Helpline Safeway Safety Step, Inc. Senior Independence

Senior Independence Adult Day Services

Senior Resource Connection

SP Contracting

Spotless Maintenance Systems

Superior Home Care, Inc.

The Visiting Nurse Association of Greater

Cincinnati & Northern KY

Thermal-Shield Inc.
Tri State Maintenance
TriHealth Lifeline

Universal Transportation Systems (U.T.S.)

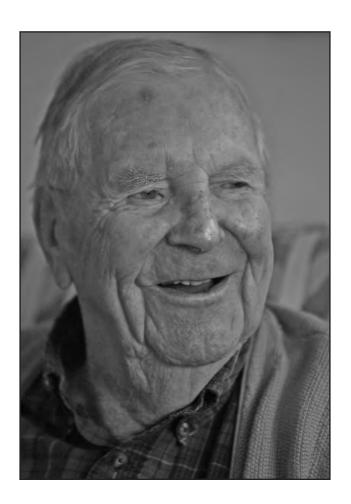
V & N Services, Inc.

VRI

Warren County Community Services, Inc.

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