

ELDERLY SERVICES PROGRAM (ESPSM)

BEHAVIORAL HEALTH

SERVICE SPECIFICATIONS

2009

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(BCESP)**

BEHAVIORAL HEALTH SERVICES

SERVICE SPECIFICATIONS

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BEHAVIORAL HEALTH SERVICES SERVICE SPECIFICATIONS

1.0 OBJECTIVE

Behavioral Health Services provides in-home behavioral health services to clients suffering from depression. This service will utilize two evidence-based models to treat depression: The Program to Encourage Active, Rewarding Lives for Seniors (PEARLS) and Improving Mood-Promoting Access for Collaborative Treatment for late life depression (IMPACT) or a combination of the two therapies. Behavioral Health Services will assess, diagnose, treat and coordinate services, to allow clients to remain independent within the community.

This program represents a collaboration between Council on Aging of Southwestern Ohio ("COA") and the Butler County Mental Health Board ("BCMHB").

To ensure consistency of delivery and supervision of direct service workers, Behavioral Health Services must be furnished by Council on Aging of Southwestern Ohio ("COA") contracted agencies.

Eligibility Criteria

Clients who are eligible for this service must be enrolled in the ESP and be determined to suffer from depression based on the PHQ-9 depression scale.

2.0 UNITS OF SERVICE

- 2.1 A unit of service is equal to one in-home service visit
- 2.2 Provider billing is processed through the Butler County Mental Health Board
- 2.3 All third party billing sources must be accessed before using levy funds

3.0 PROVIDER REQUIREMENTS

- 3.1 Behavioral Health Professional(s) employed by the provider shall act in dual roles of Behavioral Health Counselors and Case Manager to the client to ensure continuity and effective relationship building. The client must be an active participant

and have sufficient cognitive ability to benefit from the prescribed treatment.

- 3.2 The provider must be certified by the Ohio Department of Mental Health to provide Assessment, BH Counseling, BH Group, CPST Individual and Group, Consultation and Pharmacologic management.
- 3.3 The provider will implement PEARLS according to the evidence-based practice documented in the PEARLS toolkit:
<https://catalysttools.washington.edu/webq/survey/hprc/43817>
- 3.4 The provider shall implement IMACT according to the evidence-based practice documented in the IMPACT Manual at:
<http://training.impact-uw.org/>
- 3.5 The provider staff interfaces with hospitals, mental health agencies, county agencies, mental health boards, local physicians, and the general public.
- 3.6 Providers contracted for this service must be trained in PEARLS and IMPACT
- 3.7 Provider staff shall work from 8:00am-5:00pm
- 3.8 Provider shall meet the Ohio Department of Mental Health Guidelines for documentation
- 3.9 The provider shall comply with all applicable laws, codes, regulations, and policies of local, state, and federal governments related to geriatric counseling services including following a confidentiality policy that complies with state and federal law, including, but not limited to, the Health Insurance Portability and Accountability Act of 1996 and related regulations.
- 3.10 The provider shall use an approved electronic data system for outcome tracking

4.0 DUTIES AND RESPONSIBILITIES

- 4.1 Administer appropriate screening and monitoring tools to determine client's appropriateness and ongoing need for BH Service
- 4.2 Consult with ESP care manager, physician and other involved

professionals

- 4.3 Implement PEARLS, IMPACT, or combination treatment for clients identified by ESP care managers as being at-risk for depression based on the PHQ-9 depression screen
- 4.4 Monitor clients' progress (or lack of progress) in treatment
- 4.5 Consult with a psychiatrist on cases not responding to treatment or in cases involving multiple or complex drug therapies

5.0 STAFFING REQUIREMENTS

- 5.1 Counselors should maintain an average case load of at least 20 to 25 clients and no more than 75 clients depending on which treatment plan is used.

6.0 PERSONNEL QUALIFICATIONS

- 6.1 All direct and indirect service providers and services supervisors shall be appropriately licensed certified or registered to provide all indicated mental health services in the PEARLS/IMPACT program
- 6.2 PEARLS/IMPACT counselors must be mental health clinicians experienced with older adult populations and have a record of successfully providing culturally appropriate counseling services
- 6.3 The PEARLS/IMPACT Manger is directly in charge of implementing and managing the PEARLS/IMPACT program. This individual may be a project manager, a planner, a case manager, a supervisor, or other appropriate staff. The specific duties include supervising counselors and managing other activities such as data management.

7.0 QUALITY ASSURANCE

- 7.1 Quality Assurance activities will be conducted by the Butler County Mental Health Board