



Tuesday March 3, 2026

AM Workshop 2A: The Long-term Impact of Poverty on Brain Aging and Brain Health

Speaker: Patricia Faust, MSG

Patricia Faust Bio:

Patricia Faust is a gerontologist specializing in brain aging and health. She holds a master's degree in Gerontological Studies along with certifications in brain health coaching and neuroscience. In 2015, she founded **My Boomer Brain**, an international initiative dedicated to educating and consulting on brain health, reaching audiences worldwide through her newsletter. Faust is also the author of *The Boomer Brain*, a resource offering practical strategies to help prevent Alzheimer's and dementia.

As an advocate for the Alzheimer's Association, Faust leads the fundraising team **My Boomer Brain**, which has raised more than \$10,000 for the Walk to End Alzheimer's—underscoring her commitment to action and awareness.