

What is ESP?

ESP provides care that helps eligible older adults remain safe and independent in their homes, delaying or preventing nursing home placement. ESP expands care that may already be provided by friends, family and other caregivers.

Who operates this program?

Council on Aging (COA) manages the program for the Clinton County Board of Commissioners. A volunteer community board, appointed by the commissioners, advises on program needs and policies. COA provides intake, eligibility assessments and care management.

Who is eligible?

Services are available to county residents age 65 and older who need help with certain activities of daily living (transportation, bathing, cleaning, cooking, etc.). Home-delivered meals are available starting at age 60. An ESP care manager determines eligibility for each service during a home visit.

There is no income qualification for ESP, however, some clients may be required to help pay for the cost of their care. More information is available on the back of this brochure.



ESP does not provide services covered by another payor source, such as insurance or veterans' benefits.

What kind of help is available through ESP?

A care manager determines eligibility for each service during a home visit.

Adult Day Services: Programs provide a safe, stimulating environment for older adults and respite for caregivers. Transportation may be available.

Care Management: A professional care manager coordinates services and monitors care.

Consumer Directed Care: Clients can hire their own home care worker who provides services based on the client's care plan.

Electronic Monitoring System: 24-hour, in-home monitoring system that provides safety and/or medication alerts.

Environmental Services: Pest control, major housecleaning and waste removal.

Home Care Assistance: A trained aide helps with housekeeping, personal care and other daily activities, and provides respite for the primary caregiver.

Home Modifications and Repairs: Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.

Laundry Service: Local service providers collect dirty laundry/linens from client's home, returning clean, folded laundry.

Meals: Home-delivered meals.

Medical Equipment: Health- or safety-related equipment such as a bath bench, cane, walker or other equipment not covered by insurance.

Transportation: Transportation to medical appointments.

FastTrack Home

FastTrack Home is a program funded by Clinton County's senior services levy to give older adults quick access to in-home care when it is needed most - as they return home from a participating hospital or care facility.

FastTrack Home speeds up the normal enrollment process for ESP by determining eligibility in the hospital or care facility. This allows temporary in-home services such as homemaking, meals and medical transportation to be in place when the older adult returns home.

Services are provided at no cost on a short-term basis to support a safe recovery. Before the temporary services end, patients receive a full ESP eligibility assessment (including a cost sharing assessment) to determine if ESP services should continue.

Funding and cost

ESP is made possible thanks to the generous support of Clinton County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and cost sharing.

To help ESP serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through monthly cost sharing. Cost sharing is based on an individual's income, assets and the services they are authorized to receive through ESP.

There is no cost sharing for FastTrack Home services or home-delivered meals, but donations are welcomed to help provide services to more older adults in our area.



"It's important to stay here. I don't know what I would do if I had to leave."

Dennis, Clinton County ESP client

How do I apply?

Call **(937) 584-7200** to speak with a care professional who can answer your questions, explain services and assess your needs.

If ESP is right for you, a care manager will schedule an in-home visit to verify your eligibility. You will receive a list of information to have ready before the in-home visit.

If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.



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Clinton County

ESP

Helping older adults maintain independence in their homes

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