

(A) Purpose

To provide education, counseling, and support to families and caregivers of clients with Alzheimer’s disease and related dementias. To help clients remain at home longer.

(B) Provider Requirements

- (1) The agency must have a demonstrated expertise in Alzheimer’s disease/other dementias and caregiver education.
- (2) For counseling services, the Provider must be an agency, partnership or group practice utilizing Licensed Professional Counselors (LPC), Licensed Professional Clinical Counselors (LPCC), Licensed Independent Social Workers (LISW), Licensed Social Workers (LSW) or Registered Nurses (RN).

(C) Core Services

- (1) **Core Telephone Helpline:** a toll-free phone number and local information and support service for families, professionals, and the general public. The single statewide phone number will automatically connect the caller to the Alzheimer Association chapter responsible for the area from where the call is made.
 - a. Unit of Service: 1 Contact (billable in 15-minute increments)
Telephone calls lasting less than 8 minutes are not billable. Calls originating from a care recipient or caregiver residing in Butler, Clinton, Clermont, Hamilton, or Warren County are eligible for reimbursement. The unit rate must include administration and documentation costs.
- (2) **Core Support Groups:** ongoing groups of caregivers and others who share information and provide support to one another. The education may be provided through a support group, educational meeting in the community, or 1:1 consultation in the home or office setting.
 - a. Unit of Service: 1 Session per Participant (billable in 15-minute increments). The unit rate must include administration, travel, and documentation costs.
 - b. Documentation requirements:
 - i. Agenda/Discussion items
 - ii. Date of the session
 - iii. Start and end time
 - iv. Facilitator name
 - v. Name of participants

TITLE III – ALZHEIMER’S EDUCATION (Core)

October 1, 2023

- (3) **Core Family Education:** educational programs for caregivers of people with Alzheimer’s disease. The education may be provided through a support group, educational meeting in the community, or 1:1 consultation in the home or office setting.
- a. Unit of Service: 1 Session per Primary Caregiver (billable in 15-minute increments). The unit rate must include administration, travel, and documentation costs.
 - b. Documentation requirements:
 - i. Mode by which the session was conducted (i.e., telephone, mail/e-mail, home-visit, office-visit, walk-in, etc.)
 - ii. Date of the session
 - iii. Name of staff person providing the education
 - iv. Name of current consumer, caregiver, and family of older adult or public inquirer
 - v. Outcome of the session
- (4) **Core Public Education:** educational programs and materials geared toward the general public.
- a. Unit of Service: 1 Session (billable in 15-minute increments). The unit rate must include administration, travel, and documentation costs.
 - b. Documentation requirements:
 - i. Date of the session
 - ii. Name of staff person providing the education
 - iii. Name of participants
 - iv. Outcome of the session
- (5) **Core Safe Return:** a national program that helps people with dementia return home safely if they become lost.
- a. Unit of Service: 1 Enrollment. The unit rate must include administration, travel, and documentation costs.
 - b. Documentation requirements:
 - i. Date of the enrollment
 - ii. Name of consumer, caregiver, and family of older adult Name of staff person providing the education
- (6) **Core Care Consultation:** a program that helps people navigate the difficult decisions and uncertainties that people with Alzheimer’s or other dementia and their families face at every stage of the disease Care Consultation can include the BRI Care Consultation Program, Care Consultation 1 & 2 (used by the Alzheimer’s’ Association).
- a. Unit of Service: 1 Contact. The unit rate must include administration, travel, and documentation costs.

- b. Documentation requirements:
 - i. Agenda/Discussion items
 - ii. Date of the session
 - iii. Start and end time
 - iv. Facilitator name
 - v. Name of participants

(D) Continuing Education

Training requirements are satisfied by the social worker/counselor meeting the licensure requirements of the Ohio Counselor, Social Worker, Marriage & Family Therapist Board or the Ohio Board of Nursing.

(E) Supervisory Requirements

Counselors/Educators employed by an agency must be supervised by an individual with demonstrated expertise in Alzheimer’s/dementia, caregiving strategies and family systems. The supervisor may be a Licensed Social Worker, Licensed Independent Social Worker, Licensed Professional Counselor, Licensed Professional Clinical Counselor, Licensed Psychologist, Psychiatrist, or other Licensed Physician or a Masters-prepared Registered Nurse.

(F) Reporting

WellSky Aging and Disability data is to be collected and reported as an integral part of the providers day-to-day operations. Individual client registration is required in WellSky for the caregiver and care recipient. Providers are responsible for collecting and reporting information, such as client name, date of birth, gender, gender identity, address, in poverty (yes/no), lives alone (yes/no), ethnicity, ethnic race, nationality, service type (to Caregiver), service units, and funding source. Please note for the services listed only the name and birth date is required for the care recipient, instead of full registry: Care Consultation BRI, 1 and 2, Family Education, and Safe Return.

Caregivers receiving caregiver support services, including individual counseling and support groups must be assessed and re-assessed every 6 months. A new assessment must be created for each re-assessment. Such assessment shall be administered through direct contact with the caregiver, which may include contact through a home visit, the Internet, telephone, or teleconference, or in-person interaction.

(G) Consumer Contributions

The provider may solicit and accept voluntary contributions as outlined in the Voluntary Contributions section of [Rule 173-3-07 - Ohio Administrative Code | Ohio Laws](#). This service is exempt from the Cost Sharing section of this rule.