

Welcome to the Healthy Aging Summit

10 a.m. State of Aging, Hamilton County Senior Utility Assistance Program

Join **Hamilton County Commissioner Alicia Reece** and **Suzanne Burke, CEO of Council on Aging**, for a State of Aging address for Hamilton County and the kick-off of the **Hamilton County Senior Utility Assistance Program**. This will be followed by an engaging conversation with experts (see other side) about aging services and resources in our community.



Commissioner Reece was elected in 2020 when she made history in Hamilton County as the first woman and African American to win city, state and county races, and has won seven elections while building a career spanning more than two decades.

Commissioner Reece is the founder of the Hamilton County 513Relief Bus, which was unanimously supported and is funded by the Hamilton County Board of Commissioners. The 513Relief Bus is a mobile hub bringing no-cost health screenings, social services and economic relief directly to communities across Hamilton County.

11 a.m. – 2 p.m. Resource Fair, Sign-up for Utility Assistance Program

12:00 p.m. Lunch - Large Tent in Parking Lot

12:30 p.m. Raffle Drawing - Large Tent in Parking Lot

Workshops

11:15 a.m. Fall Prevention with UC Health - Green Room

11:45 a.m. Estate Planning with Judge Triggs - Green Room

1 p.m. Tai Chi with COA Health and Wellness - Auditorium

Raffle Tickets!

Please fill in your name and phone number on the attached tickets. Volunteers will collect tickets for a drawing at 12:30 p.m.



Thank you to Kroger for their generous donation of water bottles.

Healthy Aging Summit Panel of Experts



Suzanne Burke is the CEO of Council on Aging of Southwestern Ohio, a nonprofit dedicated to enhancing the quality of life for older adults and individuals with disabilities. She advocates for choice, independence and dignity, helping people remain in their homes. Burke actively engages with legislators and community groups to reform Ohio's long-term care system.

Mike Dunn is the CEO of Meals on Wheels of Southwest OH & Northern KY, serving 10,000 seniors annually in Greater Cincinnati. His tenure began on May 1, 2024. Dunn is a respected leader in the nonprofit sector with more than 25 years of nonprofit leadership experience, excelling in strategic operations, people management, marketing and fundraising.



Dr. Vernisha Finch is a dynamic community leader, advocate and Chief Executive Officer of Serving Older Adults Through Changing Times (SOACT), a family-founded organization dedicated to preventing senior isolation and enhancing quality of life through comprehensive programs and services. A proud Cincinnati native, her journey exemplifies resilience, transformation and purpose.

Dimity V. Orlet is the Executive Director of Pro Seniors, a nonprofit aiding older Ohioans with legal and long-term care issues, as well as combating Medicare fraud. Since 2019, she has led the organization's vision, strategy and public representation, while fostering partnerships. She manages administration, operations and fundraising, ensuring quality service, regulatory compliance and financial stewardship.



Ja'Lah Willingham is the Executive Director of Little Brothers - Friends of the Elderly (LBFE) in Cincinnati, focusing on combating elder isolation through relationship-centered programs. With over 15 years of experience in nonprofit and aging services, Willingham specializes in volunteer engagement, fundraising and organizational growth, enhancing LBFE's impact in the Greater Cincinnati area.