What is ESP?

The Elderly Services Program (ESP) helps older adults remain safe and independent in their own homes. It provides in-home care for eligible individuals who might otherwise be forced to leave their homes and enter a nursing facility. ESP expands care that may already be provided by family and friends.

Who operates this program?

Council on Aging (COA) manages the program for the Clinton County Board of County Commissioners. COA also provides assessment, intake and care management. A volunteer community board, appointed by the commissioners, advises on program needs and policies.

Who is eligible?

Services are available to Clinton County residents age 65 and older who need help with certain activities of daily living, such as bathing, cleaning, cooking and transportation. Home-delivered meals are available starting at age 60. Eligibility for each service is determined by an ESP care manager during a home visit.

There is no income qualification for this program. However, depending on your income, you may be required to help pay for the cost of your care through a co-payment. More information is available on the back of this brochure, or call (937) 584-7200.

What kind of help is available through ESP?

Eligibility for each service is determined by an ESP care manager during a home visit.

Adult Day Services: Structured programs provide a secure, stimulating environment and respite for caregivers. Transportation may be available.

Care Management: A professional care manager coordinates your services and monitors your care.

Consumer Directed Care: Allows you to hire a friend or family member to provide home care services. Eligibility determined by ESP care manager.

Electronic Monitoring System: 24-hour, inhome monitoring system that provides safety and/or medication alerts.

Environmental Services: Pest control, major housecleaning and waste removal.

Home Modifications and Repairs: Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.



Homemaking: Light cleaning, laundry and shopping.

Meals: Home-delivered meals. Special diets can be accommodated with a doctor's orders.

Medical Equipment: Health- or safety-related equipment such as a bath bench, cane, walker or other equipment not covered by insurance.

Personal Care: A trained aide helps with bathing, dressing and grooming.

Respite: Rest for family caregivers.

Transportation: Transportation to medical appointments.

FastTrack Home

FastTrack Home is a Transition of Care program funded by Clinton County's senior services levy that offers support for those returning home from a stay in a hospital or care facility.

The FastTrack Home team assists clients with coordinating support including, but not limited to, traditional Elderly Services Program services such as home-delivered meals, transportation to medical appointments and home modifications.

The program uses an evidence-based model proven to reduce hospital readmission and empower clients to take an active role in their health management.

FastTrack Home is offered at no cost to the client and is not income-based.

Funding and cost

The Elderly Services Program is made possible thanks to the generous support of Clinton County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and client co-payments.

To serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through a co-payment. Co-payments are set on a sliding scale depending on income and medical expenses.

There is no co-payment for FastTrack Home services or home-delivered meals, but donations are welcomed to help provide services to more older adults.



"This house - it's nothing beautiful, but I've lived here since I was 26 and I'm 88 now. I'm 0K here. I like it. I've got all kinds of help - Meals on Wheels, housekeeping - and real good neighbors."

Gladys, Clinton County ESP client

How do I apply?

Call **(937) 584-7200** to speak with a care professional who can answer your questions, explain services and assess your needs.

If ESP is right for you, a care manager will schedule an in-home visit to verify your eligibility. You will receive a list of information to have ready before the in-home visit.

If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.



Clinton County Commissioners

46 S. South Street, Suite 213 2nd Floor Courthouse Wilmington, Ohio 45177 (937) 382-2103



Wilmington Office

2333 Rombach Avenue Wilmington, Ohio 45177 (located inside the Smith-Feike-Minton Insurance building) (937) 584-7200



Main Office

4601 Malsbary Road Blue Ash, Ohio 45242 (513) 721-1025, (800) 252-0155 www.help4seniors.org



Clinton County Elderly Services Program

Helping older adults maintain independence in their homes

