



**COUNCIL ON AGING**  
INDEPENDENCE. RESOURCES. QUALITY OF LIFE.





AREA PLAN 2023-2026

PUBLIC HEARING  
JULY 8, 2022

# AGENDA

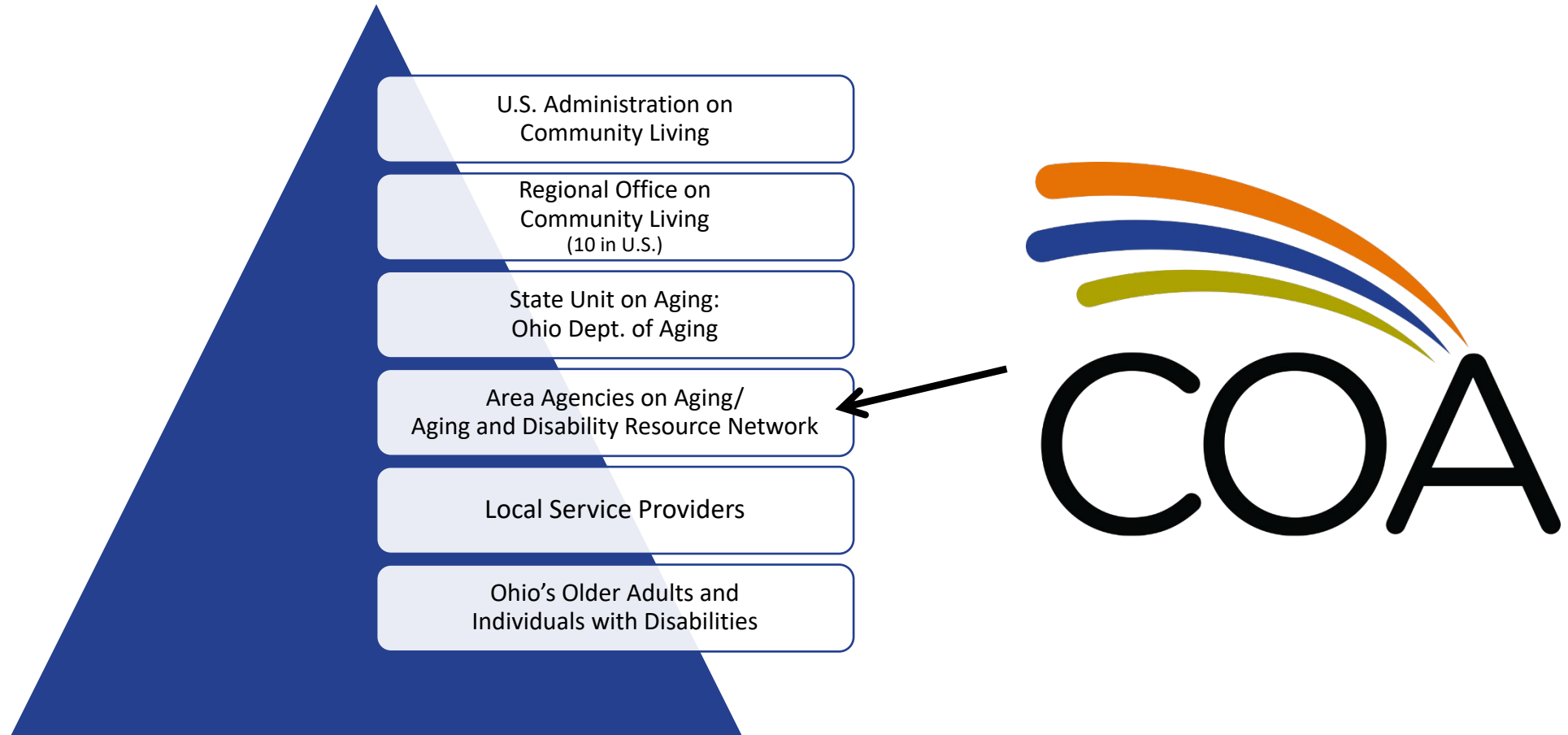
- Aging Network Basics
- Federal and State Funding Overview
- State Plan & Area Plan
- Community Needs Assessment Results
- Area Plan Goals
- Funding Priorities and Waivers



# AGING NETWORK BASICS



# COA IS PART OF A NATIONAL NETWORK



# AREA AGENCIES ON AGING (AAAs)

- AAAs are part of a national framework of services created by the Older Americans Act in 1965
- 12 AAAs in Ohio; more than 600 nationwide
- COA is the AAA for Butler, Clermont, Clinton, Hamilton and Warren counties
- Serve as the connection (front door) to information and services for older adults, people with disabilities, and caregivers
- Find an Area Agency on Aging:
  - [www.eldercare.acl.gov](http://www.eldercare.acl.gov)
  - 1-800-677-1116



# AAA ROLE: PLANNING, PRIORITIZING AND ADMINISTERING FUNDS



- COA is responsible for developing a regional Area Plan (4 years) and an annual update to determine priorities for federal/state Title III and Community Services Block Grant funding
- The area plan includes the state plan as well as findings from a local needs assessment



# FEDERAL AND STATE FUNDING OVERVIEW



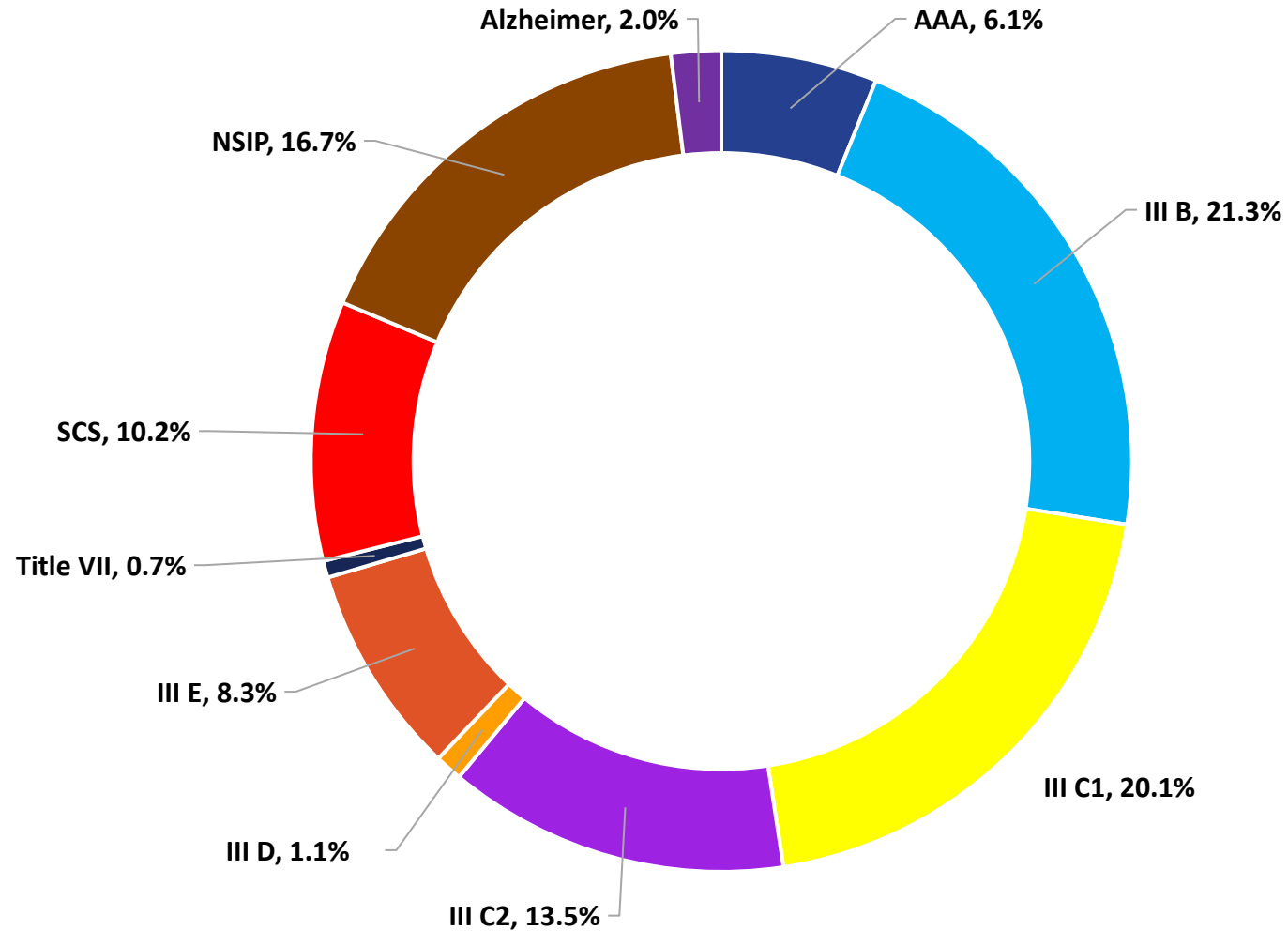


# OLDER AMERICANS ACT FUNDING (TITLE III)

- Administered by COA for our 5-county region.
  - Receive about \$5.8M Title III Annually
  - +Additional one-time ARPA funds
  - +1M State funding
- Funding to senior centers and service organizations to provide:
  - transportation, congregate meals, legal services, wellness programs, etc.
- A funding formula is used to determine how much is given to each county.
- Title III funds are also allocated to the levy programs to stretch the local dollars.



# FEDERAL AND STATE FUNDING BY SOURCE



# FUNDING FORMULA

- \$110,000 base (\$90,000 Title III plus \$20,000 Title III E)
- 43% 60+
- 28% 75+
- 11% Poverty
- 8% Minority
- 8% Living alone
- 2% Rural

## **Funding impact of new Census data in our region:**

Butler: + \$33,648

Clermont: + \$52,071

Clinton: + \$57,960

Hamilton: - **\$168,346**

Warren: + \$24,670

\*Updated every 10 years with new census

# TITLE III ALLOCATION PROCESS

- Priorities are established by gathering input from stakeholders and community needs assessment
- Priorities are approved by the COA Board and Advisory Council
- Competitive Bidding Process is required.
- RFPs are issued every 3-4 years and priorities are announced in the RFP process
  - 2023 RFP's issued for 10/1/23 start date



# ODA AREA PLAN PRIORITIES

- Over the past several years ODA has been collecting information from stakeholders to develop the **2020 – 2022 Strategic Action Plan on Aging (SAPA)**. This plan is prioritized to advance elder justice and equity and achieve optimal health and wellbeing for older Ohioans.
- The SAPA prioritizes 15 issues across six topic areas.
- The 6 topic areas are the focus of the 2023 – 2023 ODA Area Plan.

# OHIO'S STATE PLAN ON AGING - TOP PRIORITIES

Community  
Conditions

Healthy Living

Access to Care

Social  
Connectedness

Population  
Health

Independence

## TIMELINE – AREA PLAN

- AAA1 Public Hearing July 8, 2022: COA Training Room
- AAA1 Area Plan submission to ODA: September 9, 2022
- AAA1 Area Plan approval from ODA: October 3, 2022
- Effective October 1, 2022 – September 30, 2026

# COMMUNITY NEEDS ASSESSMENT

- Client focus groups
- Non-client interviews
- Board, Advisory Councils, External Stakeholders
- University of Cincinnati's LiveWell Collaborative
- Survey of area older adults – conducted by Scripps Gerontology Center at Miami University



## GOALS OF THE NEEDS ASSESSMENT – IDENTIFY:

Service needs and gaps

Priorities

Where more or less financial investment is needed

Which services are working and not working

# FINDINGS

- 15 current clients interviewed by phone in February 2022: Butler, Clinton, Hamilton, and Warren counties
- 50 individuals interviewed at various Kroger locations in March 2022: 10 individuals represented counties COA serves: Butler, Clermont, Clinton, Hamilton and Warren
- Paper survey with an online option mailed to random sample of 2,000 households with at least one member age 60+ in COA's 5 county region
  - 265 surveys received back; 12 completed online - 13.5% response rate
  - Focus: aging in place, knowledge of resources, senior center attendance
- LiveWell: identify gaps in service areas - social isolation, mental/behavioral health programming, and technology

# HIGHEST PRIORITY SERVICES

- Mental/Behavioral Health
- Social Isolation
- In-Home Care
- Transportation
- Affordable Housing
- Medications/Affordable Care
- Meals/Food
- Finances
- Technology



# MANDATORY TITLE III FUNDED SERVICES - MINIMUM FUNDING LEVELS

- Home-delivered Meals
- Congregate Meals
- Ombudsman
- Legal Assistance
- Caregiver Respite
  - Adult Day Services
- Evidence-based Programming



## AREA PLAN GOALS

Community  
Conditions

Healthy Living

Access to Care

Social  
Connectedness

Population  
Health

Independence

# FOCUS AREA 1: COMMUNITY CONDITIONS

Improve financial stability, improve housing quality and affordability, transportation access.

Enhance the lives of older and/or disabled adults by assisting them to live independently through a range of quality services, supports, and referrals to address financial stability, housing and transportation.

# SPECIFIC STRATEGIES

- Utility Assistance Program
- On Demand Transportation Coordination
- Affordable Housing Resources

## FOCUS AREA 2: HEALTHY LIVING

Provide and improve services, programs and activities that support improved:

Nutrition



Physical Activity





# STRATEGIES

- Seniors Farmers Market Nutrition Program- Expansion
- Restaurant Dining Program: development of meal options for congregate clients to include restaurant locations through partnerships
- Grocery Delivery: promote awareness, education about grocery shopping and delivery options
- Evidence-Based Health Education Programs: increase community host sites and community awareness

## FOCUS AREA 3: ACCESS TO CARE

Expand transitional care coordination services: Butler County (FTH)

Medicare Benefit Education

Chronic Care Management

Improve Home Care Workforce and Caregiver Supports

# STRATEGIES

- Medicare benefits- provide education and awareness of long-term services and supports offered through Medicare Advantage Plans
- Expand FastTrack Home to Butler County- Care Transitions and Home Delivered Meals
- Chronic Care Management Program- Hamilton and Clinton Counties
- EVRTalk Caregiver Training
- Expansion of Respite Options for Caregivers
- AddnAide- Home Care Workforce Shortage

## FOCUS AREA 4: SOCIAL CONNECTEDNESS

Social isolation programming:  
leverage federal funding (ARPA)

# STRATEGIES

- Identify and collaborate with local partners on social isolation programming
- Virtual Senior Centers
- Survey existing ESP clients this fall on social isolation

## FOCUS AREA 5: POPULATION HEALTH

Implement behavioral/mental  
health programming

# STRATEGIES

- Create partnerships/collaborations with organizations to address mental health needs of older adults
- Utilize Federal Funding (ARPA)



## FOCUS AREA 6: PRESERVING INDEPENDENCE

Chronic Pain Self-Management Program-  
Chronic Disease SMP, Diabetes SMP, and  
Matter of Balance

# STRATEGIES

- Recruit additional community host sites
- Increase community awareness of programs
- Adding Falls Risk assessment as part of FastTrack Home assessment process

# GENERAL INFORMATION

- COA will award the minimum levels of funding based on Ohio Department of Aging policy for Federal and/or State Funding for the following service categories.
- All services will be competitively bid during 2023 unless a waiver has been granted or the funds are specifically designated to an organization per ODA policy.

# WAIVERS

- COA receives Title III funds for Information and Assistance, Caregiver Support (ESP component) and Case Management. These services do not require a waiver.
- ODA requires a waiver when the AAA provides direct services other than those listed in the first bullet.
- COA applies for waivers:
  - To maximize efficiency, and/or
  - To coordinate with other funding sources, and/or
  - When no other provider exists.
- COA will seek a waiver to provide evidence-based health education wellness programs.

## Services Provided by Council on Aging

<b>Information and Assistance</b>	Aging and Disabilities Resource Center (ADRC)	Title III B, Title III E
<b>Information and Assistance for Housing Coordination</b>	Assisting older adults with identifying and applying for available housing services and benefits that are appropriate for their needs.	Title III B
<b>Evidence-Based Wellness Programs</b>	Evidence-based health education programs approved by ODA to assist older adults with self-managing chronic conditions and falls prevention awareness	Title III D, SCS, Title III B
<b>Case Management:</b> <ul style="list-style-type: none"> <li>• Evidence-based Care Transitions</li> <li>• Caregiver Support</li> </ul>	Component of FastTrack Home program that targets high risk senior being discharged from hospitals and nursing facilities.	Title III D, Title III B, SCS
	Component of the Elderly Services Program	Title III E
<b>Information and Assistance with Own Your Future Training</b>	Training for residents about planning and preparing for disability and long-term care needs.	Title III B
<b>Information and Assistance with technology support for older adults</b>	Assisting, educating and providing technology support to older adults.	Title III B
<b>Information and Assistance to address loneliness and isolation</b>	Providing older adults and caregivers information and assistance to connect with activities to address loneliness and isolation.	Title III B, Title III D

**QUESTIONS**

# THANK YOU FOR COMING

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