



I'm almost home.

l'm home.



I'm going home.



My father is home.



I'm recovering at home.

Council on Aging 2014 Annual Report

Independence. Resources. Quality of Life.

At Council on Aging, we live by a simple mission... to help people remain independent in their own homes.

Each year, we help make this possible for more than 20,000 older adults and people with disabilities. Each situation is unique and requires a personalized approach. That's our niche; it's what makes us different.

For frail seniors and others with disabilities, independence involves help and a journey. The road home may be short and straight – home-delivered meals and rides to the doctor's office. Or, it may be a bit longer with pit stops and detours – a new home and support system after weeks, months, or even years in a nursing home. No matter the road, Council on Aging and our network of providers and community partners are there, every step of the way.

This report is full of stories that demonstrate the care and coordination that goes into helping our clients gain and preserve their independence. We hope you'll take a few minutes to read their stories and join us on the journey.

Our Mission

Enhance people's lives by assisting them to remain independent at home through a range of quality services.



Preserving Independence



Connecting to Resources



Enhancing Quality of Life

2014 Highlights

Change. Challenge. Opportunity.

Our Senior Leadership Team and Board Chairman offer thoughts on 2014.



Bill Thornton, Chairman Board of Trustees: Speaking on behalf of the board, we have been impressed that business has moved forward as well as it has, despite profound programmatic changes at the state level. At times, staff have worked at a frantic pace without all the tools to do the job, but they have persisted.

Suzanne Burke, Chief Executive Officer: Sweeping changes by the state have greatly impacted the people we serve. We continue to advocate for them so they may receive the quality services they need. We have also lived our motto which is: To provide the highest quality services, at the lowest possible cost, to serve as many individuals as possible with the tax dollar.



Ken Wilson, VP of Operations: This year has been the most challenging in my career because of the implementation of MyCare Ohio. We are committed to make the best of it and I am proud of our team. In the midst of chaos, sleep deprivation, and fear we have heroic leaders making a difference for struggling clients, families, and providers.

Chandra Mathews-Smith, VP of Operations (Medicaid): I am proud of COA's reputation for tackling challenging issues and opportunities. Our business environment has changed dramatically, but we are committed to partnering with our community to leverage existing expertise and learn new skills so we can continue to provide the high quality, cost-effective services our customers expect.



Sharon Fusco, VP of Business Results and Innovation: I am grateful for the team's commitment to COA and tenacity in the midst of adversity. Our organizational values came to life as people pitched in to make things work. The process was not always pretty, but people came together as a team to ensure COA's success.

Jacqueline Hutsell, VP of Human Resources, Training, and Organizational Development: COA employees demonstrated character and flexibility as we embarked on new initiatives. The theme "We are One" resonated as we faced change and opportunity in recruitment, staffing, training, and management. I am proud to be part of this great organization and to lead an outstanding Human Resources and Training team.



Laurie Petrie, VP of Communications: Our mission remains the eye in the storm; the North Star in a whirling galaxy. We change while remaining true to the ideal of independence at home for frail seniors and people with disabilities. Our challenges are simply the natural result of exploring and developing new ways to fulfill our mission.



What We Do

We are in your community every day working with seniors, other individuals with disabilities, and their families. We're in hospitals, nursing homes, assisted living facilities, and thousands of homes throughout our multi-county region. **In FY 2014, COA:**



20,000 people to remain independent in their homes through programs such as MyCare Ohio, PASSPORT, Assisted Living, Ohio Home Care, and the county-based Elderly Services Program. (Note: some individuals may be counted in more than one program during the course of a year.)

Preserved the independence of frail seniors and people with disabilities – enabling approximately

Helped hospital patients recover at home – conducting Care Transitions Interventions[™] with **4,203 Medicare patients** who were at risk for readmission to the hospital



Ensured the highest-quality services at the lowest possible cost - Contracting with nearly **150 provider organizations** that deliver services such as meals, homemaking, and personal care; **1.75 million** home-delivered meals; **1.79 million** hours of other in-home services

Our "front door" is your connection to information and resources for older adults, people with disabilities, their families and caregivers, and professionals who are working with them.

COA's Aging and Disabilities Resource Network responded to **37,316** requests for information and referral, a 6 percent increase over FY 2013 and a 56 percent increase since FY 2011

We plan and oversee community services funded by the federal Older Americans Act, including:



183,143 congregate meals, primarily in senior centers, an 8 percent decrease from 2013

(FI)

333,645 transportation trips for medical and senior center activities (including **154,173** trips funded by the Older Americans Act), an 11 percent increase over 2013

Through advocacy, we keep elected officials informed, engaged, and supportive:



Nearly **80** advocacy meetings with elected officials and candidates, including home visits with COA clients

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Home and Community-based Care

Compassionate, cost-effective alternatives to nursing home care

Publicly-funded home and community-based care is a win-win for taxpayers and consumers alike. Whether such programs are funded via Medicaid waivers or county tax levies, they are much less costly than nursing home care. And, for most people, home is where they want to be.

	Elderly Services Program		Traditional Waiver Programs Combined	MyCare Ohio
	Individuals Served	% Change	Individuals Served	Individuals Served
Butler	3,883	-5.2%	844	667
Clermont	N/A	N/A	354	348
Clinton	471	-11.3%	124	98
Hamilton	5,650	-19.8%	2,156	1,886
Warren	2,483	+.4%	277	241
Other Counties	N/A	N/A	639	496
Total	12,487	-11.7%	4,394	3,736

Table: Individuals enrolled in Elderly Services Program, traditional waiver programs, and MyCare Ohio in FY 2014. Percent change from 2013 is not applicable for the combined traditional waiver programs or for MyCare Ohio. Also, individuals may be counted in more than one program and/or county in the course of a year.

- The number of Elderly Services Program clients served declined primarily due to: 1) managed enrollment (including a waiting list) in Clinton and Hamilton counties to keep the program within budget, and 2) disenrollment of ineligible clients in Clinton County.
- "Traditional waiver programs combined" refers to non-MyCare Ohio individuals who are enrolled in PASSPORT, Assisted Living, or the Ohio Home Care Program. Enrollment in traditional waivers has declined because most waiver clients moved into MyCare Ohio beginning in June 2014. They now receive their Medicaid waiver services as members in MyCare Ohio.
- MyCare Ohio is a managed care demonstration project for individuals who are eligible for both Medicare and Medicaid. Goal: Among a high-need, low-income population, deliver better care for lower cost by coordinating health, behavioral, and long-term care services and supports. For more information, see page 13.
- "Other Counties" refers to our service area for Ohio Home Care, which includes our traditional service area of Butler, Clermont, Clinton, Hamilton, and Warren counties, plus 16 other counties in the Dayton and Lima areas.

















Transitions of Care

Community Transitions and Ohio Home Care Waiver:

Helping people move from nursing homes to their own homes.

Gregory's story

When Gregory left home for his second heart surgery in two years, he expected to return within a few days, recover, and rebuild his strength. It didn't happen that way. One morning he was eating breakfast in his hospital room when, "everything on the table went white." Gregory, age 51, had experienced a massive stroke. He did not see his home again for 10 months.

Gregory moved from the hospital to HeathSouth Rehabilitation Hospital at Drake and then to Horizon Nursing and Rehab, but his progress was slowed by a stubborn infection that delayed replacing a section of his skull. A former truck driver and veteran who worked 13 years in South Korea and Somalia, Gregory today is able to talk, move his right arm, and move from bed to wheelchair with assistance.

At Horizon, his partner Kathy learned about two programs that would make it possible for her to bring Gregory home: Community Transitions and Ohio Home Care. Ohio Home Care provides home health aides to help Kathy care for Gregory five days a week, for two



Gregory with partner Kathy (left) and Ohio Home Care Care Manager, Adrianne

eight-hour shifts each day. Community Transitions enabled Gregory to qualify for Home Choice which paid for a bathtub cutout. (A family member built a wheelchair ramp and the Veterans Administration is covering installation of a stair lift).

Besides helping Gregory, the aides make it possible for Kathy to continue her work doing data entry on the third shift at Reinhart Food Service and, to sleep.

"People are surprised that I get so many hours for home health aides," she said. "For the program to help out that much is greatly appreciated. It's just (Gregory) and me in the mornings. When the first aide arrives at 3 (p.m.), I literally run up the stairs to get some sleep before I go to work."

Friends since childhood, the two see themselves as a team, working with a number of professionals to help Gregory attain some level of independence.

"The future? It's me and him together," Kathy said. "I know he is not going to get everything back. But I hope he can get some of his mobility back and some of his independence. That's what he really wants."

In speaking of their struggles and accomplishments, Kathy almost always says "we." And, Gregory tries hard to keep up his end of the deal.

"The big thing is, I don't want to depend on her for everything," he said. "She put her life on hold to help me out and I greatly appreciate that."



"The future? It's me and him together."

Kathy, partner and caregiver for Gregory, Community Transitions client (pictured with Gregory's therapist, Bill)

How it Works

Community Transitions

- Begins with a referral, often from nursing home staff or residents themselves.
- Nursing facility residents who have no home to return to (or who need home modifications) may qualify for Home Choice. This Ohio program funds community transitions services such as finding an apartment, paying security deposit, buying furniture and household supplies, and opening a bank account.
- Residents may also qualify for in-home care services via Council on Aging, enabling them to live independently with support.
- All services housing transitions, in-home care, skilled nursing, and others – must be coordinated and ready by move-in day, a process that can take months. The result is individuals living independently once again, at a fraction of the cost to live in a nursing home.

In FY 2014, Council on Aging assessed 215 nursing home residents for Community Transitions. Of these, 153 were able to leave nursing homes and move to homes of their own. Most needed support from in-home care programs. Our state is a national leader in helping people move from institutions back into the community, having transitioned more than 4,000 people since 2009.

Ohio Home Care Waiver

- Medicaid program that provides in-home care for financially-eligible children or adults who have significant disabilities and/or mental health needs.
- Participants are under age 60 and would require care in a nursing home if it were not for this program.
- Beginning in January 2014, Council on Aging took responsibility for screening, enrollment and care management for people enrolled in the program in a 21-county region including Cincinnati, Dayton, and Lima. COA works with Area Agency on Aging 3 (Lima) on this contract.
- In FY 2014, COA served 1,085 individuals through the Ohio Home Care Waiver.

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In-home Care Programs

Elderly Services Program:

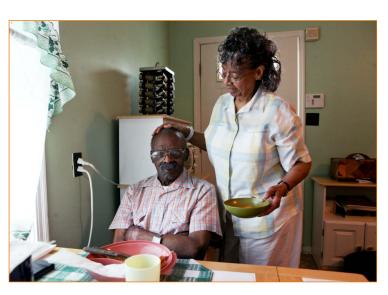
In-home care services supported by county taxpayers

Clavilia and Forrest's story

When Forrest met Clavilia more than 30 years ago, he was a widower, sitting on his Hamilton porch stoop in the middle of the day wearing a rumpled shirt, a brown paper bag in his hand. She was a single mother, working full time, and active at church. She didn't have time for a man who smoked and drank.

But, determined to win her, Forrest quit his bad habits, cleaned himself up, and returned to church. The two married in 1983 and Clavilia moved to the Hamilton home they share today.

Sitting together at the breakfast table – Forrest's favorite spot – Clavilia enjoys talking about their many good years together. Clavilia



put her heart and soul into her work with the church choir and Forrest was her biggest supporter.

For Forrest, however, those memories began to fade about 10 years ago. His needs and her own health problems led to Clavilia's decision to retire at age 72 after long careers with the Social Security Administration and a local bank.

Always the "go to" person for her friends and family, Clavilia gladly took on the full-time task of caring for a husband with Alzheimer's disease. She managed fine for awhile, but as Forrest's disease progressed, Clavilia knew it was time to ask for help.

In 2012, Clavilia learned about the Butler County Elderly Services Program (ESP), a taxpayer supported program that provides in-home care for eligible Butler County seniors, and called for help.

"I am so used to doing things for myself and not having to bug people," she said. "I was in tears when I had to come to you guys."

Through ESP, the couple receives home-delivered meals, help with housekeeping, and respite care for Forrest so Clavilia can have a few hours to herself each week.

ESP's emergency response service has been particularly helpful. The service includes special features for people with Alzheimer's. It alerts Clavilia if the front door is opened or if Forrest gets out of bed in the middle of the night – a recent problem for the couple.

Despite suggestions from doctors that Forrest be placed in a nursing home, Clavilia has firmly said no. "God didn't tell me yet. Until I feel it in my heart, it's not going to happen."



"I think about the way it was. Those memories bring you to today, and they'll keep me going for tomorrow."

> Clavilia, caregiver for her husband, Forrest, who has Alzheimer's

How the Elderly Services Program Works

- Funded by tax levies in Butler, Clinton, Hamilton, and Warren counties, the Elderly Services Program helps prevent unnecessary nursing facility placement by providing an array of long-term care services in the home. Services include home-delivered meals, home care assistance (such as homemaking, personal care, and caregiver respite), transportation, medical equipment, emergency response devices, and more.
- Eligibility is determined via in-person assessment and each client is assigned a care coordinator who develops and monitors a plan of care. Services are adjusted with changing needs. The goal is to preserve each client's independence in his or her home for as long as possible.
- In the Elderly Services Program, annually, only about one-fourth of clients leave the program each year because they are hospitalized or need to move to a nursing home. Most of the remainder are able to stay in their homes until they die, enroll in another home or community-based program, or have their needs met in another way.
- Council on Aging manages the programs via contracts with county commissioners, ensuring delivery
 of the highest quality services for the lowest possible cost in order to serve as many seniors as possible
 with the tax dollars.

In-home Care Programs

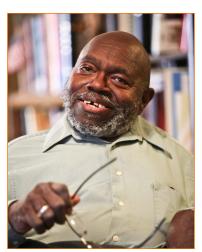
MyCare Ohio:

Integrating services to achieve better care at a lower cost

Robert's story

Robert could not attend the first Aetna Consumer Advisory Council meeting because his ride didn't show up. It was embarrassing for the Aetna team, but demonstrated one of the challenges of MyCare Ohio: changing to a new, complex system for approving and scheduling transportation for thousands of people, and getting it right.

Robert laughs about it now and by the time of the second meeting, he had his transportation. But, he hopes that as a senior and lifelong advocate for people with disabilities, he can make "some good noise" that will contribute to the success of Ohio's new Integrated Care Delivery System, known as MyCare Ohio.



Robert, 68, receives Medicaid-funded homemaking services and some personal care through Aetna Better Health of Ohio, one of the two health plans serving

our region for the MyCare Ohio project. As a contract organization for Aetna, Council on Aging provides a care coordination team for Robert. As an Aetna member, he was invited to serve on the plan's Consumer Advisory Council. It's a role he has played many times, as he has served on a variety of boards and committees related to the arts, services to people with disabilities and other non-profits.

In 1946, when he was eight months old, Robert contracted meningitis which resulted in partial paralysis of both his legs and his left hand. He has always used a wheel chair for mobility. A widower and father of a son, Robert is an artist, host of "Be the Change" on Citi Cable, disability rights advocate, and community volunteer. He was community relations coordinator of BRIDGES for a Just Community and worked 13 years as education coordinator for the Cincinnati Human Relations Commission. He has received numerous awards including most recently, induction into the Ohio Civil Rights Hall of Fame.

He's working on a book of stories about his own life and those of others called On the Wrong Side of the Door.

"I think everyone has had the experience of being on the wrong side of the door," he said. "The whole goal is to demonstrate that you can make it. You can make it! It may not be the normal way. I mean, my life has not been normal, but it's been extremely successful. All I need now is money!" Robert follows this with his everpresent loud cackle of a laugh.

One of the difficulties with MyCare Ohio has been lack of timely information, Robert said. At the same time, he acknowledges the complexities of the new system make it difficult for people to understand, even if they do read the informational materials they receive. He admits that, despite receiving information, the way he learned about MyCare Ohio was when he made a transportation request and discovered the system no longer worked the same way. "It was a rude awakening," he said.

"The biggest part of my problem – and I think this is true for a lot of people with disabilities and older people – is that we haven't thought about insurance and don't understand how it works. And so, we can't make the best choices."



"I know (MyCare Ohio) is an experiment and I really do hope to make some noise – some good noise. Hopefully we can come up with some good solutions."

> Robert, MyCare Ohio member serving on the Consumer Advisory Council for Aetna Better Health of Ohio

About MyCare Ohio

- MyCare Ohio is a three-year demonstration project led by the Ohio Department of Medicaid. It is a
 managed care plan designed to coordinate services for people who are eligible for both Medicare
 and Medicaid. While individuals vary, as a group, this population has complex and costly needs for
 medical, behavioral (mental health), and long-term care services. The goal of MyCare Ohio is to deliver
 better care at lower cost.
- Most people enrolled in waiver programs PASSPORT, Assisted Living, or Ohio Home Care now receive those services through MyCare Ohio. They are served by two health plans selected by the state for our region: Aetna Better Health of Ohio and Molina Healthcare of Ohio. Council on Aging provides care coordination for MyCare Ohio members via contracts with these plans.
- In our region, MyCare Ohio began operating June 1, 2014. For all involved Council on Aging, providers, and consumers – it overturned familiar ways of doing business and receiving services. The complexities continue to be challenging and have led to news stories. The state, the health plans, consumer advocacy groups, and Ohio's Area Agencies on Aging – including COA – continue to work hard to make MyCare Ohio a success.

Care Transitions Helping seniors stay home from the hospital

Bill's story



Within a period of two months, Bill, age 85, went from a hospital to a nursing home, to a different hospital, followed by a different nursing home and then, finally, back to his own home. By the time he arrived home, he had accumulated more than 24 bottles of medicine. The pills had been given to him each day at the hospitals and nursing homes, so, when he was on his own, he knew little about when to take them or what each was for. Instructions he had been given were hard to read and understand. A heart bypass patient who needs to be precise about his medications, Bill was at high risk for a quick return to the hospital.

Bill's story is not unusual. According to the Centers for Medicare and Medicaid Services,

billions of dollars are spent annually on hospital re-admissions that could have been prevented. Common reasons include medication mix-ups, failure to follow-up with doctors, and being unaware or ignoring signs that a condition is worsening.

Fortunately, though, Bill was at Clinton Memorial Hospital, one of nine hospitals participating in Council on Aging's Care Transitions program. There he met Jill, a COA health coach who checked in with him again when he was discharged to a nursing home and then finally met with him in his home.

"I think she's an angel," Bill said. "I was so sick when I was in the hospital and she came in there to help. And then she followed me around. Wherever I was at, there she was."

Jill's first priority was to get Bill's medications in order, dispose of duplicates, and make one clear list that Bill could follow daily. They also talked about goals.



"When I was in the nursing home, my goal was to go home. And to be able to walk with a cane," Bill said. "I'd be up walking the halls at three in the morning. You didn't see anybody work harder than me. I wanted to go home."

"I had so many bottles of medicine – new ones and old ones – it was a mess. She helped me figure it all out and we made a list and all. We got it down pat now."

Bill, Care Transitions patient, with his Transitions Coach, Jill

How Care Transitions Works

- Health coaching for older adults who have been hospitalized for serious and usually chronic conditions, such as heart failure
- Interventions are based on model developed by Eric Coleman, M.D. of the University of Colorado
- Council on Aging has a contract with the U.S. Centers for Medicare and Medicaid Services (CMS) to deliver Care Transitions to patients at: The Christ Hospital; Clinton Memorial Hospital; Mercy Health: The Jewish Hospital, Anderson Hospital, Clermont Hospital, Fairfield Hospital, and West Hospital; University of Cincinnati Medical Center; and UC Health - West Chester Hospital
- In the first nine months of 2014, 3,126 patients completed the 30-day intervention. Compared with 2013, we achieved a 62 percent increase in the number of participants and a 10 percent increase in the rate of completion. Of those who started Care Transitions, 11.2 percent were readmitted to one of the participating hospitals within 30 days of discharge. This rate is significantly lower than the national readmission rate for Medicare patients, which is approximately 17 percent. It's also nearly 1 percent lower than in 2013.
- Council on Aging's program has been recognized for effectiveness by CMS and the contract has been extended twice. In late 2013, the Cincinnati USA Regional Chamber of Commerce Women Excel program honored Care Transitions as runner up for Best New Product of the Year.

Aging and Disability Resource Connections

Aging and Disability Resource Connections (ADRC)

Council on Aging serves as a visible and trusted place where people turn for objective information on the full range of long-term care services and supports available in their communities.

A typical inquiry goes something like this:

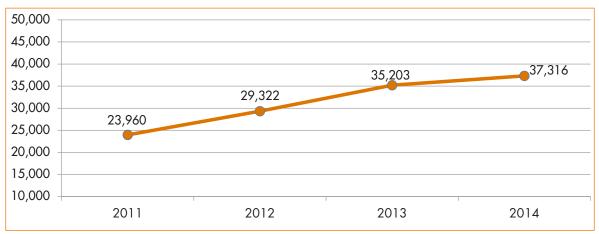
"My mother's health has gone for the worse. It is now hard for her to do anything for herself. She lives in another city and I need to bring her here to oversee her care, but I will need help. Can you tell me what might be available?"

Council on Aging is one of 12 regional Aging and Disability Resources Networks (ADRN) in Ohio. An ADRN



ADRC Call Center Staff

is a web of social service and health organizations that work together to make it easier for people to access the help they need. We have established partnerships with numerous organizations through contracts, written protocols, and/or staff cross-training. Our ADRC department also includes assessors, who meet with people in their homes to discuss options for long-term care and determine eligibility for programs, and pre-admissions review specialists, who determine eligibility for nursing home placements.



ADRC Call Center and Elderly Services Program Intake Lines Call Volume

Our call center and Elderly Services Program intake lines in Butler, Clinton, and Warren counties received 37,316 information and referral requests in FY 2014, a 6 percent increase over FY 2013 and a 56 percent increase since 2011. Our main call center includes 11 specialists, a program assistant, and a manager.

ADRC specialists are certified by the Alliance of Information and Referral Systems, a professional credentialing organization.

Our Resource and Housing Directory is an online guide to selected local, state, and national resources with more than 1,600 listings and links. Visit <u>www.help4seniors.org</u> for a wealth of information.

Older Americans Act Services



How Title III Works

Photo captions page 23

Title III of the federal Older Americans Act authorizes funding to states and Area Agencies on Aging for planning, developing, and coordinating home and community-based services.

In southwestern Ohio, Council on Aging uses Title III funds to advocate for older adults and help them remain within their own homes and communities. Money goes to senior centers and organizations who provide services such as transportation, congregate meals, caregiver support, legal help, and wellness education. COA also combines Title III dollars with state funds and county tax levies to provide home care services to seniors who are not eligible for Medicaid waiver programs.

In FY 2014, Title III provided funding for the following essential services, among others:

- **183,143** congregate meals served at various sites (mostly senior centers) in five counties, an 8 percent decline from FY 2013
- **154,173** transportation trips in senior center vans and buses for medical appointments, shopping, recreation, and the like, a 3 percent decrease from FY 2013. (Total transportation from all funding sources: 333,645 trips, an 11 percent increase over FY 2013)
- health and wellness activities, which have become an important mission of senior centers







"I am a huge advocate, and will continue to be so for COA and these programs which provide safety, support, independence, and tax savings."

> State Representative Denise Driehaus (D-HD13) pictured with COA client Mary



How it Works

Photo captions page 23

Most of the state legislators representing our five-county region, as well as many local elected officials, have visited Council on Aging clients where they have seen firsthand the value of in-home care. Regular meetings with elected officials keep them up-to-date on issues of importance to older adults and caregivers.

In FY 2014:

- 68 meetings with elected officials, legislative aides, and candidates
- 10 visits by elected officials and candidates in the homes of COA clients

2014 Accomplishments

Care Transitions expansion

Our health coaching program – which reduces hospital readmissions – received a contract extension from the U.S. Centers for Medicare and Medicaid Service and added four hospitals, for a total of nine. Readmission rate for individuals who participate in COA Care Transitions is well below the national average. (See page 15 for details.)

Ohio Home Care contract

COA received a care management contract from the Ohio Department of Medicaid for the Ohio Home Care Program, a Medicaid waiver. The contract expands our work to include individuals under the age of 60 who live in a 21-county region in western Ohio.

High quality services at lower cost

Two separate competitive bidding processes resulted in fewer providers and favorable rates for Emergency Monitoring Systems (EMS) and Home Care Assistance (HCA). Estimated savings for EMS – nearly \$3 million over 5 years. Estimated savings for HCA – more than \$800,000 annually. The savings allow the tax levy-funded Elderly Services Program to serve more people.

Smooth transitions for PACE clients

When TriHealth closed its Program of All-Inclusive Care for the Elderly (PACE, known as Senior Link), COA quickly enrolled 350 of the program's seniors into PASSPORT and other home-care programs. For our efforts, we received two letters of commendation from state legislators.

Satellite offices

COA opened offices in Wilmington (Clinton County) and Hamilton (Butler County) to provide convenient workspace for staff serving residents of those counties.

New team structure

To better serve our clients and providers, COA long-term care staff are being organized into Integrated Care Coordination (ICC) teams. Teams are self-directed and include members with different functions and areas of expertise. Clients and providers contact their team via a single phone number and email address.

MyCare Ohio implementation

This major system change has been full of problems in regions throughout the state, but the effort to make it work has been impressive. Nearly all COA staff have been involved. Work has included complex project management, extensive hiring and training, enrollment assistance, a massive assessment process, contract issues, and provider transitions.

Forum on Aging and Own Your Future

More than 600 registrants, sponsors and speakers attended Forum, our annual two-day training and networking event. We are grateful for strong support from sponsors. Nearly 100 people attended Own Your Future, our annual workshop to help people plan for long-term care.

Advancement opportunities

COA designed and implemented a successful Manager-in-Training program which provides career advancement opportunity, as well as much-needed help with fast-paced program change and new initiatives.



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Service Providers

COA's home and community-based services are delivered via contracts with the following organizations (with contracts as of 9/30/14):

A Best Home Care, Inc. A Miracle Home Care Absolute HomeCare Acclaim Home Health Services Inc. Alternative Home Care and Staffing, Inc. Active Day of Ohio, Inc Afinity Healthcare Solutions Alux Transportation Alzheimer's Association of Greater Cincinnati Amaramedical Health Care Services, Inc. Amenity Home Health Care, LLC Ameribest Home Care American-Mercy Home Care, LLC Angels Above & Beyond Home Health Assisted Care by Black Stone **Bayley Adult Day Berkeley Square Bernens Medical** Best Choice Home Care BetterLiving Home Health and Medical Supplies Heartland of Woodridge (ALF) #502 Blessings Home Health Care, LLC **Bridgeway Pointe** Brightstar Healthcare Cincinnati Brightstar Healthcare Dayton Brookwood Retirement Community Butler County Care Facility Adult Day Services C.A.R.E., LLC **Caregivers Health Network** Cape May Retirement Village Caring Hearts Adult Day Care Carriage Court of Kenwood Catholic Charities of Southwestern Ohio Cincinnati Area Senior Services, Inc. Cincinnati Home Care **Cincinnati Recreation Commission** Clermont Senior Services, Inc. Clinton County Adult Day Center, Inc. **Clinton County Community Action Program** Close to Home, II LLC **Clossman Catering LLC** Colerain Township Senior & Community Center **Comforcare Senior Services - Edinburgh** Comforcare Senior Services - TriCounty Comfort and Care Home Health Agency Comfort Keepers #172 Comfort Keepers #178 Comfort Keepers #200 Committed to Care

Comprehensive Health Care Services **Cottingham Retirement Community** Day Share Senior Services **Deupree Community Meals on Wheels Diversicare of Bradford Place** Emerson Heating & Cooling Company Errands and Services, LLC Everyday Homecare, LLC Everyday Living Inc. Fairfield Pavilion First Choice Medical Staffing of Ohio, Inc. First Community Health Services, LLC Friendly Care Agency Garden Manor Terrace, Inc. Global Meals Gracious International Care Service Halsom Home Care Harrison Senior Center Healing Springs Med-Care, LLC Helping Hands Healthcare, Inc. Hillebrand Home Health Home Care Network, Inc. Home First Homefront Nursing, LLC Hyde Park Center for Older Adults Interim HomeStyles of Greater Cincinnati, Inc. International Elderly Care Group International Quality Healthcare Corp. Jewish Family Service Judson Care Center Judson Home Care Liberty Retirement Community of Middletown LifeSpan Care Management Llanfair Retirement Community MariElders Mason Christian Village Mason Health Care Center Maxim Healthcare Services, Inc. Mayerson JCC Medical Service Company Mercy Franciscan @ West Park Mercy Neighborhood Ministries Middletown Area Senior Citizens, Inc. Millenium Nursing Agency MSI (Medical Supply, Inc) Mt. Healthy Christian Village Mt. Pleasant Retirement Village

Nova Home Care North College Hill Senior Center North Fairmount Senior Center Nurses Care, Inc. Otterbein Lebanon Adult Day Service Otterbein Lebanon Assisted Living Oxford Senior Citizens, Inc. Oxford Seniors Community Adult Day Service Partners in Prime Pennington Construction People Working Cooperatively Personal Touch Home Care of Ohio, Inc. Prime Home Care, LLC Pro Seniors, Inc. Quaker Heights Care Community Quality Care Rural/Metro Helpline Scarlet Oaks Retirement Community Senior Deserved Day Senior Independence Senior Resource Connection Southwest Transportation Services, LLC Spring Hills Middletown Stay Well Home Health, LLC Sterling House of Fairfield Suites of Hawthorn Glen Superior Home Care, Inc. Sycamore Senior Center Synergy Homecare The Courtyard at Seasons The Inn at Renaissance Village The Lodge Retirement Community The Terrace The Visiting Nurse Association The Woodlands of Hamilton The Woodlands of Middletown, LLC Tri County Visiting Nurses, LLC Twin Towers Adult Day Stay Twin Towers Residential Care United Hearts Home Care Victoria Retirement Center **VNA** Healthtrends VRI Warren County Community Services, Inc. Wesley Community Services West College Hill Neighborhood Services Westover Retirement Community

Boards and Advisory Councils Membership as of 9/30/14

Council on Aging Board of Trustees

William Thornton, Jr., *Chair* Stanford Williams, Jr., *Vice Chair* Cynthia Wright, *Treasurer* Sarah Boehle, *Secretary* Timothy Crowley Katherine Fields Daniel Gahl Nancy Green Charlene Himes Jane Kieninger Tom Rocklin Ed Smith



COA staff and board members with Congressman Steve Chabot (R-OH1)

Council on Aging Advisory Council

Jane Gegner, *Chair* Melda Fant, *Vice Chair* Robert Burgett Lisa Dehner Patricia Hogue Jamie Hunter Adrienne Morris

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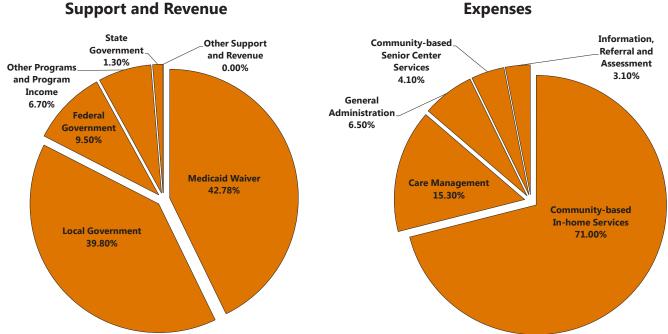
Jonathan Dever Andrea Herzig Martha Jean Hill Jacqueline Kebede Catherine Mills Erica Riehl Michael Robison

Warren County Citizens for Elderly Services, Inc.

Chuck Peckham, *Chair* Dr. Don Juszczyk, *Vice Chair* Ann Munafo, *Secretary* Tom Ariss Mark Clark Dave Gully Nick Nelson Robert Olson



Statement of Financial Activities Year ending September 30, 2014



Support and Revenue

Support and Revenue

Medicaid Waiver (PASSPORT and Assisted Living Waiver)	\$40,681,874	42.78%
Local Government (Elderly Services Program)	\$37,824,453	39.80%
Federal	\$8,995,918	9.50%
Other Programs and Program Income (Client Contributions, Ohio Home Care, MyCare Ohio)	\$6,350,140	6.70%
State Government	\$1,237,887	1.30%
Other Support and Revenue (Donations, Interest Income)	\$11,663	0.00%
Total Support and Revenue	\$95,101,935	100%
Expenses		
Community-based In-home Services	\$66,559,426	71.00%
Care Management	\$14,352,737	15.30%
General Administration	\$6,068,959	6.50%
Community-based Senior Center Services	\$3,843,432	4.10%
Information, Referral, and Assessment	\$2,887,161	3.10%
Total Expenses	\$93,711,715	100%

Acknowledgments

Older Americans Act/Title III Photo Credits - Page 17

Oxford Seniors: Masters Games frisbee team (top left); Clinton County Senior Center: Red Hat Society visits Union Terminal (top right); Cincinnati Recreation Commission: Seniors participate in the Ohio Department of Natural Resources' Hooked on Fishing program at Winton Woods (middle left); Cincinnati Area Senior Services: Students from Miami Christian Academy host a luau at the Over-the-Rhine Senior Center, including a sing-a-long and lunch for the seniors (middle right); Middletown Area Senior Center: an 83-year-old volunteer delivers meals to residents at Trinity Manor in Middletown (bottom left); Warren County Community Services, Inc.: social workers offer supportive services to area seniors (bottom middle); Clermont Senior Services: A staff member at the Lois Brown Dale Welcome Center greets an Adult Day client (bottom right)

Advocacy Photo Credits - Page 18

State Senator Bill Coley (R-D4, Butler County) with Council on Aging CEO Suzanne Burke, COA Board Chair Bill Thornton, and board member Charlene Himes **(top left)**; **State Representative Tom Brinkman** (R-HD34, Hamilton County) with Suzanne Burke, Bill Thornton, and COA Government Relations Manager, Polly Doran **(top middle)**; **State Senator Cecil Thomas** (D-D9, Hamilton County) with COA board members Jane Kieninger and Tim Crowley **(top right)**; **State Representative Jonathan Dever** (R-HD28, Hamilton County) with Bill Thornton and Tim Crowley **(bottom left)**; **State Senator Shannon Jones** (R-D7, Warren County) with COA VP of Program Operations Ken Wilson, Jane Kieninger, and Tim Crowley **(bottom middle)**; **Adam Rapien, District Director for Congressman Steve Stivers** (R-OH15) with Bill Thornton and COA board member Sarah Boehle **(bottom right)**

Additional Credits

This report was produced by Council on Aging's Communications Department. Writing by Laurie Petrie and Paula Reichle-Smith; design by Paula Reichle-Smith; data compiled and provided by COA's Business Intelligence and Accounting departments.

Photography by: Lyons Photography, Cincinnati Area Senior Services, Cincinnati Recreation Commission, Clermont Senior Services, Clinton County Senior Center, Middletown Area Senior Center, Oxford Seniors, Warren County Community Services, Laurie Petrie, Eric Young, and Polly Doran.



"I needed to get out. I've been in nursing homes since 2009. Odell is a real good guy to help me."

> Thanks to his friend Odell (in wheelchair), James was able to move out of a nursing home and into an apartment. The pair were roommates at a nursing home. Odell qualified for assistance to move out of the nursing home via COA's Community Transitions Program. Rather than go alone and leave James behind, Odell invited James to join him.



2010 WINNER

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