

(A) Purpose

Behavioral Health Services provides in-home counseling services to clients in need of services due to depression, grief and loss, anxiety, and other chronic health conditions impacting the client social and emotional functioning.

Counseling service will utilize different treatment modalities such as evidence-based models to reduce depression such as Healthy IDEAS, PEARLS and/or other treatment modalities as appropriate to meet the individual needs.

(B) Eligibility Criteria

Clients who are eligible for this service must be 60 years and older and have identified need for behavioral health services.

(C) Unit of Service

- 1) A unit of service is one hour (billable in 15 increments) in-home visit and/or virtual visit (as allowed by CSWMFTB board) includes administrative travel and documentation costs. The unit rate shall reflect only direct service to or on behalf of clients.
- 2) All third-party billing sources but be accessed as applicable.

(D) Provider Requirements

Provider requirements include the following:

- 1) Ensure services are completed by a Licensed Social Worker or a Licensed Independent Social Worker.
- 2) Provider will ensure all professionals are in good standing with appropriate licensing board.
- 3) Complete appropriate training as required by evidence-based modalities i.e., PEARLS, and Healthy IDEAS.
- 4) Conduct psychosocial assessment and appropriate screening tools based upon client need such as PHQ9 for depression, geriatric depression scale, or other tools as approved by COA.
- 5) Conduct assessment data and share findings with COA regarding effectiveness of program with clinical outcome data.
- 6) Comply with all applicable laws, codes, regulations, and policies around confidentiality, mandatory reporting, and Health Insurance Portability and Accountability Act.
- 7) Consult with care manager, physician, psychiatrist, and other professionals involved as applicable.

- 8) Monitor clients progress with behavioral health intervention and share outcome data on key metrics such as- reduced depression, anxiety, and other key indicators.

(E) Documentation Requirements

- 1) For each unit of service billed documentation must include:
 - a. Date of Service
 - b. Mode of Service: In-Person or Virtual
 - c. Start of Service
 - d. End of Service
 - e. Progress Note
 - f. Client Signature if in-person, confirmation of invite for virtual services
 - g. LSW or LISW signature
- 2) Assessments:
 - a. Initial Assessment
 - b. Follow-up Assessments

(F) Reporting

WellSky Aging and Disability data is to be collected and reported as an integral part of the providers day-to-day operations. Individual client registration and collection of demographic data is not required in WellSky. Providers are responsible for ensuring compliance with Section (E) above to demonstrate support of services delivered.

For PEARLS and Healthy IDEAS evidence-based programs data will be collected from the provider by COA and entered into Ohio Department of Aging's Health and Wellness Reporting System (Workshop Wizard).

(G) Consumer Contributions

The provider may solicit and accept voluntary contributions as outlined in the Voluntary Contributions section of [Rule 173-3-07 - Ohio Administrative Code | Ohio Laws](#). This service is exempt from the Cost Sharing section of this rule.

(H) American Rescue Plan Act (ARPA) Funding

ARPA is one-time limited funding that expires September 30, 2024 and can be used to support activities that address loneliness and isolation. ARPA funding allows providers to pilot activities and measure outcomes which will impact future program decisions should traditional Title III funds be prioritized to address this need on an ongoing basis. COA may request pilot data.