### What is ESP?

ESP provides care that helps eligible older adults remain safe and independent in their homes, delaying or preventing nursing home placement. ESP expands care that may already be provided by friends, family and other caregivers.

#### Who operates this program?

Council on Aging (COA) manages the program for the Butler County Board of Commissioners. A volunteer community board, appointed by the commissioners, advises on program needs and policies. LifeSpan Community First Solutions provides intake, eligibility assessments and care management.

#### Who is eligible?

Services are available to county residents age 60 and older who need help with certain activities of daily living (transportation, bathing, cleaning, cooking, etc.). An ESP care manager determines eligibility for each service during a home visit.

There is no income qualification for ESP, however, some clients may be required to help pay for the cost of their care. More information is available on the back of this brochure.



ESP does not provide services covered by another payor source, such as insurance or veterans' benefits.

Ann, Butler County ESP client

"Monica takes the time to sit and talk to me and understand what I need."

# What kind of help is available through ESP?

A care manager determines eligibility for each service during a home visit.

**Adult Day Services:** Structured programs provide a secure, stimulating environment and respite for caregivers. Transportation may be available.

**Care Management:** A professional care manager coordinates services and monitors care.

**Consumer Directed Care:** Clients can hire their own home care worker who provides services based on the client's care plan.

**Electronic Monitoring System:** 24-hour, in-home monitoring systems provide safety and/or medication alerts

**Environmental Services:** Pest control, major housecleaning and waste removal.

Home Care Assistance: A trained aide helps with housekeeping, personal care and other daily activities, and provides respite for the primary caregiver.

Home Modifications and Repairs: Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.

**Independent Living Assistance:** Help with benefit applications and organizing personal and household records.

**Laundry Service:** Local service providers collect dirty laundry/linens from client's home, returning clean, folded laundry.

Meals: Home-delivered meals.

**Medical Equipment:** Health- or safety-related equipment such as a bath bench, cane, walker or other equipment not covered by health insurance.

Mental Health Services: Feelings of depression and anxiety make it harder to remain independent. A counselor conducts home visits to help clients regain a more positive outlook and sense of well-being.

**Transportation:** To routine medical and other appointments.

#### FastTrack Home

FastTrack Home offers older adults quick access to in-home care services as they leave a hospital or nursing home. Eligibility screening and enrollment take place prior to discharge. These temporary services, such as homemaking, medical transportation and meals, support recovery and help prevent unnecessary return visits to the hospital or nursing home.

Services are provided at no cost on a shortterm basis to support a safe recovery. Before the temporary services end, patients receive a full ESP eligibility assessment (including a cost sharing assessment) to determine if ESP services should continue.

FastTrack Home is funded by Butler County's senior services levy and managed by Council on Aging. For more information, call (513) 721-1025 and ask about FastTrack Home.

## Funding and cost

ESP is made possible thanks to the generous support of Butler County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and cost sharing.

To help ESP serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through monthly cost sharing. Cost sharing is based on an individual's income, assets and the services they are authorized to receive through ESP.

There is no cost sharing for FastTrack Home services or home-delivered meals, but donations are welcomed to help provide services to more older adults in our area.



"I am just so grateful to be able to sleep in my own bed, sit in my own chair, and use my own shower at my own pace and in my own time."

Vereline, Butler County ESP client

## How do I apply?

Call (513) 868-9281 for more information and to complete an initial assessment on the phone. If ESP is right for you, a care manager will schedule an in-home visit to confirm eligibility.

If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.

Referrals are accepted by phone or online at <a href="https://www.community-first.org/senior-resources">www.community-first.org/senior-resources</a>.



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**Butler County** 



Helping older adults maintain independence in their homes

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