AGENDA

- Aging Network Basics
- Federal and State Funding Overview
- State Plan & Area Plan
- Community Needs Assessment Results
- Area Plan Goals
- Funding Priorities and Waivers
AGING NETWORK BASICS
COA IS PART OF A NATIONAL NETWORK

- U.S. Administration on Community Living
- Regional Office on Community Living (10 in U.S.)
- State Unit on Aging: Ohio Dept. of Aging
- Area Agencies on Aging/Aging and Disability Resource Network
- Local Service Providers
- Ohio’s Older Adults and Individuals with Disabilities
AREA AGENCIES ON AGING (AAAs)

- AAAs are part of a national framework of services created by the Older Americans Act in 1965
- 12 AAAs in Ohio; more than 600 nationwide
- COA is the AAA for Butler, Clermont, Clinton, Hamilton and Warren counties
- Serve as the connection (front door) to information and services for older adults, people with disabilities, and caregivers
- Find an Area Agency on Aging:
  - www.eldercare.acl.gov
  - 1-800-677-1116
AAA ROLE: PLANNING, PRIORITIZING AND ADMINISTERING FUNDS

- COA is responsible for developing a regional Area Plan (4 years) and an annual update to determine priorities for federal/state Title III and Community Services Block Grant funding.

- The area plan includes the state plan as well as findings from a local needs assessment.
FEDERAL AND STATE FUNDING OVERVIEW
OLDER AMERICANS ACT FUNDING (TITLE III)

- Administered by COA for our 5-county region.
  - Receive about $5.8M Title III Annually
  - +Additional one-time ARPA funds
  - +1M State funding

- Funding to senior centers and service organizations to provide:
  - transportation, congregate meals, legal services, wellness programs, etc.

- A funding formula is used to determine how much is given to each county.

- Title III funds are also allocated to the levy programs to stretch the local dollars.
FEDERAL AND STATE FUNDING BY SOURCE

- AAA, 6.1%
- III B, 21.3%
- III C1, 20.1%
- III C2, 13.5%
- III D, 1.1%
- III E, 8.3%
- NSIP, 16.7%
- SCS, 10.2%
- Alzheimer, 2.0%
- Title VII, 0.7%
FUNDING FORMULA

- $110,000 base ($90,000 Title III plus $20,000 Title III E)
- 43% 60+
- 28% 75+
- 11% Poverty
- 8% Minority
- 8% Living alone
- 2% Rural

*Updated every 10 years with new census

Funding impact of new Census data in our region:

- Butler: + $33,648
- Clermont: + $52,071
- Clinton: + $57,960
- Hamilton: - $168,346
- Warren: + $24,670
TITLE III ALLOCATION PROCESS

- Priorities are established by gathering input from stakeholders and community needs assessment
- Priorities are approved by the COA Board and Advisory Council
- Competitive Bidding Process is required.
- RFPs are issued every 3-4 years and priorities are announced in the RFP process
  - 2023 RFP’s issued for 10/1/23 start date
Over the past several years ODA has been collecting information from stakeholders to develop the **2020 – 2022 Strategic Action Plan on Aging (SAPA)**. This plan is prioritized to advance elder justice and equity and achieve optimal health and wellbeing for older Ohioans.

- The SAPA prioritizes 15 issues across six topic areas.
- The 6 topic areas are the focus of the 2023 – 2023 ODA Area Plan.
OHIO’S STATE PLAN ON AGING - TOP PRIORITIES

- Community Conditions
- Healthy Living
- Access to Care
- Social Connectedness
- Population Health
- Independence
TIMELINE – AREA PLAN

- AAA1 Public Hearing July 8, 2022: COA Training Room
- AAA1 Area Plan submission to ODA: September 9, 2022
- AAA1 Area Plan approval from ODA: October 3, 2022
- Effective October 1, 2022 – September 30, 2026
COMMUNITY NEEDS ASSESSMENT

- Client focus groups
- Non-client interviews
- Board, Advisory Councils, External Stakeholders
- University of Cincinnati’s LiveWell Collaborative
- Survey of area older adults – conducted by Scripps Gerontology Center at Miami University
GOALS OF THE NEEDS ASSESSMENT – IDENTIFY:

- Service needs and gaps
- Priorities
- Where more or less financial investment is needed
- Which services are working and not working
FINDINGS

▪ 15 current clients interviewed by phone in February 2022: Butler, Clinton, Hamilton, and Warren counties

▪ 50 individuals interviewed at various Kroger locations in March 2022: 10 individuals represented counties COA serves: Butler, Clermont, Clinton, Hamilton and Warren

▪ Paper survey with an online option mailed to random sample of 2,000 households with at least one member age 60+ in COA’s 5 county region
  ▪ 265 surveys received back; 12 completed online - 13.5% response rate
  ▪ Focus: aging in place, knowledge of resources, senior center attendance

▪ LiveWell: identify gaps in service areas - social isolation, mental/behavioral health programming, and technology
HIGHEST PRIORITY SERVICES

- Mental/Behavioral Health
- Social Isolation
- In-Home Care
- Transportation
- Affordable Housing
- Medications/Affordable Care
- Meals/ Food
- Finances
- Technology
MANDATORY TITLE III FUNDED SERVICES - MINIMUM FUNDING LEVELS

- Home-delivered Meals
- Congregate Meals
- Ombudsman
- Legal Assistance
- Caregiver Respite
  - Adult Day Services
- Evidence-based Programming
FOCUS AREA 1: COMMUNITY CONDITIONS

Improve financial stability, improve housing quality and affordability, transportation access.

Enhance the lives of older and/or disabled adults by assisting them to live independently through a range of quality services, supports, and referrals to address financial stability, housing and transportation.
SPECIFIC STRATEGIES

▪ Utility Assistance Program
▪ On Demand Transportation Coordination
▪ Affordable Housing Resources
FOCUS AREA 2: HEALTHY LIVING

Provide and improve services, programs and activities that support improved:

- Nutrition
- Physical Activity
STRATEGIES

▪ Seniors Farmers Market Nutrition Program- Expansion

▪ Restaurant Dining Program: development of meal options for congregate clients to include restaurant locations through partnerships

▪ Grocery Delivery: promote awareness, education about grocery shopping and delivery options

▪ Evidence-Based Health Education Programs: increase community host sites and community awareness
FOCUS AREA 3: ACCESS TO CARE

- Expand transitional care coordination services: Butler County (FTH)
- Medicare Benefit Education
- Chronic Care Management
- Improve Home Care Workforce and Caregiver Supports
STRATEGIES

- Medicare benefits- provide education and awareness of long-term services and supports offered through Medicare Advantage Plans
- Expand FastTrack Home to Butler County- Care Transitions and Home Delivered Meals
- Chronic Care Management Program- Hamilton and Clinton Counties
- EVRTalk Caregiver Training
- Expansion of Respite Options for Caregivers
- AddnAide- Home Care Workforce Shortage
FOCUS AREA 4: SOCIAL CONNECTEDNESS

Social isolation programming: leverage federal funding (ARPA)
STRATEGIES

- Identify and collaborate with local partners on social isolation programming
- Virtual Senior Centers
- Survey existing ESP clients this fall on social isolation
FOCUS AREA 5: POPULATION HEALTH

Implement behavioral/mental health programming
STRATEGIES

▪ Create partnerships/collaborations with organizations to address mental health needs of older adults
▪ Utilize Federal Funding (ARPA)
FOCUS AREA 6: PRESERVING INDEPENDENCE

Chronic Pain Self-Management Program-
Chronic Disease SMP, Diabetes SMP, and
Matter of Balance
STRATEGIES

▪ Recruit additional community host sites
▪ Increase community awareness of programs
▪ Adding Falls Risk assessment as part of FastTrack Home assessment process
GENERAL INFORMATION

▪ COA will award the minimum levels of funding based on Ohio Department of Aging policy for Federal and/or State Funding for the following service categories.

▪ All services will be competitively bid during 2023 unless a waiver has been granted or the funds are specifically designated to an organization per ODA policy.
WAIVERS

▪ COA receives Title III funds for Information and Assistance, Caregiver Support (ESP component) and Case Management. These services do not require a waiver.

▪ ODA requires a waiver when the AAA provides direct services other than those listed in the first bullet.

▪ COA applies for waivers:
  ▪ To maximize efficiency, and/or
  ▪ To coordinate with other funding sources, and/or
  ▪ When no other provider exists.

▪ COA will seek a waiver to provide evidence-based health education wellness programs.
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<thead>
<tr>
<th>Services Provided by Council on Aging</th>
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<tbody>
<tr>
<td><strong>Information and Assistance</strong></td>
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<tr>
<td>Aging and Disabilities Resource Center (ADRC)</td>
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<tr>
<td><strong>Information and Assistance for Housing Coordination</strong></td>
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<tr>
<td>Assisting older adults with identifying and applying for available housing services and benefits that are appropriate for their needs.</td>
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<td><strong>Evidence-Based Wellness Programs</strong></td>
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<tr>
<td>Evidence-based health education programs approved by ODA to assist older adults with self-managing chronic conditions and falls prevention awareness</td>
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<tr>
<td><strong>Case Management:</strong></td>
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<tr>
<td>• Evidence-based Care Transitions</td>
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<tr>
<td>• Caregiver Support</td>
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<td>Component of FastTrack Home program that targets high risk senior being discharged from hospitals and nursing facilities.</td>
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<tr>
<td>Component of the Elderly Services Program</td>
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<td><strong>Information and Assistance with Own Your Future Training</strong></td>
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<td>Training for residents about planning and preparing for disability and long-term care needs.</td>
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<tr>
<td><strong>Information and Assistance with technology support for older adults</strong></td>
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<tr>
<td>Assisting, educating and providing technology support to older adults.</td>
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<td><strong>Information and Assistance to address loneliness and isolation</strong></td>
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<tr>
<td>Providing older adults and caregivers information and assistance to connect with activities to address loneliness and isolation.</td>
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QUESTIONS
THANK YOU FOR COMING

Contact:

Council on Aging of Southwestern Ohio
4601 Malsbary Rd
Blue Ash, Ohio 45242
Phone: 513-721-1025