### What is ESP?

The Elderly Services
Program (ESP) helps older
adults remain safe and
independent in their own
homes. It provides in-home
care for eligible older adults



who might otherwise be forced to leave their homes and enter a nursing facility. **ESP expands** care that may already be provided by family and friends.

#### Who operates this program?

Council on Aging (COA) manages the program for the Warren County Board of County Commissioners. A volunteer community board is appointed by the commissioners to advise on program needs and policies. Warren County Community Services, Inc. provides intake, eligibility assessment and care management.

#### Who is eligible?

Services are available to Warren County residents age 60 and older who need help with certain activities of daily living (personal care, housekeeping, cooking, medical transportation, etc.). Eligibility for each service is determined by an ESP care manager during a home visit.

There is no income qualification for this program. However, depending on your income, you may be required to help pay for the cost of your care through a co-payment. More information is available on the back of this brochure

## What help is available through ESP?

Eligibility for each service is determined by a care manager during a home visit.

**Adult Day Services:** Structured programs provide a secure, stimulating environment for older adults as well as respite for caregivers. Transportation may be available.

**Care Management:** A professional care manager coordinates your services and monitors your care.

Consumer Directed Care: Allows you to hire someone (other than a spouse) to provide home care assistance services based on your approved care plan.

**Electronic Monitoring System:** 24-hour, inhome monitoring systems that provide safety and/or medication alerts.

**Environmental Services:** Pest control, major housecleaning and waste removal.

Home Care Assistance: Help with housekeeping, food preparation, personal care, respite for primary caregiver, and other activities.

Home Modifications and Repairs: Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.

**Independent Living Assistance:** Help with benefit applications and organizing personal and household records.

**Meals and Nutritional Counseling:** Homedelivered meals and help understanding your special dietary needs.

**Medical Equipment:** Health- or safety-related equipment such as a bath bench, cane, walker or other equipment not covered by insurance.

**Medical Transportation:** To routine medical appointments within Warren County and bordering counties.

#### FastTrack Home

Funded by Warren County's senior services levy, FastTrack Home offers older adults quick access to in-home care services as they leave a hospital or nursing home. These temporary services support recovery and help prevent unnecessary return visits to the hospital or nursing home.

FastTrack Home speeds up the normal enrollment process for ESP by determining eligibility before discharge from the facility. This allows services such as homemaking, meals and medical transportation to be in place when the older adult returns home.

Services are provided at no cost on a shortterm basis to support a safe recovery. Before the temporary services end, patients receive a full ESP eligibility assessment (including income verification for co-payments) to determine if ESP services should continue.

**Call (513) 618-2313 for more information.** 

### Funding and cost

The Elderly Services Program is made possible thanks to the generous support of Warren County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations and client co-payments.

To help the program serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through a co-payment. Co-payments are set on a sliding scale depending on income and medical expenses.

Home-delivered meals are always free, but donations are welcomed to help provide meals to more older adults in our area.



"One of the things that was so helpful was the sense that you are not alone, that you are talking to someone who cares and knows a lot more than you do."

Lisa, caregiver for her mother, Mary, speaking about ESP's FastTrack Home service

## How do I apply?

Call (513) 695-2271 for information and to complete an initial assessment on the phone. If ESP is right for you, a care manager will schedule an in-home visit to confirm eligibility.



If you qualify, your care manager will work with you and your family to arrange for the services that best meet your needs.



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Council on Aging 4601 Malsbary Road Blue Ash, Ohio 45242 (513) 721-1025, (800) 252-0155 www.help4seniors.org



Warren County Community Services, Inc. 645 Oak Street Lebanon, Ohio 45036 (513) 695-2100 www.wccsi.org



## Warren County Iderly Services

# Elderly Services Program

Helping older adults maintain independence in their homes

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